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# Wellbeing

Activity Book



OXFORD



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Activity Book



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# Contents

## Introduction to Wellbeing

How are you feeling?..... 4

### 1 Taking care of the body: I look after my body

1A Why we sleep..... 5

1B A balanced diet..... 6

1C Foods I like to eat.....7

1D Healthy and unhealthy foods..... 8

1E Let's get moving..... 9

1F A healthy menu.....10

1G Stretch and move.....11

1H Check what you know..... 12

### 2 Taking care of the mind: A calm mind is a happy mind

2A Naming our feelings..... 14

2B Tracking our feelings..... 15

2C When I feel worried..... 16

2D Breathe..... 17

2E Mindful colouring..... 18

2F Focus..... 19

2G How are they feeling?..... 20

2H Don't worry..... 21

2I Help my friends feel calm.....22

2J Helping others helps me.....23

2K Check what you know.....24

### 3 Taking care of relationships: Positive people

3A Fun.....26

3B What makes a good friend?.....27

3C Taking care.....28

3D I can be a good friend.....29

3E What is a team?..... 30

3F Our team flag..... 31

3G Grown-ups I trust.....32

3H Thanking my friends.....34

3I My favourite teams.....35

3J Check what you know.....36

### 4 Taking care of the self and the world: All about teamwork

4A A sense of belonging.....38

4B A sense of belonging.....39

4C Where I belong..... 40

4D Teamwork..... 41

4E What I like about my classmates..42

4F My family team.....43

4D How to be a good team member..... 44

4H Check what you know.....45

### Wellbeing review

How are you feeling?..... 48

# How are you feeling?

How happy do you feel? Answer the questions below by putting a mark on the line between the two faces.

How happy am I?



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How happy am I at home?



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How happy am I at school?



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How happy am I with my friends?



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