

OXFORD UNIVERSITY PRESS

Starter
Let's Cook!
page 4

Cooking and measuring words • Functional Language

How much ...?

How many ...?

	Lesson 1 Words	Lesson 2 Grammar	Lesson 3 Words and Grammar
1 Healthy Living page 6	Healthy habits Functional Language I forget to I remember to	How often do you? (with Expressions of Frequency) How often? (he/she/it)	Free time activities Adverbs of Frequency (always, often, sometimes, never)
2 In the Kitchen page 16	Food Functional Language We need What else? We need, too.	Count and Noncount Nouns (Affirmative) Count and Noncount Nouns (Questions and Negative)	Cooking (Verbs) Adverbs of Manner

## Review Units 1 and 2 pages 26-27

3 Family Life page 28	Chores Functional Language How do you help at home? I have to	Simple Past Regular Verbs (Affirmative) Simple Past Regular Verbs (Negative)	Party preparations Had to
Our History page 38	Everyday things Functional Language I think it's years old. Yes, I agree. / I'm not sure.	Simple Past Irregular Verbs (Affirmative) Simple Past Irregular Verbs (Negative)	A Roman town Simple Past (Yes / No Questions)

#### Review Units 3 and 4 pages 48-49

School Life page 50	Places in school Functional Language It's over there. On the left / right / straight ahead.	Object Pronouns (me, you, him, her, it) Object Pronouns (them, us)	School rules Must and must not
6 Vacation Plans page 60	Vacation activities  Functional Language  Why don't we? I'd rather	Going to for Future Plans (I / you) Going to for Future Plans (he / she / we / they)	Things to pack Going to for Future Plans (Yes / No Questions)

### Review Units 5 and 6 pages 70-71

The World of Animals page 72	Animals  Functional Language  What's a like?  It has  It can  It's	Comparative Adjectives Superlative Adjectives	Animal actions Comparative and Superlative Adverbs
8 Fun at Home page 82	TV shows  Functional Language  What's on TV?  There's a good at	Relative Pronoun Statements Relative Pronoun Questions	Activities at home Simple Present with Present Progressive

Review Units 7 and 8 pages 92-93

Lesson 4 Story	Lesson 5 Skills and Culture
Busy Ben Emotional Well-being Dealing with stress	Exercise in Brazil and China  Project Extra Healthy Living Game
A Giant Omelet Emotional Well-being Learning from mistakes	Traditional food from Spain and Morocco  Project Extra Recipe Book
The Farmyard Party Emotional Well-being Doing your part	Project Extra Family Festivals Poster
The Two Brothers Emotional Well-being Learning to forgive	History in Norway and Egypt  Project Extra Museum Display
The Friendship Chain Emotional Well-being Being kind	School transportation in Canada and Switzerland  Project Extra Our Amazing School
The Town Mouse and the Country Mouse Emotional Well-being Embracing new opportunities	Places to vacation in the U.K. and Ukraine  Project Extra Class Trip Leaflet
The Mouse and the Lion Emotional Well-being Helping others	Animals in Belize and Australia  Project Extra Animal Game
Family Night Emotional Well-being Overcoming disappointment	Hobbies in Japan and Denmark  Project Extra TV Show Poster



Talk about the recipe. What do you need for Grandma's Apple Cake? Say.



We need one kilogram of flour.

We need one tablespoon of spices.



# Shopping Continues of the Continues of t

Dad: Lily, you have the shopping list for Grandma's Apple Cake. How much flour do we need?

Lily: We need one kilogram

of flour.

Dad: How many apples do

we need?

Lily: We need four apples ...

and half a lemon!

Dad: OK. And how much oil

do we need?

Lily: Let me see ...



6 Read, listen, and repeat. 1004

**How much** flour do we need? One kilogram.

**How many** apples do we need? Four apples.



Zeros at the recipe for Grandma's Apple Cake. Ask and answer.



How many apples do we need?

We need four apples.

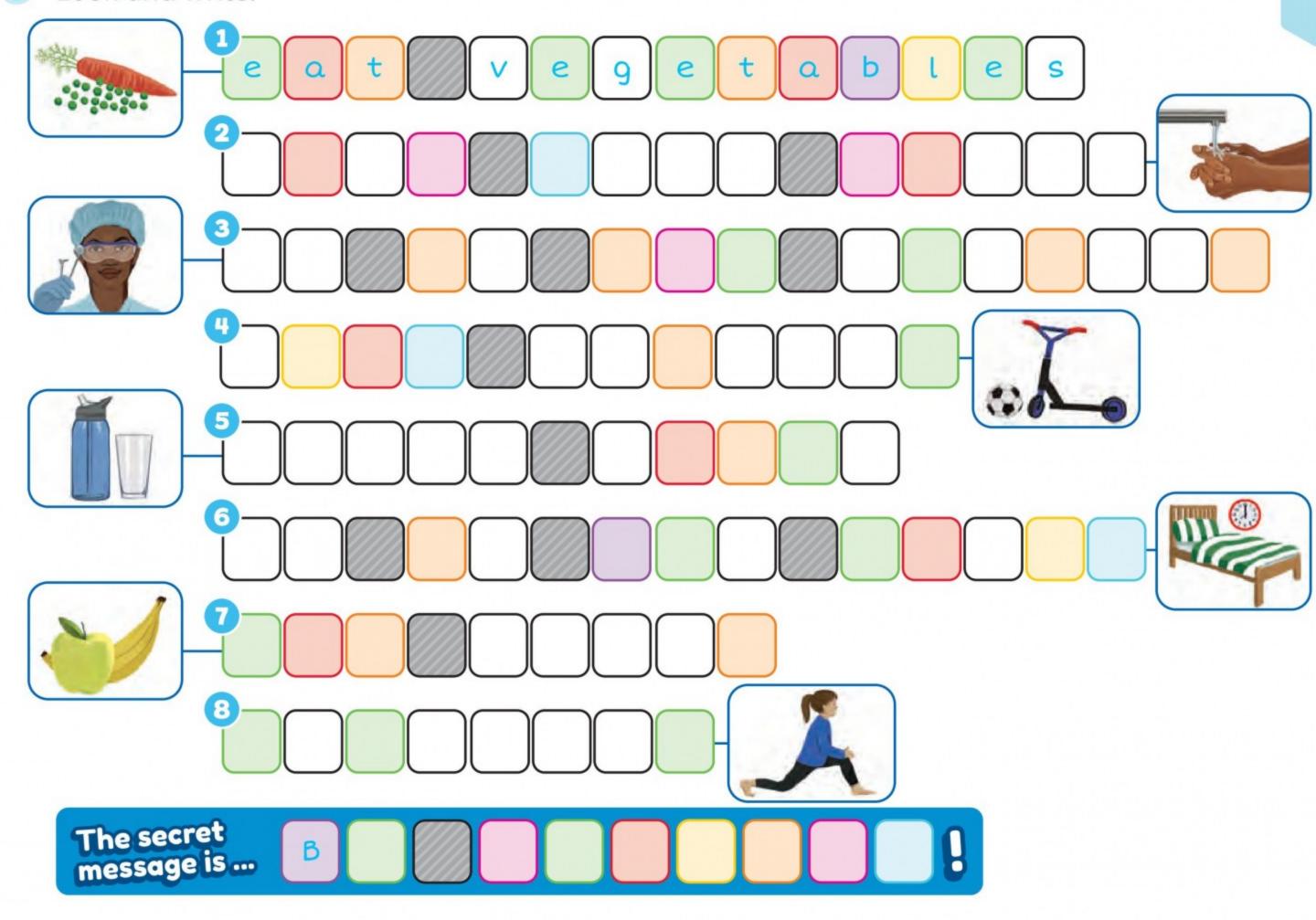
How much flour do we need?

We need one kilogram.





Look and write.



Read, listen, and repeat. 10007

I remember to drink water.



Talk with your friend.



I forget to drink water at school.

Me too. But I remember to wash my hands.



Good job. That's healthy!

Team Extra Up!

Be Healthy Reminders



# 1

### **Lesson 2** Grammar

Let's talk about how often we do things.



1 Listen and follow. 1008



But, Omar ... How often do you go to sleep early?

Well ... I read in bed every night. So ...

Oh, Omar!

2 Read, listen, and learn. 🗐 009

How often do you eat vegetables?	I eat vegetables <b>every day</b> .
How often do you brush your hair?	I brush my hair <b>once a day</b> .
How often do you brush your teeth?	I brush my teeth <b>twice a day</b> .
How often do you wash your hands?	I wash my hands <b>five times a day</b> .

Look! We say once and twice, but we say three four five + times.

3 Listen and match. 🗐 010

five times a day

four times a day

three times a day

twice a day

once a day



Listen and repeat. 1011 Ask and answer.



How often do you play outside?

I play outside three times a day.



5 Read, listen, and learn. ◆ 012



**How often does he** go to the dentist? He goes to the dentist **every year**.

**How often does she** exercise? She plays soccer **three times a week**.





Look! We can talk about how often we do things using every day week month year.

6 Look and check ✓ or cross X.



- **1** Amy gets up early every day.
- X
- **2** She exercises four times a week.
- **3** She eats fruit every day.

- 4 She eats vegetables three times a week.
- **5** She goes to bed early five times a week.
- **6** She goes to bed late once a week.
- Zisten and repeat. 1013 Look at 6. Ask and answer.



How often does Amy get up early?

She gets up early every day.

How often does Amy go to bed late?

She goes to bed late twice a week.



Healthy Living Quiz

