

OXFORD

Second Edition

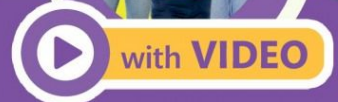
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Metro

Student Book & Workbook



James Styring | Nicholas Tims | Jessica Finnis



Second Edition

3

Metro



Guide for Classroom Presentation Tool

James Styring | Nicholas Tims | Jessica Finnis

OXFORD
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Welcome to Metro

W

No limits

Vacation activities

1 Look at the pictures. Complete the sentences with the simple past of the verbs.

buy gifts go hiking stay in a hotel take photos ~~try new food~~ visit museums



0 "We went for lunch and _____ **tried** _____ some _____ **new food** _____. I didn't like it!"



1 "I _____ a lot of cool _____ and posted them online."



2 "I _____ for my friends at the museum shop. They were really happy with them."



3 "We _____ in the mountains. It was really fun."



4 "We _____. I was really interested in the new exhibition of prehistoric animals."



5 "We _____ and swam every day."

Experiences

2 Choose the correct options.

- 0 I want to go snorkeling / go backpacking and see the amazing fish.
- 1 My dream is to be a singer and perform with a live band / interview my favorite YouTuber.
- 2 My parents said I can decorate my bedroom / dye my hair. I'm going to paint it dark blue!
- 3 I love reading and one day I'm going to appear on TV / write my own novel.
- 4 My uncle has his own boat and he wants to go backpacking / sail around the world next year.
- 5 I love sleeping outside. Every vacation, I camp under the stars / race across a desert.

Phrasal verbs (movement)

3 Complete the dialogues with the phrasal verbs.

get back get off get on
go away go out stay in

- 0 A How often do you go on vacation?
B I usually go away every summer.
- 1 A How do I get to the museum?
B You need to _____ the bus here and _____ at the movie theater. It's a minute's walk from there.
- 2 A I don't feel like going into town this evening.
B OK. Let's _____ and watch a movie.
- 3 A What time will you _____ tonight?
B Not late. About 9 p.m.
- 4 A Can I _____ this evening?
B Yes, you can, but finish your homework first.

be going to (plans and intentions)

4 Complete the message with the *be going to* form of the verbs.

be not come fly go
go-away stay take



Hi Maria
How are you?
I'm so excited 😊. My parents said we
⁰ 're going to go away for a few
weeks in the summer, to Cancun in Mexico.
We¹ _____ there. The flight
is on August 10th and it takes 5 hours.
We² _____ in a hotel with
a swimming pool, and it's on the beach.
My parents want to go sightseeing, but
I³ _____ snorkeling and
surfing, and sunbathe by the pool. My
brother ⁴ _____ because
he's going to go backpacking with his
friends. My sister ⁵ _____
lots of photos for a school project,
so I'll send some to you. It's
⁶ _____ so much fun.
I can't wait.
See you soon. 🍌
Emily

5 Complete the questions and answers about Emily's vacation with *be going to*.

- 0 When is Emily going to go away _____?
She's going to go away _____
in the summer.
- 1 _____ drive to Cancun?
No, they _____.
- 2 Where _____
_____ on vacation?
They _____
in a hotel.
- 3 Who _____
backpacking?
Her brother _____
backpacking.
- 4 _____
photos?
Yes, _____.
- 5 What _____?
She _____
snorkeling and surfing.

6 **Your turn** Make lists of your plans and intentions.

this weekend	<u>make a viral dance video</u>
this term	_____
this year	_____
when I'm 21	_____

7 In pairs, compare your lists. Use *be going to*.

Present perfect (experiences)

8 Write sentences using the present perfect.

- 0 never / interview my favorite YouTuber
I've never interviewed my favorite YouTuber.
- 1 camp / under the stars
He _____.
- 2 not write / a novel
She _____.
- 3 not appear / TV
They _____.
- 4 never / go / to the desert
My friends and I _____.
- 5 try / Chinese food
I _____.

9 Write present perfect questions using the phrases.



~~come to school late~~ dye your hair
eat out with your friends make a dance video
meet a famous person sing in public

- 0 Have you ever come to school late?
1 _____
2 _____
3 _____
4 _____
5 _____

10 **Your turn** In pairs, ask and answer the questions.

Have you ever dyed your hair?

Yes, I have.

11 Tell the class about your partner.

Rafael has dyed his hair but he hasn't ever sung in public.

Human-caused and natural problems

1 Complete the sentences.

- 0 There was no rain last year, so we'll have a drought this year.
- 1 Scientists say the earth is getting warmer because of carbon contributions.
- 2 A lot of people move to cities for work, which causes overpopulation.
- 3 The river is very full. I'm worried there's going to be a flood.
- 4 The 7.8 earthquake in Alaska was the strongest one in the world in 2020.
- 5 The air pollution in this city is terrible because there are too many cars.
- 6 My great-grandfather was a soldier in World War Two.
- 7 Dirty drinking water causes a lot of disease.
- 8 It's going to be a long, hot summer thanks to the heatwave!

Environmental problems and solutions

2 Match phrases 0–7 with phrases a–h to make complete sentences.

- 0 We are running out c
 - 1 A lot of stores are trying to reduce _____
 - 2 Our town recycles _____
 - 3 Young people are very active in protecting _____
 - 4 You can help save _____
 - 5 Some animals are going to become extinct _____
 - 6 Don't throw away glass jars – you can reuse _____
 - 7 It's important to protect _____
- a because we're destroying their habitats.
 b the environment for their future.
 c ~~of the world's natural resources.~~
 d water by having a short shower.
 e the use of plastic bags by charging for them.
 f all its plastic and paper.
 g them to put rice and pasta in.
 h our parks and green spaces.



Shopping

3 Look at the online shopping tips. Complete the sentences with the pairs of words.

credit card / afford ~~order~~ / ~~bargains~~ sales / discounts
 save / cash spend / receipt waste / coupons

Online shopping tips

0 Make sure you shop around before you order. Some things look like _____ because of the advertising. Check a few different sites to compare prices.



1 Don't _____ your money. Do some online research to find _____ for products – you can save a lot of money with them. Also, it's greener if we only buy the things we really need.

2 Try to shop during the online _____ because that's where companies offer a lot of _____.



3 It's a good idea to use a _____ because it's easier and faster to get your money back if there's a problem. But remember, don't buy anything you can't _____!



4 Online shopping is fast and easy, but sometimes you can _____ money when you shop in the store and pay by _____. Sometimes it's greener to buy local things in local stores, especially if you can put them in your own bags and containers.



Eco-clothes

Thanks for your order!
 Ref: 0000987
 1 pair of jeans, size 12
 PAID: \$30.00

5 Don't throw things away if you can still use them. And when you _____ your money on things like new clothes, make sure you get a _____. You'll need this if there's a problem.

like / love / hate + -ing

4 Complete the sentences. Use the *-ing* form of the verbs.

camp hike reuse swim try visit waste

- 0 I love camping under the stars.
- 1 Do you like _____ new food?
- 2 I hate _____ money. I save it all!
- 3 My mom hates _____ in the mountains. She likes _____ museums.
- 4 We love _____ in the ocean.
- 5 They like _____ their plastic bottles.

will / won't (future predictions)

5 Complete the comments in the forum with *will* or *won't* and the verbs in parentheses.

What will our lives be like in 50 years' time?



I think there ⁰ will be less pollution because people ¹ _____ electric cars. (be / drive) **Anna, NY**



People ² _____ so much because they ³ _____ things. (not waste / reuse) **Tom, London**



We ⁴ _____ to learn languages because we ⁵ _____ translation apps. (not need / have) **Amelia, Paris**



People ⁶ _____ cash. They ⁷ _____ for everything using their phones. (use / pay) **Ben, California**



I don't think we ⁸ _____ to stores. We ⁹ _____ all our shopping online. (go / do) **Maria, Montreal**

6 **Your turn** Complete the questions with *will*. Then answer them.

be eat have live

- 0 Will you live in another country in the future?
Yes, I will. / No, I won't.
- 1 _____ you _____ famous?

- 2 _____ you _____ the same friends in 20 years' time?

- 3 _____ people _____ meat?

7 In pairs, ask and answer the questions.

Will you live in another country?

Yes, I will. I'll live in Japan.

be going to (future predictions)

8 Look at the pictures. What's going to happen? Write sentences with *be going to* and the verbs.

be cause pay plant recycle start



- 0 He's going to recycle _____ the paper and cardboard.
- 1 There _____ a heatwave.
- 2 They _____ a fire.
- 3 We _____ some trees.
- 4 It _____ pollution.
- 5 She _____ at the counter.

Adverbs of manner

9 Complete the sentences with the adverb form of the adjectives.

anxious ~~careful~~ confident quick

- 0 Antonia designed the costumes for the play carefully. She made them very _____, in just one weekend.
 - 1 I was so nervous about performing in the play. I sat _____ waiting for it to start. But then I got on stage, and I acted really _____. My friends said I was great!
- easy fast good noisy
- 2 The plane took off _____. It was going very _____ - over 250 km/h.
 - 3 At the end of the concert, Adele performed my favorite song, *Hello*. She sang really _____, and I could hear the lyrics _____.

Jobs

1 Complete the advertisements with the jobs.

builder chef doctor fashion designer nurse
salesperson ~~software developer~~

Help wanted



0 We have the ideas, but we need a talented software developer. Are you good at Java? [Contact](#) The App Agency.



1 We need an experienced _____ to work with us on the new library in Blackdown Town. Apply [here](#).



2 Arcadia High School cafeteria is growing, and we need another _____. [Contact](#) the principal at AHS.



3 San Merino Health Center is looking for two _____ and a _____ to join our busy team. Details [here](#).



4 Have you ever worked as a _____? At St. Quentin Mall, we need confident, hard-working people to join the toy department. [Contact](#) us!



5 Do you love clothes? Are you creative? We are looking for a new _____ to join our team and create our new summer collection. Apply [here](#).

Personality

2 Write the opposite of the adjectives using the affixes *dis-*, *im-*, *-less*, and *un-*.

- | | |
|------------------------------|------------------|
| 0 friendly <u>unfriendly</u> | 4 honest _____ |
| 1 polite _____ | 5 careful _____ |
| 2 patient _____ | 6 reliable _____ |
| 3 kind _____ | 7 helpful _____ |

Crime

3 Complete the article with the words.

arrest break ~~catch~~ chase
commit investigate rob

Working lives

I'm a police officer, and my job is to ⁰ catch any criminals who ¹ _____ crimes in my neighborhood. Often the same people ² _____ into homes or ³ _____ people on the street. I keep fit because sometimes I ⁴ _____ the criminals if they run away. Although we know most of the criminals in the area, we always ⁵ _____ carefully and collect evidence before we can ⁶ _____ anyone.



Officer Doyle

Safety online

4 Use the words to complete the labels for each picture.

antivirus click different ~~information~~ install
links on passwords ~~personal~~ share
software use

Staying safe at work



- 0 Don't share personal information.
- 1 _____.
- 2 Check before you _____.
- 3 _____.

Past progressive and simple past

5 Complete the sentences with the past progressive or simple past form of the verbs in parentheses.

- The criminal was stealing (steal) money from a school when a police officer caught (catch) him.
- While the chef _____ (prepare) the food, he _____ (cut) his finger.
- When the criminal _____ (escape), we _____ (stay) in a hotel not far away.
- Julia _____ (get on) the train when she _____ (drop) her wallet.
- I _____ (watch) my mom while she _____ (install) antivirus software on my computer.
- I _____ (hurt) my back while I _____ (carrying) a heavy bag.

(not) as ... as; too or not enough

6 Choose the correct words.

- I'm not going to be a doctor. I'm too good / I'm not good enough at science.
- Sara's scarf is soft, but my scarf is softer. Sara's scarf isn't as soft as / is as soft as mine.
- My dad's office is in a historic building. My mom works in a modern office. My dad's office isn't as new as / is as new as my mom's.
- My brother can never wait for anything. He's too impatient / not impatient enough.
- I can't wear this T-shirt because it's dirty. The T-shirt is too clean / isn't clean enough to wear.
- My cousin David looks younger than me, but actually we're both 17. David looks as old as / doesn't look as old as me, but actually he is as old as / isn't as old as me.

Superlative adjectives

7 Look at the chart and complete the sentences with the superlative form of the adjectives.

	Sam, lawyer	Marc, chef	Zoey, taxi driver
good or bad pay?	\$\$\$\$\$	\$\$\$	\$
interesting or boring?	😊😊😊😊😊	😊😊😊😊	😊😊
easy or hard?	😞😞😞😞	😞😞😞	😞
long or short hours?	🕒🕒🕒	🕒🕒🕒🕒	🕒🕒🕒🕒
safe or dangerous?	⚠️	⚠️⚠️	⚠️⚠️⚠️

- Marc's pay is good, but Sam's pay is the best.
- Marc's job is interesting, but Sam has _____ job.
- Being a lawyer is _____ job. Lawyers must study for seven years. Driving a taxi is _____ job.
- Sam and Marc work long hours, but Zoey works _____ hours. Sam works _____ hours.
- Being a chef is quite safe, but being a lawyer is _____ job. Driving a taxi is the _____ job.

can / can't (rules and permission)

8 Copy and complete the chart with information about the rules in your home. Use the ideas below or your own ideas.

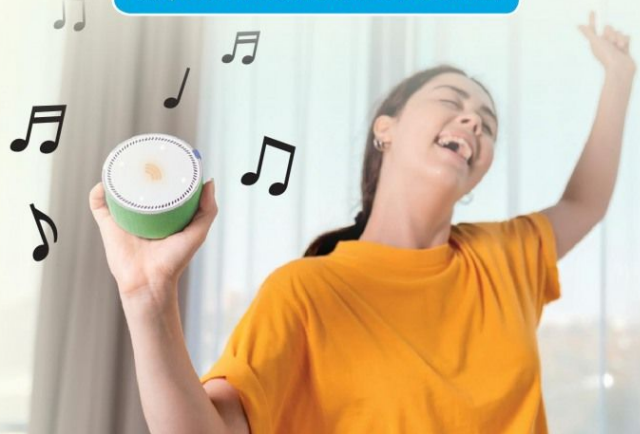
come home late dye your hair
invite my friends over
play computer games before breakfast
play music loudly use devices in our bedrooms
watch TV until midnight

I can	I can't
use devices after dinner	be impolite

9 **Your turn** In pairs, compare your rules.

I can't use devices after dinner.

I can, but I can't use them before dinner!



Creativity: adjectives

1 Complete the creativity adjectives in the blog.

The strange and the beautiful

Here are my cool artwork selections for this month. What do you think? Leave a comment!



I love learning about things from the past and I can look at this a **ncient** writing for ages. The symbols are amazing. I'd like to know what it says!



These e _____ hands are so cool, and what an o _____ idea! I saw them when I was on vacation in Venice last year.



You can see this art work in Belgium. The whale is made from r _____ plastic. It makes me think about reducing my plastic use to protect our sea life.



This is t _____ Järnpojke from Sweden. He's only 15 cm high and he's looking at the moon. It's a very popular statue. I left the change I got when I bought an ice cream - for good luck!



I love photography and I think this photo is very c _____. It really looks like her eyes are on her hands.



Can you understand this painting? I can't. It's s _____, but it's really interesting to look at. There are so many things in it, and there's no connection between them!

Creativity: verbs

2 Complete the conversation with the correct form of the creativity verbs in the box.

build create design invent set up sew

- A What do you do?
 B I ⁰ **design** furniture.
 A What's your style?
 B I like old-fashioned furniture so I
 1 _____ sofas and chairs in the style of the 1950s.
 A How did you start?
 B I worked for a fashion company because I could
 2 _____ clothes very well. But my hobby was recycling furniture and selling it.
 A Did you ³ _____ your own business?
 B Yes, I did. Three years ago. It's really successful now. I work with my brother.
 A What does he do?
 B He designs and ⁴ _____ beds, cupboards, and tables from hard wood.
 A A real family business! What are your plans?
 B Well, I ⁵ _____ a sofa that changes shape so it can be for two to six people with the touch of a button!
 A What an amazing idea! Good luck.

Feelings

3 The adjectives are in the wrong place. Write the correct adjectives with their prepositions.

- 0 I'm not **bored of** this design. It's not very original.
 _____ **crazy about** _____
 1 My dad was really **disappointed with** my mom when she set up her new business. _____
 2 Tom's **surprised by** flying. He won't get on a plane.

 3 I'm **proud of** this movie. I've seen it so many times.

 4 My cousin is really **crazy about** his new job. He's not enjoying it.

 5 I'm so **scared of** the price of this cell phone. I thought it was cheaper. _____

Materials

4 Choose the correct options.

- 0 Put the **cardboard** / **leather** cereal boxes in the recycling bin.
 1 I'm going to buy some **woolen** / **wool** and make a winter sweater.
 2 There's a **stone** / **cotton** statue of a famous writer in the park.
 3 I'm angry with my brother because he borrowed my favorite **canvas** / **rubber** bag.
 4 The knives and forks are **paper** / **metal**, so they're strong.
 5 We can reuse this **wooden** / **wood** box and plant flowers in it.

Relative pronouns

5 Choose the correct options.

- 0 That's the hairdresser ... cut my hair.
 a who b that c both
- 1 I want to see ... you live.
 a where b that c both
- 2 She's the firefighter ... put out the fire.
 a whose b who c which
- 3 That's the woman ... film won an award for best music.
 a who b which c whose
- 4 There's a leather jacket ... I'd like to buy.
 a which b that c both
- 5 Zimo, ... father teaches me the guitar, composes music.
 a which b whose c who

Subject and object questions

6 Complete the questions using question words.



- 0 ? made this synthetic dress.
Who made this synthetic dress? _____
- 1 I saw ? in the coffee shop.

- 2 They discovered a brand new ?

- 3 ? set up a successful business.

- 4 ? happened while he was logging out of the website.

- 5 They decorated the ? pale green.

would like

7 Complete the sentences with the correct form of like or would like.

- 0 I like trying new food.
- 1 He _____ to be a lawyer when he leaves university.
- 2 "_____ you _____ impolite people?"
 "No, I _____."
- 3 "_____ you like to _____ by cash?"
 "Yes, I _____."
- 4 My sister _____ to change her job.
- 5 We _____ camping under the stars.
- 6 "Would you like fish for dinner?"
 "No, thanks, I _____. I had fish last night."

8 Complete the sentences so they are true for you.

This weekend, I'd like to ...
 On weekends, I like ...
 When I leave school, I'd like to ...
 After school, I like ...
 Next summer, I'd like to ...
 In the summer vacation, I like ...

9 Your turn In pairs, compare your answers.

This weekend I'd like to go hiking.
 What would you like to do?

I'd like to go to the movies.

Indefinite pronouns: words with some, any, no, and every

10 Look at the pictures. Complete the sentences with the correct indefinite pronouns.



There's somebody at the door.



I'd like to go on vacation _____ with a beach.



He's hungry. He needs _____ to eat.



She didn't understand _____ in the lesson.



I've been sick, so I haven't been _____ this week.



I have _____ I need to start sewing.

1

Well-being



Metro VIDEO

Sammy's vlog
Ways to appear confident



Maira 1 hour ago

So acting like you're confident can make you more confident? I'm gonna try that!

36 likes Reply



International English

🇬🇧 jumper = 🇺🇸 sweater
🇬🇧 trousers = 🇺🇸 pants

A **Video** **01** Watch or listen to the vlog. How many ways to appear confident does Sammy list?

B Watch or listen again. What does Sammy say? Circle the correct answers.

- 0 Always slouch / stand up straight
- 1 It can help to shout / speak loudly.
- 2 It's fine to interrupt other speakers / repeat yourself.
- 3 It's rude to interrupt someone / speak clearly.
- 4 Wear colorful clothes / clothes that make you feel good.
- 5 A smile / Standing straight is the most important way to appear confident.
- 6 You look more confident / happier when you smile.

C In pairs, discuss the questions.

- 1 Do you agree or disagree with Sammy's ways to appear confident?
- 2 What clothes make Sammy feel confident? What clothes make you feel confident?
- 3 What else makes you feel confident?

Feelings and emotions

1 02 Look at the pictures and read the comments. Choose the correct adjectives. Listen and check.



I'll never get ⁰tired of / upset about hanging out at this skatepark! I'm feeling very ¹relaxed about / stressed about life at the moment.



I'm ²jealous of / embarrassed about Max's umbrella – I want one! It's cool. Now he's ³jealous of / confident about going for walks in the rain.



On a trip to Universal Studios, Florida. Was I ⁴frightened of / annoyed with the rollercoaster ride? Yes, I was!



Jessie and Anita were NOT ⁵comfortable with / frightened of the horror movie I chose!



Disaster! Sally's phone is broken, and she's really ⁶tired of / upset about it. She's ⁷annoyed with / relaxed about poor Max, too, because he knocked it out of her hand.



I'm ⁸comfortable with / embarrassed about Max breaking Sally's phone. And I'm ⁹stressed about / confident about how much Sally's phone will cost to repair!

2 03 Listen and repeat.

3 Match the adjectives with the definitions. Add the prepositions **about**, **of**, or **with** from exercise 1.

annoyed comfortable ~~confident~~ embarrassed
jealous frightened relaxed stressed tired upset

- a feeling sure about your own ability confident about
- b calm; not anxious or worried _____
- c a bit angry _____
- d shy or uncomfortable _____
- e worried and tired _____
- f no longer interested _____
- g sad about something _____
- h scared, feeling fear _____
- i calm and not worried _____
- j angry or unhappy because you want something that someone else has _____

4 Your turn How do you feel in these situations? In pairs, compare ideas. Use adjectives from exercise 2.

- 0 You spend the day at the beach. relaxed
- 1 Your best friend is rude to you for no reason.
- 2 Your mom sings in front of your friends.
- 3 Your friend gets an expensive phone.
- 4 Someone borrows your stuff, but doesn't ask you first.
- 5 You answer a question about something you know well.

Stop

-ed adjectives describe an emotion, for example: *I'm bored.*

-ing adjectives describe the cause of an emotion, for example: *This is a boring movie.*

5 Complete the adjectives with -ed or -ing.

- 0 I'm tir___ of this music. Can we change it?
- 1 My little sister is very annoy___!
- 2 Don't be frighten___. Max is a friendly dog.
- 3 That was a very disappoint___ movie.
- 4 I liked this book. It was really interest___.
- 5 I wasn't surpris___ by her messages.

6 Your turn Copy and complete the sentences for you. Then, in pairs, compare your sentences.

- 0 I get stressed when I **have a test**.
- 1 I feel annoyed when I ...
- 2 When ..., I sometimes feel jealous.
- 3 I feel very confident about ...
- 4 The most embarrassing thing that's ever happened was when ...



International English

Pronunciation of "r"

Sammy is from the U.K. and has a southern English accent. She usually only pronounces "r" at the beginning of a word, or if there is a vowel sound after it. For example: *rude, everyone, struggle, where*

Compare how the letter "r" is not pronounced in these words in a British accent and is pronounced in an American accent: *course, important, park*

D 04 Read the International English box. Listen to the examples.

E Video 05 Look at these phrases from Sammy's vlog. Is the letter "r" pronounced or not? Write **Yes** or **No**. Then watch or listen to these sentences from the vlog, and check.

- 0 I discuss current big topics. Yes
- 1 ways to appear confident _____
- 2 there are things you can do _____
- 3 Make sure that you speak clearly _____
- 4 feel free to repeat yourself _____

Emotional Moments: Competition Winners!



Can you remember a time when you felt super-stressed, really frightened, or really embarrassed about something? Readers have shared their stories for a chance to win two movie tickets. These are our three winners!

A Abbie

5 Playing bass guitar was my favorite hobby when I was younger, so my friends suggested joining a band. I saw an ad for a bass guitar player. I messaged the band, and they invited me to an audition. On the day
10 of the audition, I arrived very early because I wanted to have enough time to prepare myself. But the person before me was late for their audition, so I had to play immediately. Suddenly, I felt very stressed about it! I
15 played really badly. It was the worst fifteen minutes of my life. But the most surprising thing? They liked my audition, and now I'm in the band!



B Marcos

I have a twin brother, Pedro. We look the same, but he's really into sports, and I love gaming and music. I've never forgotten our eighth birthday.
20 We got lots of presents, but there was one huge present. I guessed it was for both of us. Then my dad said, "Open it, Pedro." I was so jealous! He opened the present, and it was ... a
25 bike! I didn't like cycling anyway, but I was still annoyed. I wanted a big exciting present, too. My mom says I was upset about it for a week!



C Keira

I remember my 15th birthday party. It was my first party without adults – and without my older brother. I was really excited. There
30 was a lot of food, and everyone was dancing. Then, toward the end of the evening, I heard my brother's voice. He was shouting, "I LOVE this song!" I ran into the living room, but I
35 was too late. My brother and his friends were already dancing! Everyone else left very quickly. I was so upset. I didn't speak to him for a month!



Competition entries

1 **06** Read and listen to the competition entries. Match titles 1–3 with stories A–C.

- 1 It wasn't for me!
- 2 He ruins everything.
- 3 I wasn't ready.

2 Read the text again. Write the correct names.

- 0 Marcos and Keira had bad experiences on their birthdays.
- 1 _____ was surprised by what happened after her bad experience.
- 2 _____ was embarrassed by someone.
- 3 _____'s friends were confident about her abilities.
- 4 _____ was upset about the experience for a few weeks.
- 5 _____'s brother likes outdoor activities.

3 In pairs, answer the questions.

- 0 Why did Abbie do her audition early?
Because someone else was late.
- 1 How long was Abbie's audition?

- 2 Why didn't Marcos and Pedro's parents give them the same present?

- 3 Why was Marcos jealous?

- 4 What was special for Keira about the party?

- 5 How did Keira know her brother was at the party?

4 **➡ Your turn** In pairs, discuss emotional moments that you've experienced.

One time, I was playing soccer, when ...