

SCHOLASTIC

BETWEEN
GRADES
K&1

SUMMER EXPRESS™



VOCABULARY • GRAMMAR • WRITING • READING • MATH

 SCHOLASTIC

**BETWEEN
GRADES
K&1**

SUMMER EXPRESS

Summer Express Between Grades K & 1 © Scholastic Teaching Resources

**NEW YORK • TORONTO • LONDON • AUCKLAND • SYDNEY
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Dear Parent:



Congratulations! You hold in your hands an exceptional educational tool that will give your child a head start into the coming school year.

Inside this book, you'll find one hundred practice pages that will help your child review and learn reading and writing skills, grammar, addition and subtraction, and so much more! *Summer Express* is divided into 10 weeks, with two practice pages for each day of the week, Monday to Friday. However, feel free to use the pages in any order that your child would like. Here are other features you'll find inside:

- A weekly **incentive chart** and **certificate** to motivate and reward your child for his or her efforts.
- Suggestions for fun, creative **learning activities** you can do with your child each week.
- A **recommended reading list** of age-appropriate books that you and your child can read throughout the summer.
- A **certificate of completion** to celebrate your child's accomplishments.

We hope you and your child will have a lot of fun as you work together to complete this workbook.

Enjoy!
The editors



Terrific Tips for Using This Book

1 Pick a good time for your child to work on the activities. You may want to do it around mid-morning after play, or early afternoon when your child is not too tired.



2 Make sure your child has all the supplies he or she needs, such as pencils and crayons. Set aside a special place for your child to work.

3 At the beginning of each week, discuss with your child how many minutes a day he or she would like to read. Write the goal at the top of the incentive chart for the week. (We recommend reading 10 to 15 minutes a day with your child who is entering 1st grade.)



4 To celebrate your child's accomplishments, let him or her affix stickers on the incentive chart for completing the activities each day. Reward your child's reading efforts with a bonus sticker at the end of the week as well.

5 Encourage your child to complete the worksheet, but don't force the issue. While you may want to ensure that your child succeeds, it's also important that he or she maintain a positive and relaxed attitude toward school and learning.



6 After you've given your child a few minutes to look over the practice pages he or she will be working on, ask your child to tell you his or her plan of action: "Tell me about what we're doing on these pages." Hearing the explanation aloud can provide you with insights into your child's thinking processes. Can he or she complete the work independently? With guidance? If your child needs support, try offering a choice regarding which family member might help. Giving your child a choice can help boost confidence and help him or her feel more ownership of the work to be done.

7 When your child has finished the workbook, present him or her with the certificate of completion on page 143. Feel free to frame or laminate the certificate and display it on the wall for everyone to see. Your child will be so proud!





Skill-Building Activities for Any Time

The following activities are designed to complement the ten weeks of practice pages in this book. These activities don't take more than a few minutes to complete and are just a handful of ways in which you can enrich and enliven your child's learning. Use the activities to take advantage of the time you might ordinarily disregard—for example, standing in line or waiting at a bus stop. You'll be working to practice key skills and have fun together at the same time.

Finding Real-Life Connections

One of the reasons for schooling is to help children function out in the real world, to empower them with the abilities they'll truly need. So why not put those developing skills into action by enlisting your child's help with creating a grocery list, reading street signs, sorting pocket change, and so on? He or she can apply reading, writing, science, and math skills in important and practical ways, connecting what he or she is learning with everyday tasks.



An Eye for Patterns

A red-brick sidewalk, a beaded necklace, a Sunday newspaper—all show evidence of structure and organization. You can help your child recognize something's structure or organization by observing and talking about patterns they see. Your child will apply his or her developing ability to spot patterns across all school subject areas, including alphabet letter formation (writing), attributes of shapes and solids (geometry), and characteristics of narrative stories (reading). Being able to notice patterns is a skill shared by effective readers and writers, scientists, and mathematicians.



Journals as Learning Tools

Most of us associate journal writing with reading comprehension, but having your child keep a journal can help you keep up with his or her developing skills in other academic areas as well—from telling time to matching rhymes. To get started, provide your child with several sheets of paper, folded in half, and stapled together. Explain that he or she will be writing and/or drawing in the journal to complement the practice pages completed each week. Encourage your child to draw or write about what he or she found easy, what was difficult, or what was fun. Before moving on to another set of practice pages, take a few minutes to read and discuss that week's journal entries together.



Promote Reading at Home

- ◆ Let your child catch you in the act of reading for pleasure, whether you like reading science fiction novels or do-it-yourself magazines. Store them someplace that encourages you to read in front of your child and **demonstrate that reading is an activity you enjoy**. For example, locate your reading materials on the coffee table instead of your nightstand.
- ◆ Set aside a family reading time. By designating a reading time each week, your family is assured an opportunity to discuss with each other what you're reading. You can, for example, share a funny quote from an article. Or your child can tell you his or her favorite part of a story. The key is to **make a family tradition of reading and sharing books** of all kinds together.
- ◆ **Put together collections of reading materials** your child can access easily. Gather them in baskets or bins that you can place in the family room, the car, and your child's bedroom. You can refresh your child's library by borrowing materials from your community's library, buying used books, or swapping books and magazines with friends and neighbors.





Skills Review and Practice

Educators have established learning standards for math and language arts. Listed below are some of the important skills covered in *Summer Express* that will help your child review and prepare for the coming school year so that he or she is better prepared to meet these learning standards.

Math

Skills Your Child Will Review

- ◆ matching numerals to quantities
- ◆ recognizing shapes
- ◆ identifying patterns

Skills Your Child Will Practice to Prepare for Grade One

- ◆ identifying numerals 11–20
- ◆ counting quantities to 20
- ◆ recognizing fractions
- ◆ using addition
- ◆ using subtraction
- ◆ measuring (e.g., length, time, money)
- ◆ estimating quantity
- ◆ using number sense
- ◆ collecting data
- ◆ continuing patterns

Language Arts

Skills Your Child Will Review

- ◆ understanding that illustration complements storytelling
- ◆ writing upper- and lowercase alphabet letters in manuscript writing
- ◆ writing the numerals 1–10 in manuscript writing
- ◆ using phonetic analysis (e.g., initial consonants) to match initial consonants with pictured items
- ◆ identifying some familiar words in print (e.g., colors, shapes)
- ◆ using meaning clues (e.g., illustrations) and phonetic analysis to decode unfamiliar words
- ◆ identifying rhyming words and rhyming sounds
- ◆ uses visual discrimination to identify similarities and differences in illustrations that do not accompany text

Skills Your Child Will Practice to Prepare for Grade One

- ◆ writing familiar vocabulary in manuscript writing (e.g., number words, color words, shape words, days of the week, months of the year)
- ◆ using conventions of print in writing (e.g., capitalization and punctuation) to identify and write complete sentences.
- ◆ using phonetic analysis (e.g., letter/sound relationships, beginning and ending consonants, short- and long-vowel sounds, consonant blends, digraphs, and word patterns) to decode unfamiliar words
- ◆ using structural analysis (e.g., word families) to decode unfamiliar words
- ◆ matching phonetically irregular vocabulary (sight words) with level-appropriate list of alike words



Helping Your Child Get Ready: Week 1

These are the skills your child will be working on this week.

Handwriting

- upper- and lowercase letters
- numerals
- number words
- color words

Math

- matching numerals to quantities

Here are some activities you and your child might enjoy.

Laundry Sort When putting away the laundry, enlist your child's help in sorting and matching the socks.

Odd (and Even) Houses As you go for a stroll, point out street addresses in your neighborhood. Guide your child to notice house numbers on one side of the street and compare them with house numbers on the other side. Ask your child what he or she notices about these numbers.

Labels, Labels Everywhere Label different items in your child's room using sticky notes. Encourage your child to read the labels and to help you write some of the labels as well.

Let's Go to the Library Visit your local library and encourage your child to pick a few picture books to borrow.

Your child might enjoy reading the following books:

Art Dog

by Thacher Hurd

Moses Goes to a Concert

by Isaac Millman



's Incentive Chart: Week 1

Name Here _____

This week, I plan to read _____ minutes each day.

CHART YOUR PROGRESS HERE.

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
 I read for...					
minutes	minutes	minutes	minutes	minutes	minutes
Put a sticker to show you completed each day's work.					

Congratulations!

Wow! You did a great job this week!

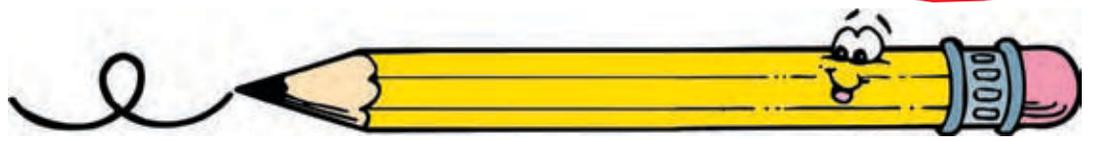


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sticker here.

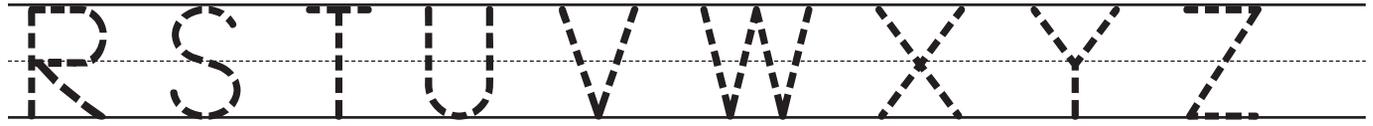
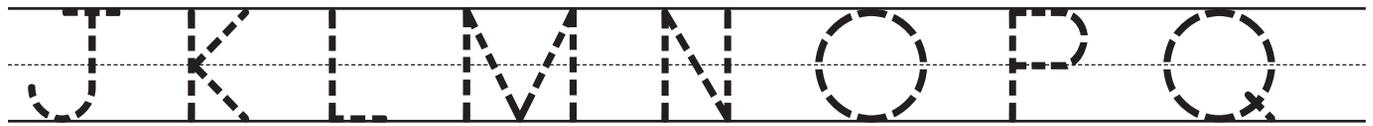
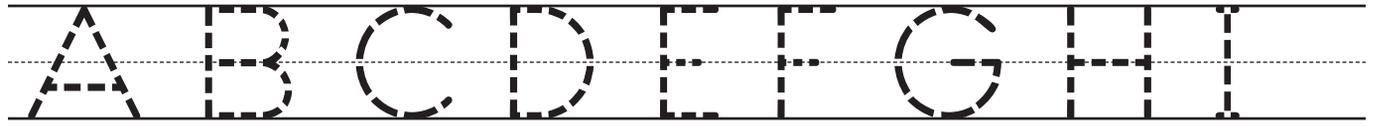
Parent or Caregiver's Signature _____



A-Z

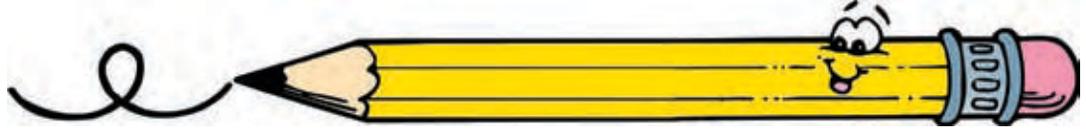


Trace and write.





a-z



Trace and write.

Handwriting practice lines for tracing lowercase letters a through z. Each letter is shown on a set of three horizontal lines (top, middle-dotted, bottom) with dashed lines for tracing.

Row 1: a b c d e

Row 2: f g h i j k

Row 3: l m n o p

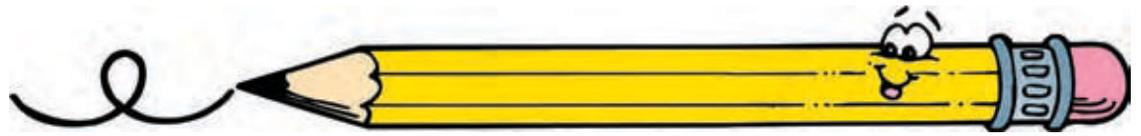
Row 4: q r s t u

Row 5: v w x y z





1-5



Trace and write.

