



Light Up

STUDENT'S BOOK + WORKBOOK



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- ... we now have a place to meet after school.

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- What about ...?
- Let's ...

A comic strip

- Comic strip plan

"The House Book of Records"

- A presentation

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What did you do last night?

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- I'm afraid ...
- Let's see ...

A review of an art performance

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- Adjectives to describe performances
- Adverbs to describe performances

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A student exchange programme

- Is that OK with your family?
- We're all easy-going.
- Don't blush!
- And, please, don't step back!

Planning a welcome party

- Mm ... Not sure!
- Annie and Brenda, I think.
- ... I'm just trying to think of everything.

A memo

- Degrees of formality
- Tenses to express plans
- Degrees of certainty

Class protocol

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Advice on television

- Did you know ...?
- Your brain needs food to work well.
- ... not just a glass of milk.
- In order to have plenty of energy ...

Cooking a quick meal

- I'm starving!
- Look again.

A recipe

- Ingredients and measurements
- Imperative for directions
- Connectors: First, then, after this, etc.

"Family Recipe Day"

- A slide show

Studying Fine Arts

- I think his name is ...
- Imagine, I looked thin next to the sculpture!

Who is Elton John?

- But doesn't it sound wonderful?
- Isn't it lovely?

A biography

- Organisation of information
- Use of tenses to organise information
- Use of adverbs of frequency and manner

A successful person

- PechaKucha presentation

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Light Up

To register for MyEnglishLab

Your course comes with resources on **MyEnglishLab**.

To access MyEnglishLab, via the Pearson English Portal:

Go to english.com/activate.

Create an account.

Enter the access code below and click **activate**.

Access Code

This access code can only be used once. Do not buy this book if the protective cover has been removed.



Course ID

If you are using MyEnglishLab as part of your course, your teacher will give you a Course ID. Write this in the box below.

COURSE ID:

Need Help?

Go to english.com/help for support with:

- Creating your account
 - Activating your access code
 - Checking technical requirements
- 

LIGHTING UP

- 1 Harry has just returned from a trip. Look at the leaflet about the camp where he stayed and answer the questions.

Starry nights camp

FREE
survival activities
guided by
professionals.



Relax in our peaceful riverfront camping ground with a view of the Andes.

- Wild natural surroundings.
- Eco-friendly solar energy.
- Hot showers, toilets and picnic tables.
- Low-cost camping area.
- No caravans or pets allowed.

Our camp has all the necessary modern amenities and is perfect for families, couples and groups. Just bring your tent! We've got everything else you'll need!

- | | |
|--|-------------------------------------|
| 1 Which part of Argentina did Harry visit? | 4 Did he take his dog with him? |
| 2 Where did he stay? | 5 What did he do for entertainment? |
| 3 Was it expensive? | 6 Were the activities relaxing? |

- 2 Imagine you are at the same camp. Write an email to a friend. Use the prompts in the brackets.

NEW MESSAGE □ ×

From: 1 _____

To: 2 _____

Subject: Greetings from 3 _____

Hi, 4 _____!

How are you? (What are you doing?) 5 _____ this email to tell you about my holiday.

(Where are you staying?) 6 _____.

(What is it like?) 7 _____.

(How did you travel?) 8 _____.

(When did you arrive?) 9 _____.

(What was the weather like yesterday?) 10 _____.

(What is the weather like now?) But today 11 _____.

(What activities did you do?) 12 _____.

(Were they expensive?) 13 _____!

(How many photos did you take?) 14 _____.

See you soon,

15 _____.

3 Look at the map. Complete the dialogues using the words and phrases from the box.

baker's library on the corner opposite Shall we go Turn right Walk along next to



- 1 **Peter** 1 _____ for a cup of coffee?
Frank Yes! The coffee shop is 2 _____ of St. Patrick Avenue and York Road.
 2 **Anne** I want to borrow a book.
Martha Why don't you go to the 3 _____?
Anne Where's that?
Martha 4 _____ St. Patrick Avenue.
 5 _____ at York Road. The library is on your right, 6 _____ the school.
 3 **Jim** Let's get some croissants.
Bob Excellent idea! The 7 _____ is on the corner of Church Street and St. Patrick Avenue, next to the chemist's and 8 _____ the church.

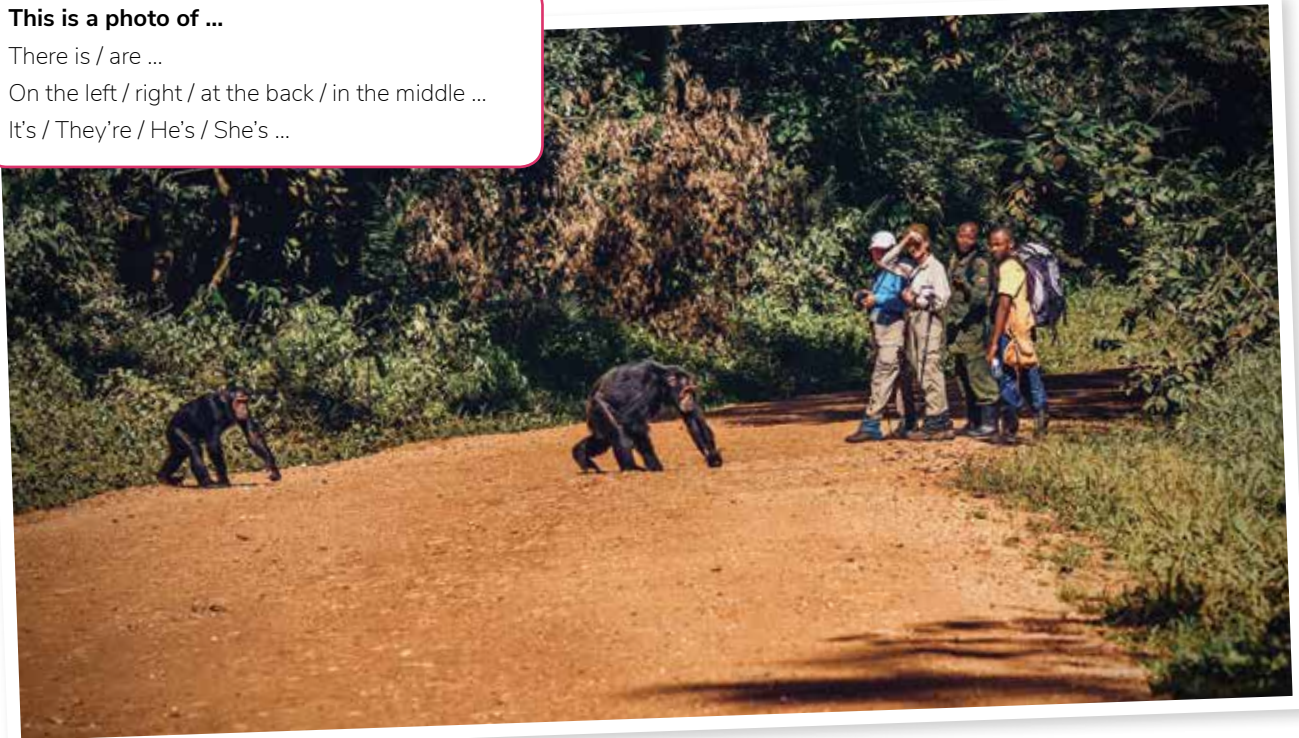
4 Describe the picture using words from the box. Use pronouns to refer to persons, animals or things mentioned before.

This is a photo of ...

There is / are ...

On the left / right / at the back / in the middle ...

It's / They're / He's / She's ...



Your turn!

Join a classmate and work on picture dictation.

You read your description and your classmate draws it. Is it similar to your drawing? Now change roles. What is your drawing like?

Use Free Time to be Happy

Goals

- ☒ Talk about free time
- ☒ Think about how we use free time
- ☒ Read and learn about some young people's success stories
- ☒ Describe free-time activities
- ☒ Talk about likes and dislikes
- ☒ Listen and learn about a community club
- ☒ Write a leaflet for a community club
- ☒ Project: A survey on free-time activities

1 What makes you happy? Look at the pictures and choose one that makes you happy. Think why.



2 Put the letters in order to find the names of the activities. Then, label the pictures in Exercise 1.

- | | | | |
|--------------|----------------|-----------|-----------------|
| 1 FIGSHNI | 2 SELPENIG | 3 NANDICG | 4 ANPILYG MGESA |
| 5 VLOLYELALB | 6 GERTETAININN | 7 NINTES | 8 MIDATIETON |
| 9 GINRADE | 10 TAWHCING VT | | |

3  Listen to Mercedes talking about free time. Number the pictures in the order she mentions the activities. Which activities are not mentioned?

Your turn!

Discuss with a classmate.

Do you do any of these activities?
What do you do in your free time?

4  Discuss in pairs.

- 1 Is free time wasted time? Why? / Why not?
- 2 Note down some ideas to share with the class.



_____ 



_____ 



_____ 



_____ 

Think it up!

- You are going to do a survey to find out how your classmates spend their free time.
- When you have the results of the survey, you are going to reflect on how you use your free time.

1 Look at the article and answer.

- 1 Where do you think you could find this article?
- 2 What does the title of the article mean?

Succeeding at any age

1



Look for his photo and stick it here!

A

Ilan Schnaider is an Argentine boy who is becoming very famous. He is eight and is in 3rd form at school. The FIDE (World Chess Federation) considers him the number one chess player in his category in the world.

Apart from this, Ilan is an ordinary boy. He lives with his parents, Carolina and Ram, and his younger sister, Dana. He is a football fan. He speaks Spanish, English and Hebrew. At the moment he is learning how to play the violin.

2



B

Facundo is an ordinary boy from a not so ordinary family. He lives with his parents, Inocencia, a housewife, and Arnaldo, a casual labourer. They go to great efforts to educate their eleven children. Facundo goes to school in the morning and goes home to have lunch with his mum. Then he goes to the Fine Arts School. When he gets home he practises playing the piano. He doesn't have a real piano at home so he uses the small keyboard his father gave him when he was eight. At the weekends, he practises for eight hours a day.

And effort pays off. Facundo won a competition and is now studying in Russia, at the Moscow International Performing Arts Center.

3



Look for her photo and stick it here!

C

Delfina Pignatiello is an ordinary teenage girl. She likes hanging out with friends, listening to music, and eating her father's sandwiches. She's got a rabbit, Fox, and she enjoys reading the Harry Potter novels.

But her daily routine is unusual. Five days a week she gets up at 4:50 a.m., and has breakfast with her parents. Then her father drives her to the gym. She trains for two hours there before she goes to university where she is studying Communication Science. She has lunch and then goes swimming for two or three hours. When she gets back home she studies until she has dinner with her parents. She seldom goes to discos and says she doesn't like dancing.

So why does she make all this effort? It's because she is a swimming champion and she loves training and competing.

2 Match the photos (1–3) to the texts (A–C). Then look for the missing pictures and stick them in the correct places.



Your turn!

Join a classmate and discuss.

What do the three young people have in common?

3 Circle the correct options.

- 1 **Delfina / Facundo** has breakfast with **her / his** family.
- 2 **Ilan / Facundo** is not wealthy.
- 3 **Delfina / Ilan** is a football fan.
- 4 **Ilan / Delfina** doesn't like going to discos.
- 5 **Ilan / Facundo** is the number one chess player in his category in the world.
- 6 **Facundo / Ilan** is studying in another country.

Free-time activities

1 Cross out 3 letters to find the free-time activities. Then match them to the pictures.

1 plotaterly

2 brasketoblall

3 cohesisa

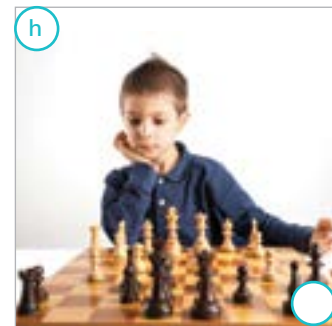
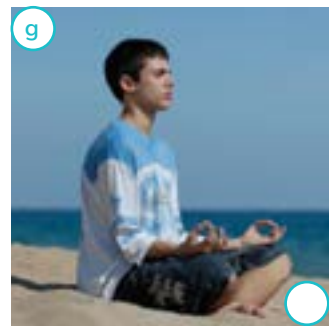
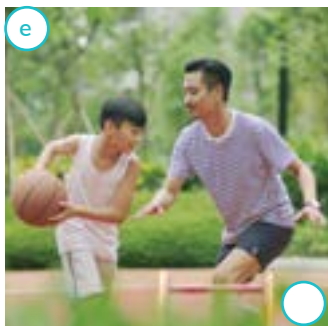
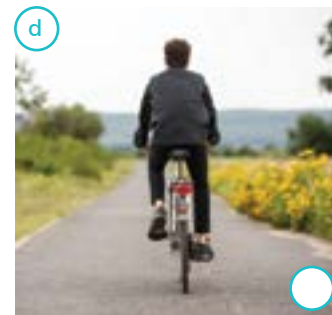
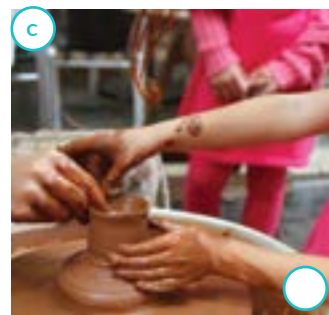
4 ajtudro

5 typogra

6 sparekosur

7 phrotsogeraphy

8 coycarling



2 Read the descriptions and complete the sentences.

1 It's **fun**! Especially when you practise it as a **group** sport. I usually go to the park with my friends. I go _____.

2 It's a **team** sport. It's **demanding**. You need **eye-hand coordination** to put the ball into the basket. We play _____.

3 It's an **individual** sport. You must practise a lot. It can sometimes be **dangerous**. But Jason loves adrenaline! He does _____.

4 Sonya can play it for hours. It is **interesting** but **demanding**. She needs to concentrate. She plays _____.

5 Mum makes a lot of things to give for Christmas. She says it's **creative** and **relaxing**. She does _____.

6 Some people say it is **aggressive**. I don't agree. My kids practise it and learn to concentrate and move their bodies carefully. They do _____.

7 The equipment can be **expensive**, but then you can keep a record of all the places that you visit. You do _____.

8 It **helps** us to **connect mind and body**. It can be **relaxing** too. We do _____.

Your turn!

Join a classmate and discuss the different activities. Use the prompts for help.

Do you like (yoga)?

Yes, I do. / No, I don't.

Why? / Why not?

I think (it's relaxing). / I think (it's boring).

1

GRAMMAR

Present Simple and Present Continuous

	Affirmative	Negative	Interrogative
Present Simple	I / You / We / They go cycling. He / She / It plays in the park.	I / You / We / They don't go skating. He / She / It ¹ _____ play in the kitchen.	⁴ _____ I / you / we / they go jogging? Does he / she / it ⁵ _____ in the garden?
Present Continuous	I 'm doing yoga. He / She / It 's running . We / You / They 're painting graffiti on a wall.	I 'm not doing tai chi. He / She / It ² _____ walking . We / You / They ³ _____ painting walls.	⁶ _____ I doing athletics? ⁷ _____ he / she / it swimming ? Are we / you / they ⁸ _____ the school?

We use the **Present Simple**:

- to talk about facts. *E.g. Sport is good for teenagers.*
- to talk about habits. *E.g. I go to school by bus.*
- to talk about likes. *E.g. I like dancing.*
- with adverbs and expressions of frequency to say how often we do something. *E.g. I **always** brush my teeth **four times a day**.*

We use the **Present Continuous**:

- to describe actions taking place at the moment we are speaking. *E.g. I'm writing a letter.*
- to describe a scene. *E.g. The man in the picture is reading a book.*



We generally use **state and sense verbs** (*E.g. think, have, like, want, see, etc.*) in the **Present Simple**.

1 Read and circle the correct option.

The boy in the picture ¹ **is / am** my friend Alfonso Gomez. In the picture he ² **is receiving / receives** a medal because he won a Maths competition. He ³ **is / are** a hardworking boy. His parents ⁴ **isn't / aren't** wealthy, so all the members of the family ⁵ **work / works**. Mr Gomez ⁶ **sell / sells** bicycles and he ⁷ **sometimes repairs / repairs sometimes** them. Mrs Gomez ⁸ **teach / teaches** pottery in a workshop. Alfonso and his sister, Mariela, ⁹ **work / works** at a newsagent's in the morning and they ¹⁰ **study / studies** in the evening. At the moment, Alfonso ¹¹ **trains / is training** to participate in a parkour competition. He ¹² **likes / is liking** taking risks. I ¹³ **admire / am admiring** him. What ¹⁴ **are you thinking / do you think?**

Talking about likes

I **love** playing tennis.



I **enjoy / like** riding my bike.



I **don't mind** doing the dishes.



I **hate** sweeping the floor.



Expressions of frequency

every	day	once twice three times four times	a day
	week		a week
	month		a month
	year		a year
	morning		
	evening		



We use **expressions of frequency** after the actions. *E.g. We make our beds **every day**. We do yoga **twice a week**.*

👍 Your turn!

Write sentences that are true for you.
How often ...

1 do you have Geography lessons?

2 do you go to the cinema?

3 does your mother cook lunch?

4 does your English teacher give you homework?
