

 SCHOLASTIC

**BETWEEN  
GRADES  
4&5**

# SUMMER EXPRESS™



**VOCABULARY • GRAMMAR • WRITING • READING • MATH**

 SCHOLASTIC

**BETWEEN  
GRADES  
4&5**

# SUMMER EXPRESS

Summer Express (between grades 4 & 5) © Scholastic Teaching Resources

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Dear Parent:



Congratulations! You hold in your hands an exceptional educational tool that will give your child a head start into the coming school year.

Inside this book, you'll find one hundred practice pages that will help your child review and learn math, reading, writing, grammar, vocabulary, and so much more! The workbook is divided into 10 weeks, with two practice pages for each day of the week, Monday to Friday. However, feel free to use the pages in any order that your child would like. Here are other features you'll find inside:

- A weekly **incentive chart** and **certificate** to motivate and reward your child for his or her efforts.
- Suggestions for fun, creative **learning activities** you can do with your child each week.
- A **recommended reading list** of age-appropriate books that you and your child can read throughout the summer.
- A **certificate of completion** to celebrate your child's accomplishments.

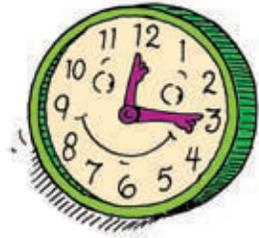
We hope you and your child will have a lot of fun as you work together to complete this workbook.

Enjoy!  
The editors



## Terrific Tips for Using This Book

**1** Pick a good time for your child to work on the activities. You may want to do it around mid-morning or early afternoon when your child is not too tired.



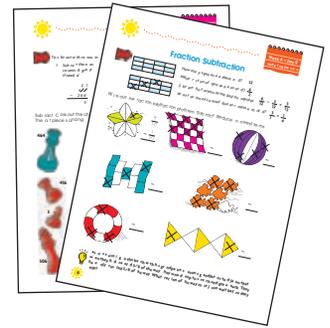
**2** Make sure your child has all the supplies he or she needs, such as pencils and markers. Set aside a special place for your child to work.

**3** At the beginning of each week, discuss with your child how many minutes a day he or she would like to read. Write the goal at the top of the incentive chart for the week. (We recommend that a child entering fifth grade read at least 30 minutes a day.)



**4** Reward your child's efforts with the small stickers at the end of each day. As an added bonus, let your child affix a large sticker at the bottom of the incentive chart for completing the activities each week.

**5** Encourage your child to complete the worksheet, but don't force the issue. While you may want to ensure that your child succeeds, it's also important that your child maintain a positive and relaxed attitude toward school and learning.



**6** After you've given your child a few minutes to look over the practice pages he or she will be working on, ask your child to tell you his or her plan of action: "Tell me about what we're doing on these pages." Hearing the explanation aloud can provide you with insights into your child's thinking processes. Can he or she complete the work independently? With guidance? If your child needs support from a family member, try offering choices regarding with whom he or she will be working. Providing choices is an approach that can help boost your child's confidence and help him or her feel more ownership of the work to be done.

**7** When your child has finished the workbook, present him or her with the certificate of completion on page 143. Feel free to frame or laminate the certificate and display it on the wall for everyone to see. Your child will be so proud!





## Skill-Building Activities for Any Time

The following activities are designed to complement the ten weeks of practice pages in this book. These activities don't take more than a few minutes to complete and are just a handful of ways in which you can enrich and enliven your child's learning. Use the activities to take advantage of the time you might ordinarily disregard—for example, standing in line or waiting at a bus stop. You'll be working to practice key skills and have fun together at the same time.

### Finding Real-Life Connections

One of the reasons for schooling is to help children function out in the real world, to empower them with the abilities they'll truly need. So why not put those developing skills into action by enlisting your child's help with reading a map, following a recipe, checking grocery receipts, and so on. He or she can apply reading, writing, science, and math skills in important and practical ways, connecting what he or she is learning with everyday tasks.



### An Eye for Patterns

A red-brick sidewalk, a beaded necklace, a Sunday newspaper—all show evidence of structure and organization. You can help your child recognize something's structure or organization by observing and talking about patterns they see. Your child will apply his or her developing ability to spot patterns across all school subject areas, including alphabet letter formation (writing), attributes of shapes and solids (geometry), and characteristics of narrative stories (reading). Being able to notice patterns is a skill shared by effective readers and writers, scientists, and mathematicians.



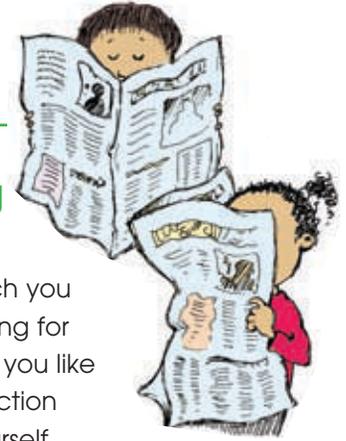
## Journals as Learning Tools

Most of us associate journal writing with reading comprehension, but having your child keep a journal can help you keep up with his or her developing skills in other academic areas as well—from adding fractions to combining sentences. To get started, provide your child with several sheets of paper, folded in half, and stapled together. Explain that he or she will be writing and/or drawing in the journal to complement the practice pages completed each week. The journal is another tool you both can use to monitor progress of skills newly learned or practiced, or those that need improvement. Before moving on to another set of practice pages, take a few minutes to read and discuss that week's journal entries together.



## Promote Reading at Home

- ◆ Let your child catch you in the act of reading for pleasure, whether you like reading science fiction novels or do-it-yourself magazines. Store them someplace that encourages you to read in front of your child and **demonstrate that reading is an activity you enjoy**. For example, locate your reading materials on the coffee table instead of your nightstand.
- ◆ Set aside a family reading time. By designating a reading time each week, your family is assured an opportunity to discuss with each other what you're reading. You can, for example, share a funny quote from an article. Or your child can tell you his or her favorite part of a story. The key is to **make a family tradition of reading and sharing books** of all kinds together.
- ◆ **Put together collections of reading materials** your child can access easily. Gather them in baskets or bins that you can place in the family room, the car, and your child's bedroom. You can refresh your child's library by borrowing materials from your community's library, buying used books, or swapping books and magazines with friends and neighbors.



# Skills Review and Practice

Educators have established learning standards for math and language arts. Listed below are some of the important skills covered in *Summer Express* that will help your child review and prepare for the coming school year so that he or she is better prepared to meet these learning standards.

## Math

### Skills Your Child Will Review

- ◆ adding without regrouping multiplication facts
- ◆ finding area and perimeter (feet, yards)
- ◆ reading tables, charts, and bar graphs

### Skills Your Child Will Practice to Prepare for Grade Five

- ◆ solving word problems using knowledge of money values and decimals
- ◆ solving word problems using multiplication skills
- ◆ identifying equivalent fractions
- ◆ adding with regrouping
- ◆ adding decimals (e.g., money values)
- ◆ subtracting with regrouping and multiple regrouping
- ◆ subtracting fractions
- ◆ multiplying with regrouping
- ◆ multiplying decimals and whole numbers
- ◆ dividing with remainders and decimals
- ◆ changing decimals to fractions
- ◆ plotting coordinates on a grid
- ◆ matching geometric terms with corresponding shapes
- ◆ recognizing equivalent decimals, fractions, and percents

## Language Arts

### Skills Your Child Will Review

- ◆ proofreading (e.g., grammar, meaning, spelling, sentence variety)
- ◆ prewriting strategies to relate information (e.g., graphic organizers)
- ◆ writing for a purpose (e.g., expository paragraph, persuasive paragraph, descriptive paragraph)
- ◆ expanding and combining sentences
- ◆ identifying topic sentences
- ◆ writing in paragraph form
- ◆ using parts of speech
- ◆ writing in upper- and lowercase cursive letters
- ◆ demonstrating knowledge of level-appropriate reading vocabulary (e.g., synonyms, antonyms, and so on)

### Skills Your Child Will Practice to Prepare for Grade Five

- ◆ using proofreading symbols (e.g., capitalization, missing words)
- ◆ using a graphic organizer to write a concrete poem
- ◆ writing for a purpose (e.g., comparison paragraph)
- ◆ identifying incomplete sentences
- ◆ fixing run-on sentences
- ◆ adding details to increase a reader's interest
- ◆ using exact verbs to clarify meaning
- ◆ identifying parts of a paragraph
- ◆ identifying parts of speech (e.g., present-, past-, and future-tense verbs)
- ◆ using subject-verb agreement
- ◆ punctuating using commas and colons
- ◆ using supporting details
- ◆ summarizing information
- ◆ using phonetic, structural, and context analysis (e.g., syllables) to identify unfamiliar words





# Helping Your Child Get Ready: Week 1



These are the skills your child will be working on this week.

**Math**

- adding without regrouping
- adding with regrouping

**Reading**

- sequencing

**Writing**

- including details

**Vocabulary**

- synonyms and antonyms
- idioms

**Grammar**

- sentence types

**Handwriting**

- uppercase cursive letters

Here are some activities you and your child might enjoy.

**Restaurant Review** Next time you eat out, have your child write a review of the restaurant. Encourage him or her to use lots of descriptive words.

**Secret Messages** Suggest that your child come up with a code to write secret messages in. Have him or her trade messages with you or another family member.

**Word Problem Reversals** To help your child understand tricky word problems, have him or her work in reverse! Supply a number sentence such as  $5 \times 8 = 40$  or  $40 \div 5 = 8$  and have your child come up with a word problem for it.

**Set a Summer's End Goal** Suggest that your child set a goal for the end of the summer. Perhaps it's becoming an expert on a favorite animal, or learning how to count in another language. Help your child come up with a plan for success.

Your child might enjoy reading the following books:

*Frindle*  
by Andrew Clements

*Afternoon of the Elves*  
by Janet Taylor Lisle

*The Dream Keeper and Other Poems*  
by Langston Hughes



Special Note: The activity for Day 5 of this week is a mini-book. Have your child tear out the page along the perforation and cut along the dotted line. After positioning the two sections so the mini-book pages are in sequence, your child can staple and fold to form a book. Then he or she can answer all the puzzles in the mini-book.

# 's Incentive Chart: Week 1

Name Here \_\_\_\_\_

This week, I plan to read \_\_\_\_\_ minutes each day.

CHART YOUR PROGRESS HERE.

Week 1	Day 1	Day 2	Day 3	Day 4	Day 5
 <b>I read for...</b>					
minutes	minutes	minutes	minutes	minutes	minutes
Put a sticker to show you completed each day's work.					

# Congratulations!

Wow! You did a great job this week!



Place sticker here.

Parent or Caregiver's Signature \_\_\_\_\_

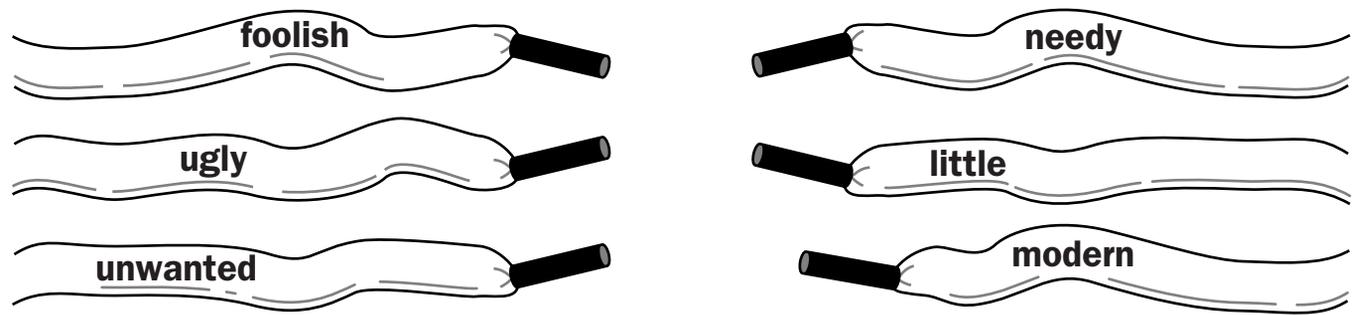


# Two Left Feet

These shoes are all mixed up! You can pair them off. Each shoe contains a word that is a synonym for a word on another shoe. Synonyms are words that have the same or almost the same meaning. Put each pair of shoes together by coloring them the same color. Use a different color for each pair.



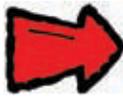
Lace up those synonym shoes! Each of the shoelaces has a word that is an antonym for a pair of shoes above. Antonyms are words that have the opposite meanings. Color each lace the same color as the pair of shoes that is its opposite.



**Bonus:** Create antonym socks. Challenge a friend to match them to the shoes.



# Climbing High

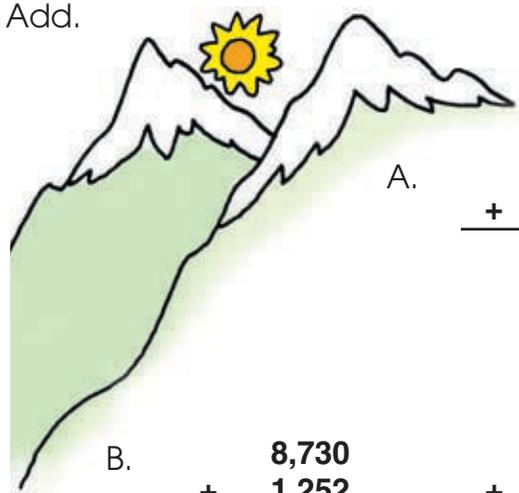


To add multiple-digit numbers without regrouping, follow these steps.

1. Add the ones column.
2. Add the tens column.
3. Add the hundreds column.
4. Continue working through each column in order.



Add.



A.

$$\begin{array}{r} 1,136 \\ + 2,433 \\ \hline \end{array}$$

$$\begin{array}{r} 9,025 \\ + 851 \\ \hline \end{array}$$

B.

$$\begin{array}{r} 8,730 \\ + 1,252 \\ \hline \end{array}$$

$$\begin{array}{r} 2,928 \\ + 5,021 \\ \hline \end{array}$$

$$\begin{array}{r} 3,650 \\ + 4,210 \\ \hline \end{array}$$

$$\begin{array}{r} 80,662 \\ + 11,136 \\ \hline \end{array}$$

C.

$$\begin{array}{r} 55,100 \\ + 31,892 \\ \hline \end{array}$$

$$\begin{array}{r} 60,439 \\ + 30,310 \\ \hline \end{array}$$

$$\begin{array}{r} 81,763 \\ + 8,231 \\ \hline \end{array}$$

$$\begin{array}{r} 36,034 \\ + 41,753 \\ \hline \end{array}$$

D.

$$\begin{array}{r} 321,957 \\ + 260,041 \\ \hline \end{array}$$

$$\begin{array}{r} 623,421 \\ + 151,441 \\ \hline \end{array}$$

$$\begin{array}{r} 264,870 \\ + 303,120 \\ \hline \end{array}$$

$$\begin{array}{r} 592,604 \\ + 102,335 \\ \hline \end{array}$$

$$\begin{array}{r} 127,094 \\ + 832,502 \\ \hline \end{array}$$



Mount Everest is the highest mountain in the world. To find the height of Mount Everest, begin climbing in Row D. Write the underlined numbers in order. Continue writing the numbers in Row C, Row B, and Row A. How many feet did you climb?



## Spout Some Specifics



To be a good writer, it is important to know what you are writing about, to be specific, and to include details. All this helps to create a picture for your readers and will make your writing more interesting and informative. Compare the two phrases below. Which one is more specific, interesting, and informative? Which one creates a more vivid picture?



*a vehicle* or *an old, rusty, dilapidated pick-up truck with flat tires and a shattered windshield*

For each general word or phrase, write a more specific word. Then add details to describe each specific word.

Specific Word	Details
1. a body of water	
2. a piece of furniture	
3. an article of clothing	
4. a child's toy	
5. a noise or sound	
6. a tool	
7. a group of people	
8. a reptile	
9. garden plants	
10. a kind of fruit	
11. a kind of vegetable	
12. a drink	
13. footwear	
14. musical instrument	
15. a holiday	



Look at yourself in the mirror. Then write on a sheet of paper as many words and phrases as you can to describe yourself so that someone who does not know you would get a clear, vivid picture of what you look like.