

OXFORD

# Project 3 Explore

## Upgraded

### Workbook

Sylvia Wheeldon  
Paul Shipton





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**Upgraded**

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**Guide for Classroom Presentation Tool**

**OXFORD**  
UNIVERSITY PRESS

Based on an original concept  
by Tom Hutchinson



# INTRODUCTION

## Grammar

### Present simple and present continuous



#### 1 ★ Circle a or b to complete the sentences.

- I \_\_\_ tidy my room on Saturday mornings.  
a now                      b always
- My brother \_\_\_ takes selfies.  
a never                      b today
- We're playing video games \_\_\_\_\_.  
a sometimes              b at the moment
- Lena and her friends aren't studying maths \_\_\_\_\_.  
a now                      b every day
- What do you \_\_\_ do after school?  
a usually                      b today
- They're having a party \_\_\_\_\_.  
a on Fridays              b today

#### 2 ★★ Complete the sentences with the present simple or present continuous forms of the verbs in the box.

cook   get   play   read   take   watch

- Blanca gets up at 6 a.m. on Monday mornings.
- We never \_\_\_\_\_ TV in the afternoon.
- My sister and I often \_\_\_\_\_ dinner at the weekend.
- How often \_\_\_\_\_ your brother \_\_\_\_\_ basketball?
- I \_\_\_\_\_ a book now.
- Every year, my dad \_\_\_\_\_ lots of photos on our holiday.

#### 3 ★★★ Over to you! Rewrite the sentences so that they are true for you or the people you know. Change the verbs or the time expressions.

- I sometimes ride my bike to school.  
I never ride my bike to school.
- I'm sitting in a small café in Rome now.  
\_\_\_\_\_
- My best friend plays volleyball every day.  
\_\_\_\_\_
- My dad is driving a car at the moment.  
\_\_\_\_\_
- I hardly ever drink water.  
\_\_\_\_\_

## Vocabulary

### Plural nouns

#### 4 ★ Write the plural forms.

1



a toothbrush



toothbrushes

2



a bee



3



a lorry



4



a coach



5



a photo



6



a knife



#### 5 ★★★ Complete the sentences with the plural forms of the nouns in brackets.

- My sister keeps her favourite magazines (magazine) under the bed.
- Jake likes films about monsters and \_\_\_\_\_. (werewolf)
- There are two \_\_\_\_\_ (ferry) that go from Liverpool to Belfast every day.
- Don't put your \_\_\_\_\_ (foot) on the sofa.
- There are a lot of cars and \_\_\_\_\_ (bus) in the street today.
- The summer holidays start in ten \_\_\_\_\_. (day)
- These \_\_\_\_\_ (smartwatch) are very expensive. Why don't you buy something cheaper?
- The woman is buying ice cream for her \_\_\_\_\_. (child)





## Grammar


**will and be going to**


- 6 ★ Complete the sentences with **will** or **won't** and the verbs in the box.


go not be not drive pass win

- 1  I'm sure our team will win this match.

- 2  In 2060, people \_\_\_\_\_ cars in the big cities.

- 3  Don't worry! You \_\_\_\_\_ the exams next week.

- 4  I'm worried that in the future there \_\_\_\_\_ many parks.

- 5  I think Anita \_\_\_\_\_ to a university and study science.

- 7 ★ Read the mini-dialogues and look at the verbs in bold. Are they plans or quick decisions? Circle a or b.

- 1 A What are your plans for the summer?  
B My parents and I **are going to travel** to Croatia.  
**a** plan **b** quick decision
- 2 A Oh no! These shopping bags are really heavy.  
B Don't worry. I'll **help** you with them.  
**a** plan **b** quick decision
- 3 A There's no food in the fridge.  
B No problem. I'll **go** to the supermarket right now.  
**a** plan **b** quick decision
- 4 A I'm very excited about this weekend. We're **going to see** a musical in London.  
B Fantastic! Have fun!  
**a** plan **b** quick decision
- 5 A Do you want to be a doctor like your mum?  
B No, I'm **going to study** business and open my own company one day.  
**a** plan **b** quick decision

- 8 ★★ Circle the correct words.

Hey! What <sup>1</sup>**are you going to** / **will you** do on Friday?

I don't know. Why are you asking?

My brother Max is in a school play. My parents and I <sup>2</sup>**are going to** / **will** go and see his play. Do you want to join us?

Great idea! I've got no plans, so <sup>3</sup>**I'm going to** / **I'll** go with you.

Fantastic! I <sup>4</sup>**am going to** / **will** tell Mum to buy a ticket for you. And after the play, my parents <sup>5</sup>**are going to** / **will** take us to a Mexican restaurant. I hope you can come, too.

Thanks! You know, I love Mexican food! I <sup>6</sup>**am going to** / **will** order chicken tacos like last time. Do you remember? They're so good!

Oh, I think <sup>7</sup>**it's going to** / **it will** be a fun evening.

- 9 ★★ Complete the sentences with **be going to** or **will** and the verbs in brackets.

- 1 I'm really hungry. I'll make (make) some sandwiches. Do you want any?
- 2 A We've got tennis practice today. Can you bring back my tennis racket, please?  
B Sure! I \_\_\_\_\_! (not forget)
- 3 A What \_\_\_\_\_ (you / wear) to Joe's party?  
B I don't know. \_\_\_\_\_ you \_\_\_\_\_ (help) me choose something?
- 4 In 2080, more people \_\_\_\_\_ (work) from home.
- 5 I don't think Pier \_\_\_\_\_ (move) abroad.

- 10 ★★★ Over to you! Answer the questions.

- 1 What are you going to do this afternoon?  
I'm going to finish my biology project.
- 2 Where do you think you'll live in the future?  
\_\_\_\_\_
- 3 How will your city / town change in 30 years?  
\_\_\_\_\_
- 4 What are you and your family going to do at the weekend?  
\_\_\_\_\_
- 5 What are you going to do when you finish secondary school?  
\_\_\_\_\_



# 1

# FAMILY HISTORIES

## 1<sup>A</sup> A LIFE STORY

### Vocabulary

#### Life stages

1 ★ Match the beginnings (1–8) to the endings (a–h) to make phrases.

- |         |                       |
|---------|-----------------------|
| 1 start | a up                  |
| 2 get a | b to college          |
| 3 meet  | c in (a place)        |
| 4 get   | d school              |
| 5 grow  | e job                 |
| 6 have  | f married             |
| 7 live  | g your future partner |
| 8 go    | h children            |

2 ★★ Complete the dialogues with the correct form of the phrases from exercise 1.

- 1 A Is that your little brother? How old is he?  
B He's five. He's going to start school this September.
- 2 A Is Brian your sister's boyfriend?  
B No, he's just a friend of hers. She doesn't want to \_\_\_\_\_ her \_\_\_\_\_ until she's at least 25!
- 3 A Hey, are you British?  
B Yes, I am.  
A Do you \_\_\_\_\_ London?  
B Yes, I do!
- 4 A What do you want to do when you leave school?  
B I don't want to study any more. I want to \_\_\_\_\_.
- 5 A Do you want to \_\_\_\_\_?  
B Yes, I do. I want two. A boy and a girl.
- 6 A Where did your parents \_\_\_\_\_?  
B In Warsaw. They moved to Prague when they got married.
- 7 A I'm not sure if I want to \_\_\_\_\_. Do you?  
B Yes, of course. But not until I'm 30.
- 8 A Do you think you'll \_\_\_\_\_?  
B Well, I hope so. If I pass all my exams. I'd like to study biology.

### Grammar

#### Past simple

3 ★ Complete the sentences with the past simple form of the verbs in brackets.

- 1 We liked (like) the sweet shop in town when we were younger.
- 2 When \_\_\_\_\_ he \_\_\_\_\_ (leave) school?
- 3 He \_\_\_\_\_ (not get) a job during the summer holidays.
- 4 They \_\_\_\_\_ (can not) speak much English when they came to Britain.
- 5 \_\_\_\_\_ you \_\_\_\_\_ (go) to school by bus yesterday?
- 6 She \_\_\_\_\_ (see) her best friend every day during the summer holidays.
- 7 My dad \_\_\_\_\_ (travel) around the world for his old job.
- 8 We \_\_\_\_\_ (not understand) the question in last week's exam.

4 ★★ Complete the dialogues with the past simple form of the verbs in brackets.

- 1 A I <sup>1</sup>didn't see (not see) you in maths yesterday.  
<sup>2</sup>\_\_\_\_\_ you \_\_\_\_\_ (go) home?  
B Yes, I <sup>3</sup>\_\_\_\_\_ (do). I <sup>4</sup>\_\_\_\_\_ (not feel) well.  
A Oh dear. What <sup>5</sup>\_\_\_\_\_ you \_\_\_\_\_ (do) at home?  
B I <sup>6</sup>\_\_\_\_\_ (go) to bed and I <sup>7</sup>\_\_\_\_\_ (sleep) for ten hours!
- 2 A What <sup>8</sup>\_\_\_\_\_ you \_\_\_\_\_ (do) last weekend?  
B I <sup>9</sup>\_\_\_\_\_ (see) a great film on Saturday. I just <sup>10</sup>\_\_\_\_\_ (relax) at home on Sunday. What about you?  
A I <sup>11</sup>\_\_\_\_\_ (play) in a football match on Saturday and we all <sup>12</sup>\_\_\_\_\_ (visit) my grandparents for Sunday lunch. Then I <sup>13</sup>\_\_\_\_\_ (study) for the English test.  
B <sup>14</sup>\_\_\_\_\_ you \_\_\_\_\_ (finish) your science project?  
A Oh no! I <sup>15</sup>\_\_\_\_\_ (forget)!

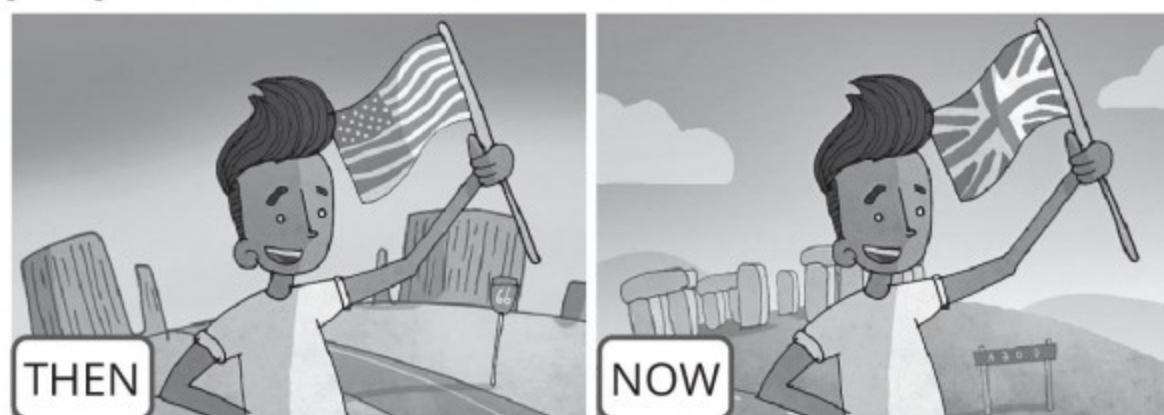


## Grammar

used to



# 5 ★★ Write the questions. Then answer what the people *used to* and *didn't use to* do.



- 1 Rob doesn't live in the USA any more. He lives in Britain.

Did Rob use to live in Britain?

He didn't use to live in Britain.

He used to live in the USA.

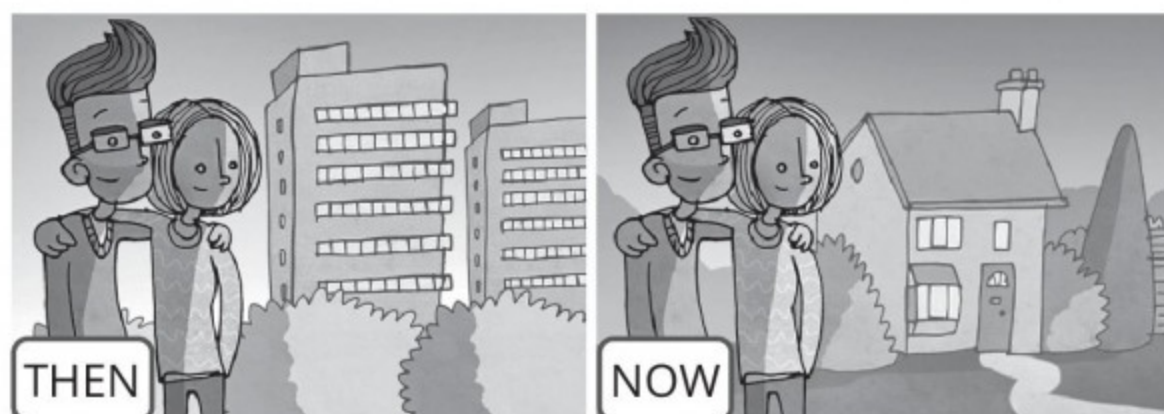


- 2 Abi doesn't travel by bus to work now. She's got a car.

\_\_\_\_\_ Abi \_\_\_\_\_ have a car?

Abi \_\_\_\_\_ a car.

She \_\_\_\_\_ by bus.



- 3 They don't live in a flat any more. They've got a house now.

\_\_\_\_\_ they \_\_\_\_\_ live in a house?

They \_\_\_\_\_ a house.

They \_\_\_\_\_ a flat.



- 4 We don't have a dog any more. We have a rabbit.

\_\_\_\_\_ you \_\_\_\_\_ have a rabbit?

We \_\_\_\_\_ a rabbit.

We \_\_\_\_\_ a dog.



- 5 He doesn't play football any more. He plays hockey now.

\_\_\_\_\_ he \_\_\_\_\_ play hockey?

He \_\_\_\_\_ hockey.

He \_\_\_\_\_ football.

# 6 ★★★ Write four things that you used to do as a child.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Listening

- 7 ★★ 001 Listen to the conversation between Simon and his grandma, Elaine. Complete the information.

Name: Elaine Goldman

Year of birth: \_\_\_\_\_

Place of birth: \_\_\_\_\_

Started school (age): \_\_\_\_\_

Finish school (age): \_\_\_\_\_

Job: \_\_\_\_\_

Married to \_\_\_\_\_

Number of children: \_\_\_\_\_

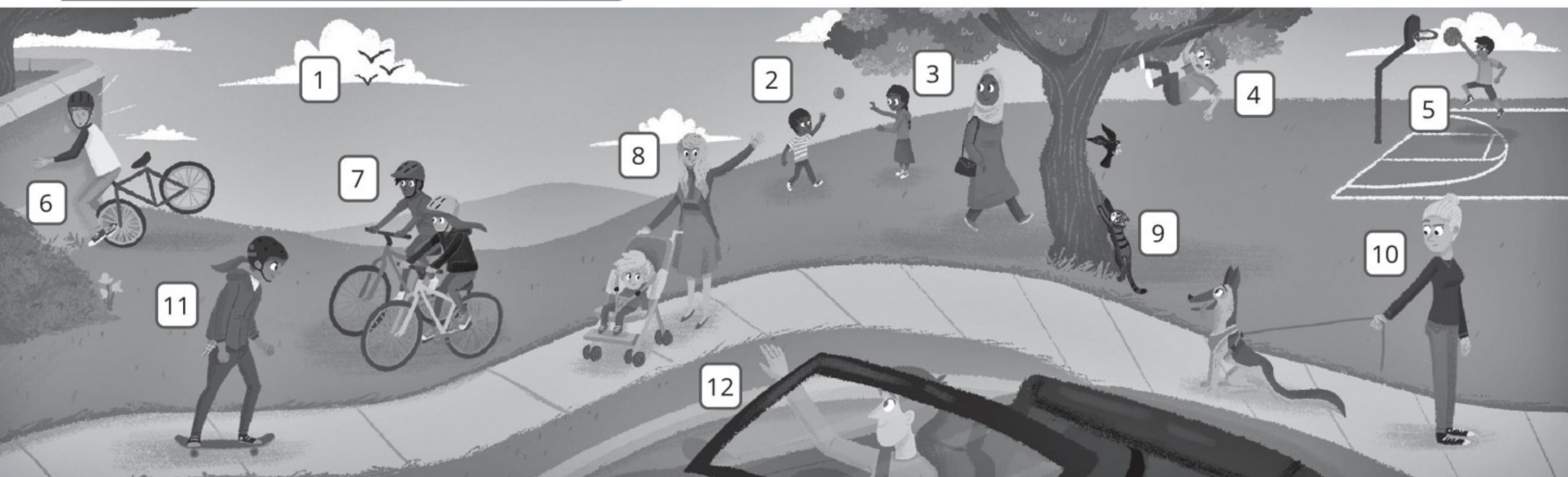
Moved back to \_\_\_\_\_  
in \_\_\_\_\_

Retired: \_\_\_\_\_





# 1<sup>B</sup> ONE SUNNY DAY...



## Vocabulary

### Verbs of movement

- 1 ★ Look at the picture and complete the sentences with the correct verb of movement in the box.

catch chase climb crash cycle drive fall fly  
jump pull push skateboard throw walk

- 1 Birds are flying in the sky.
- 2 The boy \_\_\_\_\_ a ball.
- 3 The girl \_\_\_\_\_ the ball.
- 4 The boy \_\_\_\_\_ the tree, but he's going to \_\_\_\_\_.
- 5 The basketball player \_\_\_\_\_ up to the basket.
- 6 The boy \_\_\_\_\_ into a wall.
- 7 Two children \_\_\_\_\_.
- 8 The mum \_\_\_\_\_ along the path and she \_\_\_\_\_ a pushchair.
- 9 The cat \_\_\_\_\_ the bird.
- 10 The blonde girl \_\_\_\_\_ the dog.
- 11 The girl \_\_\_\_\_.
- 12 The man \_\_\_\_\_ a car.

- 2 ★★ Complete the sentences with the correct form of a verb of movement from exercise 1.

- 1 I walked to school because my bike was broken.
- 2 I watched as the small boy \_\_\_\_\_ up the wall, then he \_\_\_\_\_ and hurt his leg.
- 3 The car drove too fast round the corner and \_\_\_\_\_ into a fence.
- 4 It's fun to travel by plane. I like \_\_\_\_\_.
- 5 Horses are good at \_\_\_\_\_ over fences.
- 6 Help! Your dog \_\_\_\_\_ my cat! Stop him!
- 7 The car won't move. We need to \_\_\_\_\_ it off the road.
- 8 Where's the ball? Can you \_\_\_\_\_ it to me?

## Grammar

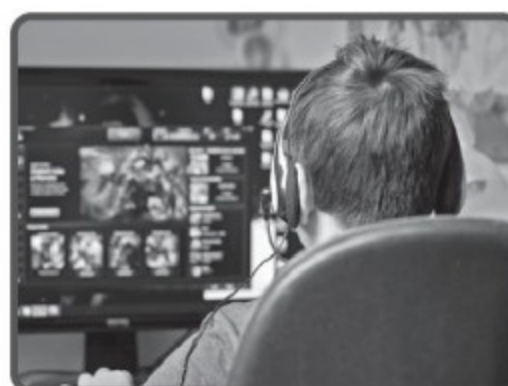
### Past continuous



- 3 ★★ Look at the pictures. What was happening yesterday afternoon? Write the questions and then the answers.



- 1 Adam / watch TV?  
Was Adam watching TV?  
No, he wasn't. He was  
listening to music.



- 2 Tom / read?



- 3 they / cycle?



- 4 Dad / clean / the house?



- 5 Billy and Fred / cook?



#### 4 ★★ Read the stories (A-C). Write the sentences (1-6) in the correct place.

- 1 I was working for an airline last year.
- 2 She was looking at her phone and seemed a bit worried.
- 3 I wasn't ill, I was just feeling angry with my friends.
- 4 She was sitting at the kitchen table.
- 5 He was loading the dishwasher in the kitchen.
- 6 One day, I was answering all the phone calls.

## FUNNY FORUM

SEND IN YOUR FUNNY STORIES.  
THE BEST ONES WILL GO ON OUR WEBSITE  
AND WILL RECEIVE A PRIZE!

PAWEŁ, WARSAW, POLAND, AGE 15

A

One morning last week, I didn't want to go to school.  
I wasn't ill, I was just feeling angry with my friends.  
So I went to my dad.

I said that school was cancelled for the day. He said, 'Oh, great. Let's go to the cinema then.' I was so happy. I was also amazed that he believed me. We got in the car and he drove me straight to school...

TRUDI, WISCONSIN, USA, AGE 19

B

I had a job at the customer service desk in the airport.

A lady phoned and asked if she could take her dog on a plane with her. I said the dog needed a dog basket to travel in. I explained, 'The basket needs to be big enough for the dog to stand up, sit down, turn around and lie down.' The customer was anxious. She said, 'I can't teach him to do all of those things by tomorrow!'

MIKEY, BRISTOL, UK, AGE 14

C

I walked into the kitchen and saw my grandma.

She had her very first mobile phone in her hand.

I asked if I could help. She turned round and said, 'Oh hi, Mikey. What do IDK, LY and TTYL mean?' I answered, 'I don't know, love you, talk to you later.' She said, 'OK then, I will ask your sister.'

## Writing

### 5 a ★★ What was happening yesterday evening? Complete the text with the past continuous form of the verbs in the box.



celebrate chat enjoy have dinner  
look forward play push

Yesterday evening, my family and I  
1 were having dinner in a local restaurant. We  
2 \_\_\_\_\_ Dad's birthday. It was a  
lovely evening. Music 3 \_\_\_\_\_.  
People 4 \_\_\_\_\_ to each other.  
Everybody 5 \_\_\_\_\_ the delicious  
food. The waiter 6 \_\_\_\_\_  
a trolley of amazing cakes over to our table.  
I 7 \_\_\_\_\_ to eating the big  
chocolate one!

### b ★★★ Describe what happened next. Complete the text in your own words.

Unfortunately, my baby sister's toy was on the floor.  
The waiter didn't see...

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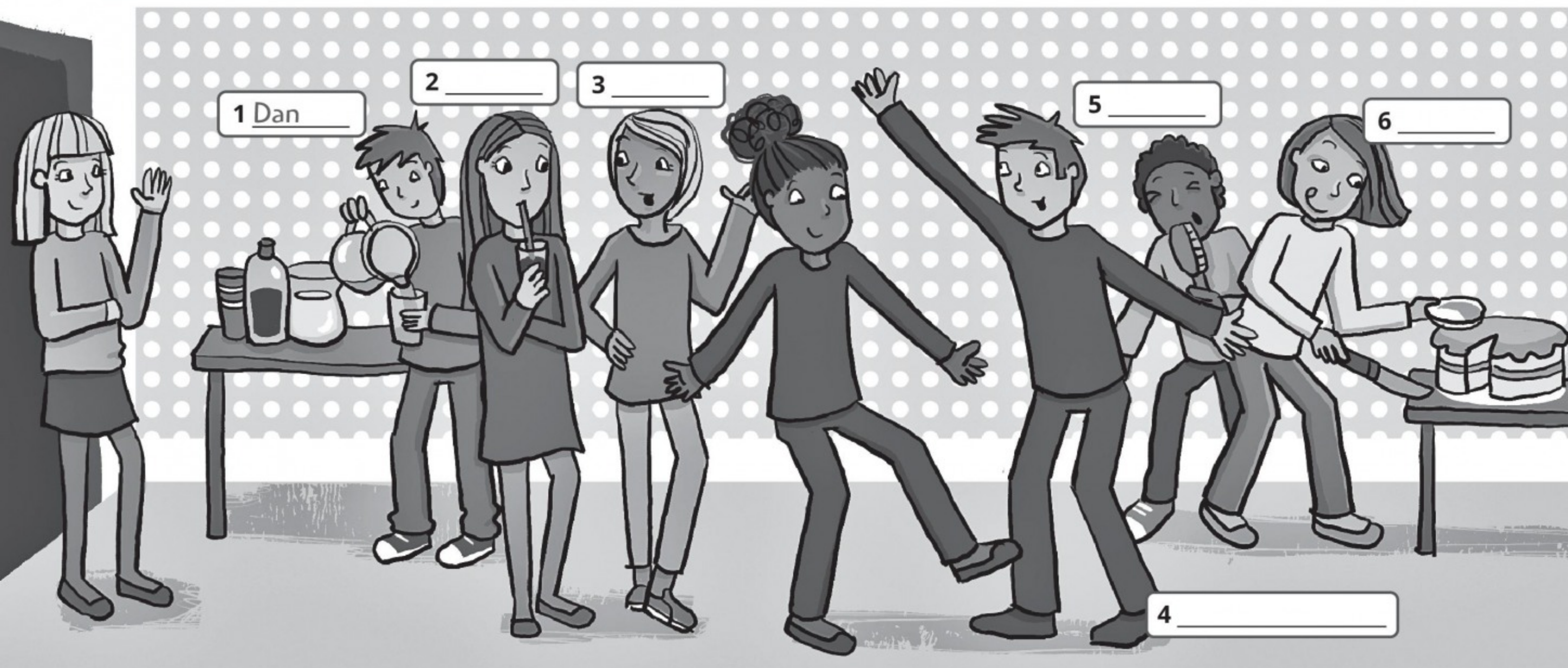
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# 1<sup>c</sup> HOW THEY MET



## Listening and Grammar

### Past simple and past continuous



- 1 ★ 002 Listen to Jenny talking about Sonia's party. Label the picture with the names in the box.

Alice Caro and Billy Dan Isla Oscar Sonia

- 2 ★★ Mark the sentences true (T) or false (F). Correct the false sentences.

- Jenny arrived late. T
- Dan was having a drink. \_\_\_\_  
\_\_\_\_\_
- Caro was talking. \_\_\_\_  
\_\_\_\_\_
- Isla was watching the dancers. \_\_\_\_  
\_\_\_\_\_
- Billy was wearing black clothes. \_\_\_\_  
\_\_\_\_\_
- Oscar was brushing his hair. \_\_\_\_  
\_\_\_\_\_

- 3 ★★★ What were the people doing when Jenny arrived at the party? Write sentences.

- Dan was making drinks for everybody.
- Caro and Billy \_\_\_\_\_.
- Alice \_\_\_\_\_.
- Isla \_\_\_\_\_.
- Oscar \_\_\_\_\_.
- Sonia \_\_\_\_\_.

- 4 ★★ Complete the sentences with the correct form of the verbs in brackets.

- When Jenny arrived (arrive), everybody was enjoying (enjoy) the party.
- Dan \_\_\_\_\_ (make) drinks for everybody when Jenny \_\_\_\_\_ (arrive).
- Billy \_\_\_\_\_ (wave) at Jenny while he \_\_\_\_\_ (dance) with Caro.
- When Jenny \_\_\_\_\_ (notice) Isla, she \_\_\_\_\_ (drink) cola.
- Oscar \_\_\_\_\_ (sing) with a hairbrush when Jenny \_\_\_\_\_ (see) him.
- When Jenny \_\_\_\_\_ (find) Sonia, she \_\_\_\_\_ (cut) the cake.

- 5 ★★ Complete the text with the past simple or past continuous form of the verbs in brackets.

LOELLA, MICHIGAN, USA

28/6 08.12 a.m.



When my aunt and uncle <sup>1</sup>met (meet) at the airport, they <sup>2</sup>\_\_\_\_\_ (wait) for different planes. While they <sup>3</sup>\_\_\_\_\_ (chat), they <sup>4</sup>\_\_\_\_\_ (discover) that they lived in the same town. Later, while my aunt <sup>5</sup>\_\_\_\_\_ (stand) in the queue for her plane, my uncle suddenly <sup>6</sup>\_\_\_\_\_ (appear) again. He <sup>7</sup>\_\_\_\_\_ (ask) if he could phone her. Much later, my aunt <sup>8</sup>\_\_\_\_\_ (find out) that while he <sup>9</sup>\_\_\_\_\_ (wait) for her phone number, he <sup>10</sup>\_\_\_\_\_ (miss) his plane! But my uncle says it was worth it!