

OXFORD

BUZZ

Workbook

4



Katie Fougouti
Jessica Finnis

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Workbook

4

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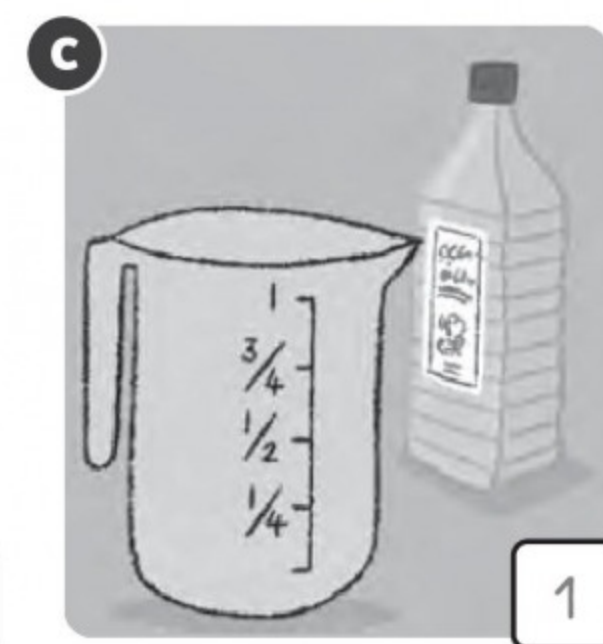
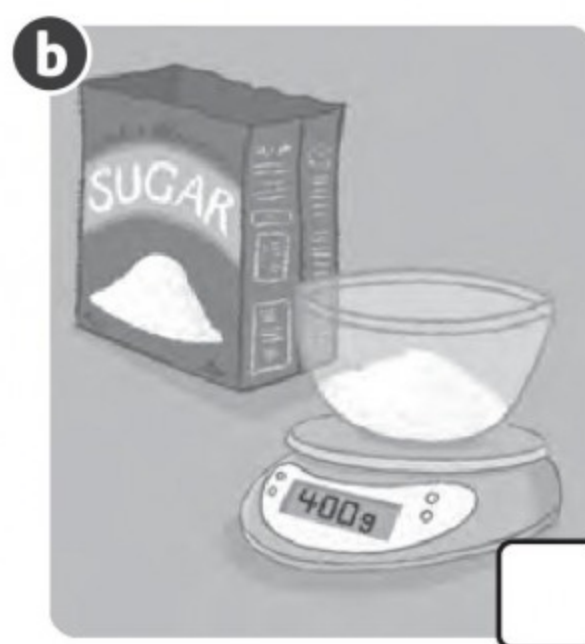
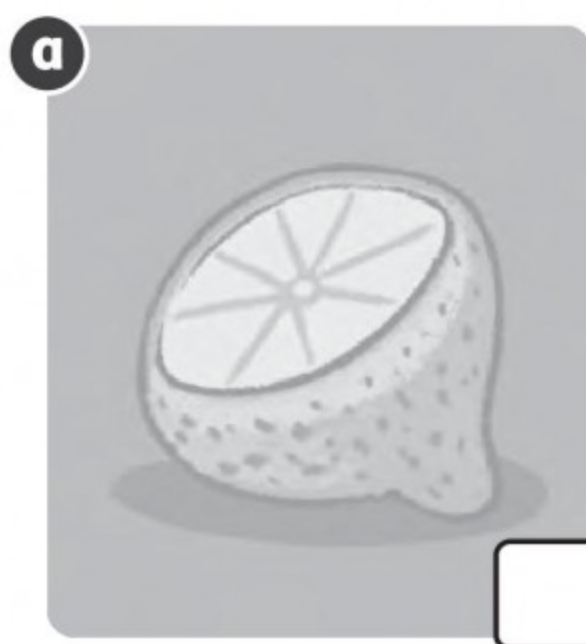
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Starter Unit

Let's Cook!

1 Look and number.

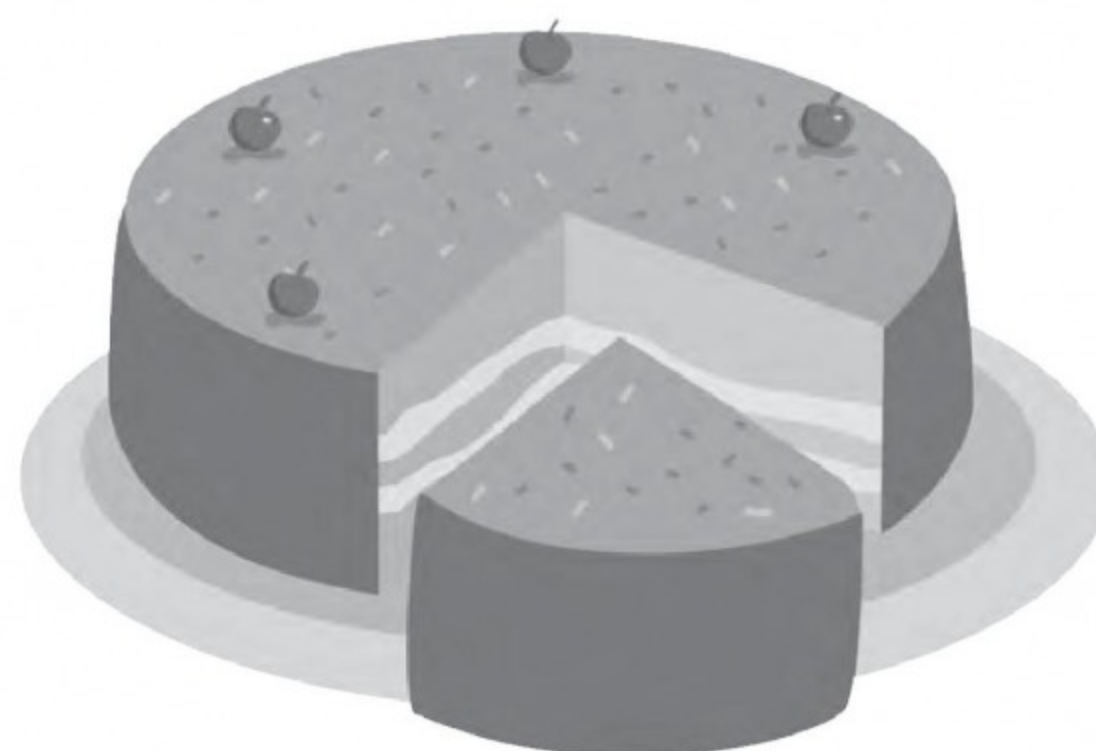
- 1 quarter cup of oil
- 2 1 teaspoon of salt
- 3 cake
- 4 1 tablespoon of spices
- 5 half a lemon
- 6 1 kilogram of flour
- 7 400 grams of sugar



2 Read the recipe. Write the words.

Delicious Cake

$\frac{1}{2}$ kg flour
 400g sugar
 $\frac{1}{4}$ tsp salt
 1 tbsp spices
 $\frac{1}{2}$ lemon
 $\frac{1}{2}$ cup oil
 6 eggs



- 1 half a kilogram of flour
- 2 four hundred _____ of sugar
- 3 a quarter _____ of salt
- 4 one _____ of spices
- 5 _____ a lemon
- 6 _____ of oil

3 Read and circle.

- 1 How much many apples are in the bag?
- 2 How much many salt do we need?
- 3 How much many flour is there?
- 4 How much many cakes are in the store?
- 5 How much many lemons are in the recipe?
- 6 How much many sugar is in the box?

4 Look at the shopping list. Write.

Our Shopping List

6 pears
1 kg of salt
 $\frac{1}{2}$ kg of sugar
12 eggs
400 g of carrots
2 kg of potatoes



- 1 How many pears do we need?
We need six pears.
- 2 _____ salt do we need?
We need _____ of salt.
- 3 _____ sugar do we need?
We need _____ of sugar.
- 4 _____ eggs do we need?
We need _____ eggs.
- 5 _____ carrots do we need?
We need _____ of carrots.
- 6 _____ potatoes do we need?
We need _____ of potatoes.

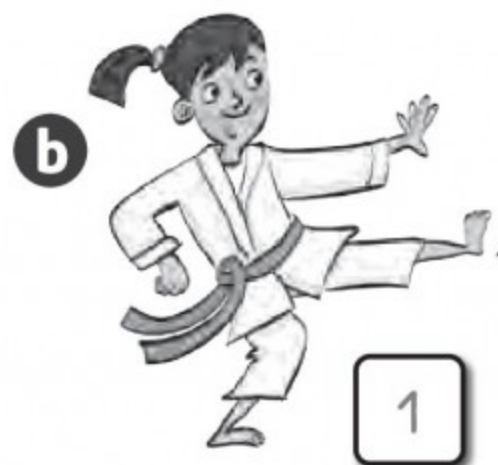
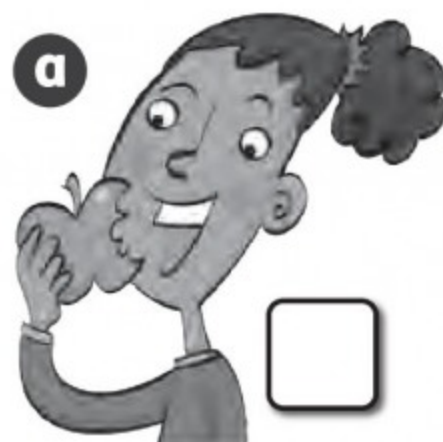
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Healthy Living

Lesson 1 Words

1 Look and number.

- 1 exercise
- 2 go to bed early
- 3 eat vegetables
- 4 drink water
- 5 play outside
- 6 go to the dentist
- 7 wash your hands
- 8 eat fruit



2 Look, read, and write. **hands outside fruit water exercising vegetables**



- 1 Dad is washing his hands.
- 2 Mom is drinking water.
- 3 Max is eating fruit.
- 4 Gina is eating vegetables.
- 5 Lucy is exercising.
- 6 Ollie is playing outside.

3 Read and write.

- ☐ I'm healthy! I drink a lot of
☐ 1 water and I eat a lot of fruit
☐ and 2 _____. I remember to
☐ wash my 3 _____ before I eat.
☐ My teeth are healthy because I remember
☐ to go to the 4 _____. I feel
☐ good in the morning because I go to
☐ 5 _____ early every night.



4 What do you remember or forget to do? Check ✓. Then write.

| | | | |
|-------------------|---|--|--|
| | | | |
| I remember to ... | ✓ | | |
| I forget to ... | | | |

| | | | |
|-------------------|--|--|--|
| | | | |
| I remember to ... | | | |
| I forget to ... | | | |

- 1 I remember to drink water.
 2 _____
 3 _____
 4 _____
 5 _____
 6 _____

1 Look, read, and circle Yes or No.

1 I drink water six times a day.

Yes

No

2 I brush my teeth twice a day.

Yes

No

3 I eat fruit twice a day.

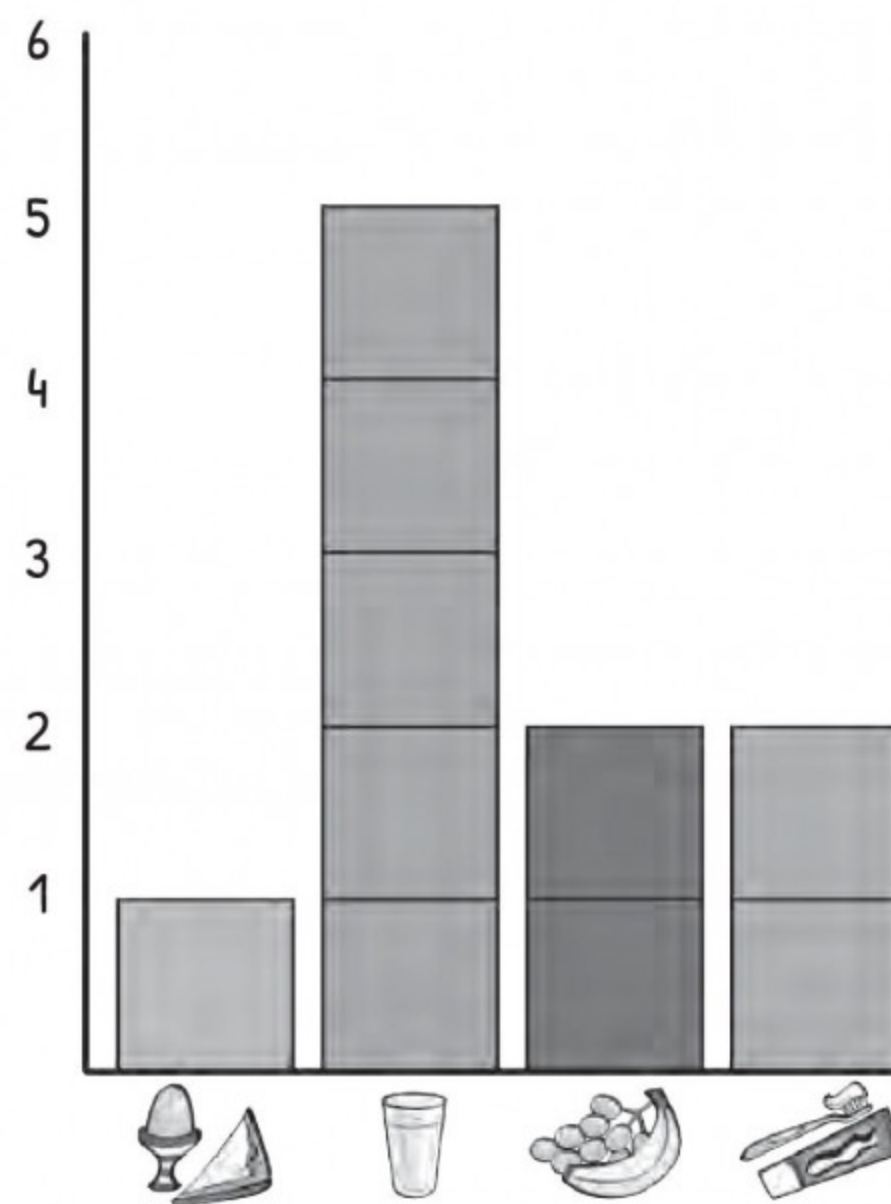
Yes

No

4 I have breakfast three times a day.

Yes

No



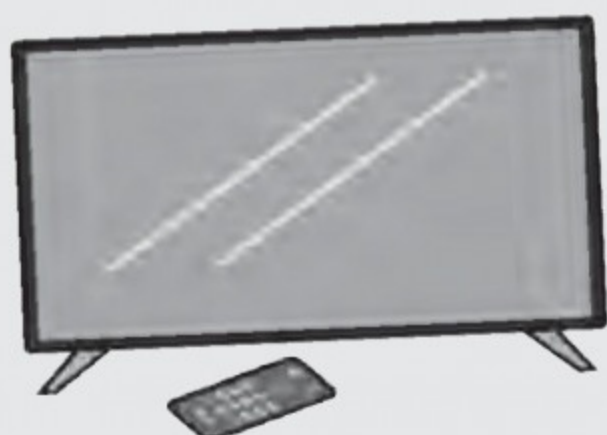
2 Answer for you.



1 How often do you eat vegetables?
I eat vegetables _____.



2 How often do you play outside?
I play outside _____.



3 How often do you watch TV?
I watch TV _____.



4 How often do you drink juice?
I drink juice _____.

3 Look, read, and write.

once a week

twice a month

four times a month

every Sunday

every day

four times a week

Rob

- 1 Rob takes a shower four times a week.
- 2 He goes to the movie theater twice a month.
- 3 He eats pizza four times a month.
- 4 He bakes cupcakes every Sunday.
- 5 He plays table tennis every day.
- 6 He skateboards once a week.

4 Look at Rob's diary. Write.

- 1 How often does Rob play soccer?
Twice a week.
- 2 _____ does he go shopping?
_____ a week.
- 3 _____ does he go to the library?

- 4 _____ does he get up early?

| Name: Rob | | | My Week | | |
|------------------|-----------------------|------------------|-----------------------|------------------|-----------------|
| Mon | Tue | Wed | Thur | Fri | Sat |
| get up early | get up early | get up early | get up early | get up early | |
| play soccer | go to the library | | go to the library | play soccer | go shopping |

1 Write the verbs. Then look and number. ~~do~~ do go go play play

1 do art

2 _____ swimming

3 _____ volleyball

4 _____ video games

5 _____ fishing

6 _____ karate

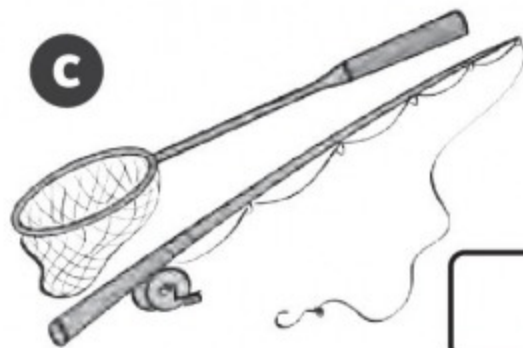
a



b



c



d



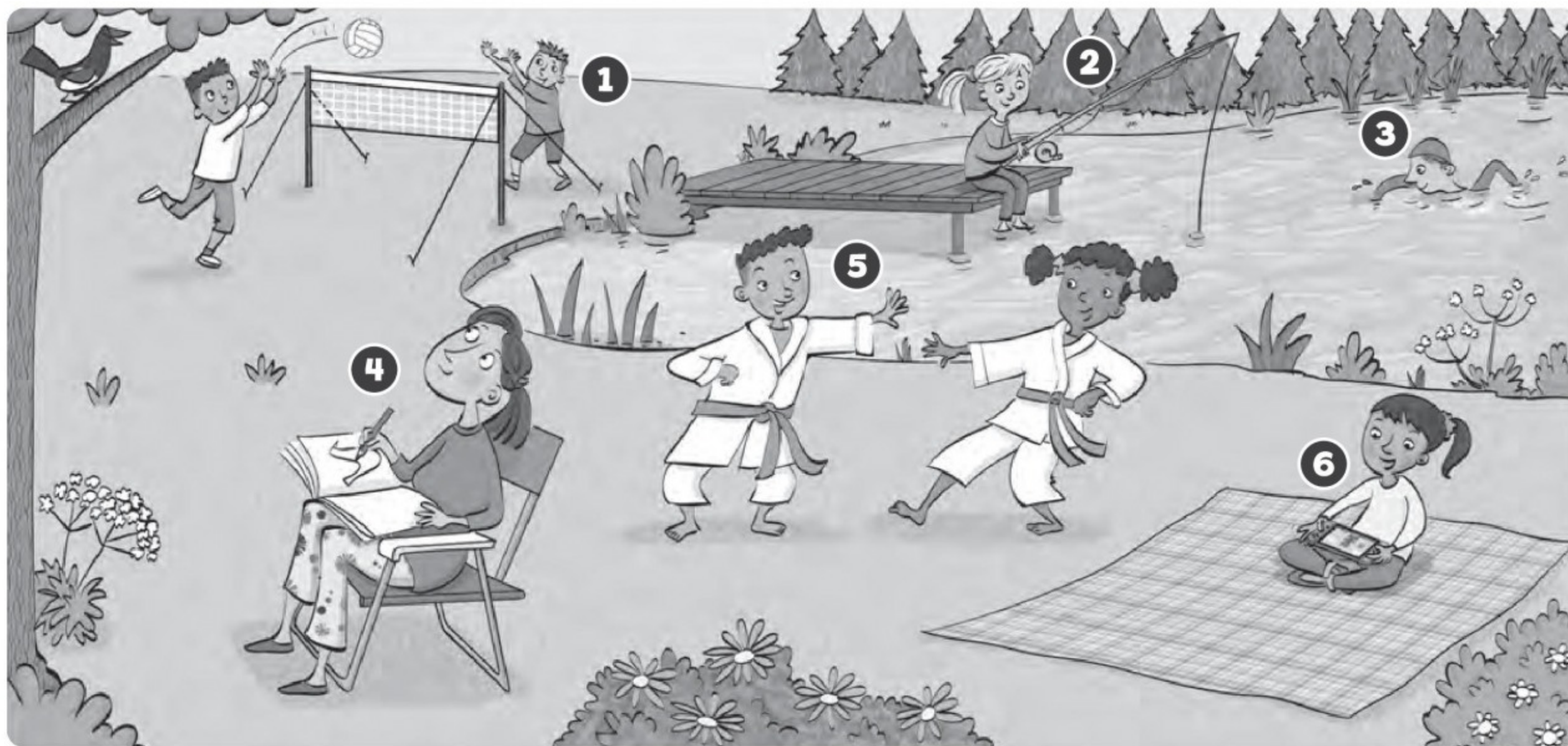
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2 What do they do to relax? Look and write.



1 They play volleyball.

2 She _____.

3 He _____.

4 She _____.

5 They _____.

6 She _____.