

OXFORD

# Oxford Discover Futures



Janet Hardy-Gould  
Alex Paramour

Workbook

1



OXFORD  
UNIVERSITY PRESS

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Workbook

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e-book interactive features

Janet Hardy-Gould  
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- 1** Study the reading strategy. Then skim the two texts on page 5 and choose the correct answers.



### Reading strategy

#### Identifying text types

Different types of text use different language and design. Think about what type of text you are reading and what kind of information you expect to find in it. This will make it easier to understand.

- 1 What is Text A?  
a a website    b a story    c a leaflet
- 2 What is Text B?  
a an email    b a blog post  
c a magazine article
- 3 Which text(s) is/are trying to sell something?  
a Text A    b Text B    c both texts
- 4 In which text(s) can you find personal opinions?  
a Text A    b Text B    c both texts
- 5 In which text(s) can you find some factual information?  
a Text A    b Text B    c both texts

- 2** Read the texts and decide if the sentences are true (T) or false (F). Correct the false sentences.

- 1 Camp Morland is for teenagers aged thirteen to eighteen. ....  
.....
- 2 There's a lunch break of one hour. ....  
.....
- 3 Emi and her sister have different plans for the summer. ....  
.....
- 4 Emi says that people usually have good ideas when they're very busy. ....  
.....
- 5 Emi doesn't like doing schoolwork. ....  
.....

- 3** Read the texts again and answer the questions. Find the sentence in the text that gives you this information.

- 1 Does Izzy usually prefer getting up late when she isn't at Camp Morland?  
.....  
.....  
.....

- 2 Does Carlos always enjoy his summer vacation?  
.....  
.....  
.....

- 3 Does Emi play a musical instrument?  
.....  
.....  
.....

- 4 Does Emi have any pets?  
.....  
.....  
.....

- 4** How do you like spending your time when you're not at school? Do you prefer to have a lot of plans or a lot of free time? Why?  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....



A

# GET READY FOR NON-STOP ACTION AT CAMP MORLAND!



## WHAT IS CAMP MORLAND?

Camp Morland is an exciting summer camp for 13- to 16-year-olds. We offer over 100 activities, including sports, art, music, dancing, and cooking.

## WHAT IS A TYPICAL DAY LIKE?

The day starts at 7:15. We have breakfast and then the first activity starts at 9:00. We stop for lunch at noon, and at 2:00 it's time for afternoon activities. Dinner is at 6:00 and then there are fun events, like parties and games. It's awesome!

## WHAT DO OUR CUSTOMERS SAY?

"This is my third summer at Camp Morland and I love it. I'm not a morning person, but getting out of bed is easy here because there are so many fun things to do!"

Izzy, 15

"I'm usually bored at home during summer vacation, but not this year! My favorite thing about Camp Morland is the people.

Everyone is really friendly."

Carlos, 13

**DON'T WASTE THE SUMMER DOING NOTHING — SPEND IT AT CAMP MORLAND!**

To discover our fantastic low prices, visit [www.camp-morland.com](http://www.camp-morland.com) or call 08081 570573

B

# The power of doing nothing

Posted by Emi | July 5

The summer is here at last! My sister is getting ready to go to summer camp, but I'm spending my vacation at home. My sister thinks I'm wasting the summer doing nothing, but I don't agree. In this post, I want to explain why. And no – it isn't because I'm lazy!

What is "doing nothing," anyway? Am I doing nothing when I'm reading? Hanging out with friends? Talking with my family? Daydreaming? Sleeping? These are the things that make me happy! How can they be a waste of time?

I think it's important to be bored sometimes. It gives us space to think and explore. I never have a great idea for a blog post when I'm running from soccer practice to my violin lesson. But scientists believe that when we're relaxing, our brains are still working. Ideas often come to me like magic when I'm taking the dogs for a walk. We use our imagination and discover who we really are when we have free time – and I mean *real* free time, not organized activities.

I have hobbies, I love learning, and I'm a good student. But I want to have time to enjoy the things that I'm doing. For me, life is about the quality of my experiences, not the number of different activities that I can do in one day.







## Talking about time

- 1** Choose the correct verbs to complete the sentences.
- I play the piano, but it's difficult to ... time to practice.  
a waste      b find      c share
  - The train trip from Moscow in Russia to Beijing in China ... seven days.  
a takes      b spends      c makes
  - I write very slowly, so I always ... time during exams.  
a save      b run out of      c have
  - We usually ... our summer vacation in Turkey because my grandparents live there.  
a share      b save      c spend
  - I like walking, but I sometimes get the bus to ... time.  
a make      b find      c save

- 2** Complete the tips with appropriate time verbs.

João\_07 | June 26 | 16:08

### Studying for exams: top tips

I have a big exam next week, and I only  
<sup>1</sup> ..... a few days to study for it.  
Do you have any useful tips?

**Eva\_G** | June 26 | 16:35

Work hard, but <sup>2</sup> ..... time for breaks, too. Don't <sup>3</sup> ..... four hours sitting at your desk without moving. Every hour, try to take a break for ten minutes.

**Lara** | June 27 | 11:42

When you're at your desk, concentrate on your work. Don't <sup>4</sup> ..... precious time looking at social media or playing games. I put my phone in another room, and I <sup>5</sup> ..... hours that way!

**Giulia** | June 27 | 14:10

Do practice exams and use a timer to check how long each part <sup>6</sup> ..... It's important to know this so that you don't <sup>7</sup> ..... time during the real exam.

**Ed** | June 27 | 18:10

It's more fun when you <sup>8</sup> ..... your study time with friends and study together. Teaching other people is a great way to learn.

## Uses of *get*

- 3** Are these sentences true for you? Write A (always), S (sometimes), or N (never).

On school days, ...

- I get up before 7 a.m. ....
- I get the bus to school. ....
- I get some exercise at lunchtime. ....
- I get home after 5 p.m. ....
- I get to bed early. ....

- 4** Complete the article. Use expressions with *get* and the words below.

a lot of exercise    to bed early    the bus  
to school    up    very tired



## What's it like to grow up on a farm?

Clara is 14 years old and she lives on a farm in Wyoming, US, with her family.

*What do you like about living on a farm, Clara?*

Being close to nature all the time. We live in a beautiful place, and my sisters and I spend a lot of time outside. My parents' farm is really big, so we <sup>1</sup> ..... walking in the fields. We don't need to go to the gym!

*What isn't so good about farm life?*

It's hard work, and we don't have a lot of free time. We need to <sup>2</sup> .....

at 5:30 a.m. every day to help with chores on the farm. We can't stay up late or we

<sup>3</sup> ..... We always need to

<sup>4</sup> ..... – I usually go to bed at 9:00 p.m.

*What's a typical weekday morning like for you?*

In the morning, I help to feed the animals.

That takes about an hour. At 7:15, I go back to the house to have a shower and have breakfast. I need to be quick because I

<sup>5</sup> ..... to school, and it stops at the farm at 7:45. I <sup>6</sup> ..... at

about 8:20 and start classes at 8:30.



## Talking about facts, routines, and actions in progress

- 5 Do the underlined verbs in the article refer to facts (F), routines (R), or actions in progress (AP)?



It's 5:00 a.m. and Max and Lisa Wolff <sup>1</sup>are ..... already at work. They <sup>2</sup>are baking ..... bread and cakes in their bakery in Sydney, Australia. The bakery opens at 6:00 every day, so they <sup>3</sup>get up ..... very early. The Wolffs <sup>4</sup>are ..... originally from Germany, and they <sup>5</sup>sell ..... German bread and cakes in their bakery. Right now, Max <sup>6</sup>is making ..... *Franzbrötchen*, traditional pastries from the city of Hamburg. Max <sup>7</sup>bakes ..... *Franzbrötchen* every day because the customers <sup>8</sup>love ..... them. Today <sup>9</sup>is ..... Saturday, so 16-year-old Ben <sup>10</sup>is helping ..... his parents. He <sup>11</sup>goes ..... to school from Monday to Friday, but he spends weekends at the bakery. "I need to get up very early, but I really <sup>12</sup>enjoy ..... working here," he says. "It's fun."

- 6 Complete the questions about the article from exercise 5 using the words in parentheses. Then answer them with complete sentences.

- 1 When ..... ?  
(the bakery / open)
- 2 ..... in Germany?  
(the Wolffs / live)
- 3 What ..... right now?  
(Max / make)
- 4 ..... in the bakery today?  
(Ben / help)
- 5 ..... there on weekdays?  
(he / work)

- 7 Are the underlined verbs correct or incorrect? Check (✓) them or write an X. Then correct the mistakes.

- Ed <sup>1</sup>Are you thinking ..... you're good at managing your time?  
 Abi Yes, I do. I'm pretty organized. <sup>2</sup>I hate ..... leaving things until the last minute.  
 Ed Do you usually do homework before dinner?  
 Abi No, <sup>3</sup>I'm not ..... . When I get home, I always watch TV. I concentrate better after a break.  
 Ed <sup>4</sup>Are you having ..... activities after school?  
 Abi Yes, I do. <sup>5</sup>I learn ..... to play the guitar right now. I try to practice every day because <sup>6</sup>I'm wanting ..... to play in a band.  
 Ed <sup>7</sup>Do you like ..... being busy?  
 Abi I think it's good to be busy, but <sup>8</sup>I'm believing ..... free time is important, too.

- |   |       |   |       |
|---|-------|---|-------|
| 1 | ..... | 5 | ..... |
| 2 | ..... | 6 | ..... |
| 3 | ..... | 7 | ..... |
| 4 | ..... | 8 | ..... |

## Talking about frequency

- 8 Look at the infographic. Complete the sentences using adverbs of frequency and the verbs.

### How busy are students in Class 4B?

In a typical week, on how many days do you have activities after school?

Every day	♂	♂ = one student
Four days	♂♂♂♂	
Three days	♂♂♂♂♂♂♂♂	
One or two days	♂♂♂♂♂♂♂♂♂♂♂♂	
None	♂♂	

### How often do you feel tired in class?

All the time	
Almost all the time	♂♂♂♂
Some of the time	♂♂♂♂♂♂♂♂♂♂♂♂♂♂♂♂
Not at all	♂♂♂♂♂♂♂

Most students in Class 4B have after-school activities, and only two students <sup>1</sup> ..... (do) anything after school. One student <sup>2</sup> ..... (be) busy with something. Being tired is a problem for a few people: four students say that they <sup>3</sup> ..... (feel) tired at school. A lot of students <sup>4</sup> ..... (be) tired in class. Seven students say they <sup>5</sup> ..... (feel) tired.





**9 Complete the sentences using the adverbs of frequency and the verbs.**

always / not go    often / be    sometimes / start  
usually / eat    usually / not be

## SCHOOL DAYS AROUND THE WORLD

- 1 In the US, the school day begins early. Students ..... classes at 7:30 a.m. or even earlier.
- 2 In Japan, students ..... together in their classrooms at lunchtime.
- 3 In Norway, the lunch break ..... very long. Many students have 20 minutes to eat their lunch.
- 4 Students in South Korea work very hard. They ..... at school until 11 p.m.
- 5 In Brazil, students ..... to school in the morning. Some have classes in the afternoon instead.

### Planner events

**10 Match the events to the categories.**

basketball game    day trip to the beach  
dentist's appointment    doctor's appointment  
guitar lesson    IT project    science exam  
soccer practice    violin exam

1	Sports		
2	Music		
3	Academic subjects		
4	Health		
5	Fun		

**11 Write three events that you have in your planner for the next two weeks.**

- 1 .....
- 2 .....
- 3 .....

**12 Combine nouns from each box to complete the events in Jack's planner.**

basketball    doctor's    guitar    history  
math    school

appointment    exam    game    lesson  
project    trip


Monday	4:00: <sup>1</sup> ..... against Oakfield High School - Van leaves at 3:15 - Remember sneakers!!!
Tuesday	3:15: <sup>2</sup> ..... with Mrs. Murphy - Music Room 3
Wednesday	4:30: work on <sup>3</sup> ..... (Jesse's house) - take laptop - find books about Ancient Rome
Thursday	9:00: <sup>4</sup> ..... (2 hours) - Study Units 3 and 4 of book - No calculators allowed!  4:35: <sup>5</sup> ..... - Dr. Rose, Brookfield Medical Center
Friday	<sup>6</sup> ..... to Warwick Castle! - Take lunch and a drink - Meet in the parking lot at 8:10

**13 CONSOLIDATION Answer the questions with your own ideas. Write complete sentences.**

- 1 How much time do you spend doing creative activities like art or music? Do you enjoy these kinds of activities?  
.....  
.....
- 2 How long does it usually take you to get to school? Do you think you have an easy or difficult trip? Why?  
.....  
.....
- 3 What time do you usually get home from school? What do you do after school?  
.....  
.....
- 4 How often do you get to bed early? Do you get enough sleep? Why? / Why not?  
.....  
.....



## Listening


- 1  1.01 Study the listening strategy, then listen to the conversation. Who are the speakers and what is the situation? Choose the correct answers.



### Listening strategy

#### Understanding the context

The first time you listen, try to figure out who the speakers are and what the situation is. This will help you understand the context of what is happening.

- 1 Joe and Olivia are ...  
 a at home.  
 b in a cafe.  
 c in a mall.
- 2 They need to ...  
 a organize a party.  
 b buy a present.  
 c make a cake.
- 3 They're ...  
 a cousins.  
 b classmates.  
 c brother and sister.
- 2  1.01 Listen again and complete Joe and Olivia's planners with events a–f.
- |                |                   |
|----------------|-------------------|
| a soccer game  | d lunch with Suzy |
| b homework     | e school trip     |
| c piano lesson | f concert         |

#### Joe

Wednesday 16

Thursday 17

1

Friday 18

2

Saturday 19

3

Sunday 20

#### Olivia

Wednesday 16

4

Thursday 17

Friday 18

Saturday 19

5

Sunday 20

6

- 3 When do Joe and Olivia finally agree to meet?

## Speaking

- 4 Complete the dialogue with the sentences a–f.
- Are you free on Sunday afternoon?
  - Do you have any plans for this weekend?
  - I'm busy in the afternoon.
  - I have a math test on Monday morning.
  - It's her birthday next week.
  - There's a free music festival this weekend.



Join us for two days of outdoor concerts  
 Jazz, rock, salsa, swing, reggae, hip-hop,  
 and more!

July 24–25 | 10 a.m. – midnight |  
 Meadow Park

**FREE!**



- Ava 1 .....
- Sara No, I don't. Why?
- Ava 2 ..... Do you want to go with me? It's in the park. I go every year, and there are always really good bands.
- Sara That sounds fun! Oh no – wait! I forgot. 3 ..... It's my little sister's party on Saturday. And in the morning I need to help my parents prepare the food.
- Ava Is it your sister's birthday?
- Sara 4 ..... But the party is tomorrow.
- Ava No problem. The festival is on all weekend. 5 .....
- Sara Yes, I am. 6 ..... But I can study for that in the morning.
- Ava Great!

- 5 You invite a friend to go to an event with you. Write a dialogue. Choose one of these events or use your own idea. Use phrases from exercise 4.

- a street food festival
- a movie that your local movie theater is showing this week



## A forum post

# Your World Forum

## Mealtimes in different countries

From Ella | 13 years | New Zealand

Hello! I'm doing a project at school about mealtimes around the world. Could you please answer these questions about your meals on a typical weekday?

- What time do you have breakfast, lunch, and dinner?
- Do you have any snacks during the day?
- What do you eat?
- Do you eat at home or at school?

Thanks! 😊



Reply from Sam | 12 years | Kenya

I'm from Nairobi, the capital of Kenya. I get up early on weekdays <sup>1</sup>..... I live ten kilometers from my school. I have breakfast at home at 6:45. I usually eat fruit and cereal, but I sometimes have *uji*. *Uji* is made with flour and warm milk, <sup>2</sup>..... it's great when it's cold outside.

I have lunch in the school cafeteria at 1:30. I think it's too late <sup>3</sup>..... I get hungry at 12:00. We often have *githeri*. It's made with maize and beans, and I think it's a good lunch <sup>4</sup>..... it gives you a lot of energy.

I get home from school at 5:30 and have a snack – usually bread or fruit. Later, at 7:00, we have dinner. We often have *sukuma wiki*, a dish made from vegetables. It's healthy, cheap, and tasty, <sup>5</sup>..... it's popular in Kenya.



### 1 Read Sam's post and answer the questions.

- 1 What time does Sam have breakfast, lunch, and dinner?

.....

- 2 Are your mealtimes the same or different on a typical weekday?

.....

- 3 How many kinds of Kenyan food does Sam write about?

.....

- 4 Why does he explain to his readers what these are?

.....

### LANGUAGE POINT *because, so*

- 2 Complete Sam's post with *because* or *so*.

- 3 Choose *because* or *so* and complete the sentences with true information about you and your meals.

- 1 I usually have breakfast at ..... *because / so* .....

- 2 At lunchtime, I often ..... *because / so* .....

- 3 ..... *because / so* I have a snack.

- 4 I have dinner at ..... on weekday evenings *because / so* .....



## Task A forum post

- 4 You are going to write a post for the forum about mealtimes, answering Ella's questions. Choose one of these places.

- your country or region
- another country or region that you know about

## Think and plan

- 5 Think of some ideas for your forum post. Complete the chart.

Breakfast	
What time?	
What?	
Where?	
Lunch	
What time?	
What?	
Where?	
Dinner	
What time?	
What?	
Where?	
Snacks	
What time?	
What?	
Where?	

- 6 Study the writing strategy. Then think about the readers of your forum post and answer the questions.



## Writing strategy

### Thinking about your audience

Before you write, always think about who you are writing for. This will help you to decide what to write and how to write it.

- 1 How old do you think most of the readers are?  
.....
- 2 Where do you think the readers are from?  
Are they all from your country or region?  
.....
- 3 Look at your notes from exercise 5. What do you need to explain to someone who isn't from your country or region?  
.....  
.....  
.....

## Write a first draft

- 7 Write a first draft of your forum post. Write 120–150 words. Use your answers from exercises 5–7 to help you.

## Review and edit

- 8 Read through your first draft. How can you improve it? Use the checklist to help you.



## Writing checklist

### Content

- Does it answer all of Ella's questions? ☐
- Does it include some opinions? ☐
- Did you think about your readers? Is your post easy for them to understand? ☐
- Is it interesting for people from other countries? ☐
- Is it too long or too short? ☐

### Language

- Did you use *because* and *so* correctly? ☐
- Is your spelling correct? ☐
- Is your grammar correct? ☐

### Organization

- Is your information in a logical order? ☐

- 9 Now write a final draft of your post.



## Reading to learn

- 1** Look at the texts on page 5. What are they?  
Choose two kinds of text below.

a blog post   an email   an essay   a leaflet  
a magazine article   a story

- 2** Can you think of two differences between these kinds of text you chose in exercise 1?  
Think about these things:

where you usually find them  
why people write them  
their design  
the language they use

- 1 .....  
.....  
2 .....  
.....

- 3** Why is it important to think about the kind of text you're reading?

.....  
.....

## Vocabulary and Grammar

### Talking about time

- 4** Think of six verbs that you can use with the noun *time*.

.....  
.....  
.....

- 5** Think of one way that you often ...

- 1 save time.  
.....  
2 waste time.  
.....

### Uses of *get*

- 6** Think of one more phrase with *get* in each group.

- 1 **get = become:** get tired,  
.....  
2 **get = use (transportation):** get a taxi,  
.....  
3 **get = arrive:** get to school,  
.....  
4 **get + preposition:** get on,  
.....

- 7** Do you think diagrams are a good way to remember groups of words and phrases?  
If so, why?

.....  
.....  
.....

### Talking about facts, routines, and actions in progress

- 8** Write five things that you do every weekday.

- 1 ..... *I get up.* .....  
2 .....  
3 .....  
4 .....  
5 .....  
6 .....

- 9** Write questions using the simple present or present continuous. Then write answers that are true for you.

- 1 what / you / do / right now?  
.....  
.....  
2 you / sit / at a desk / right now?  
.....  
.....  
3 when / you / usually / do your homework?  
.....  
.....  
4 how often / you / get / homework?  
.....  
.....  
5 what language / you / study / right now?  
.....  
.....

- 10** What tense would you *mostly* use in each of these situations: the simple present (SP) or the present continuous (PC)?

- 1 A friend phones you and asks you if you're busy right now. ....  
2 An exchange student asks you to describe a typical school day in your country. ....  
3 Someone asks you what kind of movies you like. ....  
4 Your friend's parents ask you about your favorite food. ....  
5 You're late for a party. A friend phones you and asks why you aren't there. ....