

# On the Pulse

2<sup>nd</sup> Edition

with  
student  
app  
&  
skills  
builder

student's book + workbook

1

› Silvia C. Tiberlo › Catherine McBeth

 **macmillan**  
education

# On the Pulse

2nd Edition



> Silvia C. Tiberio > Catherine McBeth

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(Turn your book upside down to find fast finishers activities for every unit.)

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# Welcome to my world!

## Vocabulary

### School things

- 1 02 Match the photos to the words in the box. Then listen and check.

Hello! My name's James and this is the science class. Welcome to the classroom!



- |            |                          |                    |                          |
|------------|--------------------------|--------------------|--------------------------|
| a notebook | <input type="checkbox"/> | a pencil sharpener | <input type="checkbox"/> |
| a book     | <input type="checkbox"/> | a rubber           | <input type="checkbox"/> |
| a laptop   | <input type="checkbox"/> | a pencil case      | <input type="checkbox"/> |
| a ruler    | <input type="checkbox"/> | a desk             | <input type="checkbox"/> |

- 2 Find these things in your classroom.

a board a pen a pencil a desk a chair  
a school bag a sheet of paper a binder

## The alphabet

- 3 03 Listen and repeat the alphabet.



- 4 04 Listen and write the three names.

### 5 Read the conversation.

- What does 'notebook' mean?
- It means 'cuaderno'.
- What's 'carpeta' in English?
- It's 'binder'.
- How do you spell that?
- B-I-N-D-E-R

- 6 In pairs, choose things from your classroom. Role play the conversation in Exercise 5.



# Listening & Speaking

## Meeting and greeting

1 Before you watch the video > Look at the photo. Where are they?



2 05 Watch the video and listen for general ideas > Answer. What's the name of the girl?

3 05 Watch the video and listen for details > Complete the conversation.

Hello. What's your name?	Hi! My name's Rebecca.
Nice to meet you, Rebecca.	Nice to meet you too!
Where are you from?	I'm from (1) _____.
Oh, really? Where, exactly?	Ballyboden, near (2) _____.
Welcome to the class, Rebecca!	Thanks!
You can sit here, next to (3) _____.	OK, great.

4 Answer about you.

- 1 What's your name?
- 2 Where are you from?
- 3 Where, exactly?

5 Speak > Role play in pairs.

- 1 Role play the conversation in Exercise 3.
- 2 Write a new conversation. Use Rebecca's conversation as a model.
- 3 Role play the new conversation. Remember to change roles.

Keep it going!

When you meet someone for the first time, it's polite to say:

**Nice to meet you.**

The other person says:

**Nice to meet you too!**

# 3 MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5 6.30pm Cinema with James	6 Swimming class 10.15am
7	8 <i>Back to school</i>	9 French class 7pm	10	11 7.45pm Argentina vs Brazil	12	13 Swimming class 10.15am
14	15	16 French class 7pm	17	18	19	20 Swimming class 10.15am
21	22	23 7pm French class	24	25 <i>My Birthday</i>	26	27 <i>BIRTHDAY PARTY!</i>
28	29	30 7pm French class	31 <i>Katy's Birthday</i>			

## Vocabulary

### Months and dates

- 1 06 Write the twelve months of the year in the correct order. Then listen and check.

January,...

- 2 Look at the calendar. In turns, read out the dates.

- the first of March
- the second of March



We write: 2nd March  
We say: the second of March

## Days of the week and the time

- 3 Look at the calendar again. Complete the sentences with the correct days of the week and times.

- Vicky's French classes are on ... . They're at ... o'clock.
- Her swimming classes are on ... . They're at ... past ... .
- Vicky's date with James is on ... at ... past ... .
- The Argentina vs Brazil match is on ... , 11th March at quarter ... eight.

Hi! My name's Vicky. Today is Sunday, 7th March and school starts tomorrow! This is a very busy month for me — and a special month too! My birthday is on 25th March and my sister's birthday is on 31st March!



## Family

- 4 07 Match the people in the photo to the words in the box. Then listen and check.

dad ☐ brother ☐  
mum ☐ sister ☐



- 5 Write other family words you know.

aunt,...

## Reading

### A calendar

1 Read the information on page 6 again and answer.

- When is Vicky's birthday?
- When is her birthday party?
- Who is Katy?
- When is her birthday?



*It's Vicky's birthday. = It's her birthday.  
It's James's birthday. = It's his birthday.  
My brothers' names are Dan and Jake. =  
Their names are Dan and Jake.*

## Grammar

### Possessive adjectives

2 Complete the table.

#### Subject pronouns

I	you	he	she	it	we	they
---	-----	----	-----	----	----	------

#### Possessive adjectives

my				its	our	
----	--	--	--	-----	-----	--

3 Write three sentences about your family.

*My dad's name is Pablo. His birthday is on 3rd April. He is 45 years old.*

## Vocabulary

### Countries and languages

4 08 Complete the table with the countries in the box. Then listen and check.

the UK   Australia   Ireland   Portugal  
Argentina   Japan   Spain   Morocco  
New Zealand   Brazil   Canada   China  
the USA   Kenya   France

Africa	
Asia	
Australasia	
Europe	
North America	
South America	

5 Look at these capital cities. Write sentences.

London   Canberra   Brasilia   Madrid  
Washington, DC   Buenos Aires  
Nairobi   Beijing   Ottawa

*London is the capital of the UK.*

6 Where do people speak these languages? Write sentences.

Portuguese   Spanish   Mandarin  
French   English   Arabic

*People speak Portuguese in Portugal and Brazil.*



*people = plural*

*British people is from the UK. ✗*

*British people are from the UK. ✓*





# 1 My idols and me

## Vocabulary Occupations

1 Look at the photos. Do you know these celebrities?






### Top Stars Quiz

Are you an expert on top stars?  
Do the quiz and find out!

1 Shawn Mendes ☐

2 Emma Watson ☐

3 Zac Efron ☐

4 Paula Pareto ☐

5 Kylian Mbappé ☐

a actress ★

b athlete ★

c football player ★

d actor and singer ★

e singer ★

2 09 Do the online Top Stars Quiz: match 1-5 to a-e. Then listen, check and repeat.

3 10 Listen and repeat. Then talk about other famous people. Use occupations from the quiz and from the box.

president  
model

businessperson  
youtuber

Ariana Grande is a famous singer.

4 Choose two famous people and write three sentences about each.

*Sergio 'El Kun' Agüero is a famous football player. He's from Argentina. He lives in England.*

### LEARNING TO LEARN

Write a list with the names and occupations of 10-15 famous people. Examples help you to remember new words.

# Reading

## An online quiz

1 Before you read > Look at the photos in the second part of the quiz and name the things you can see.

### Top Stars Quiz

- ☐ He's got a foundation to inspire young people to bring positive change in the world.
  - ☐ He's got about 56 million Instagram followers.
  - ☐ His father is from Portugal and his mother is from England.
  - ☐ She's from Argentina.
  - ☐ Her parents aren't from France. They're from England.
  - ☐ He helps a lot of charities and foundations.
  - ☐ She's got a brother, a half brother and two half sisters.
  - ☐ Her date of birth is 16th January 1986.
  - ☐ She says, 'I'm a big football fan.'
  - ☐ He's got three dogs and a cat.
  - ☐ They're from France.
  - ☐ He's 1.78 m tall.

- ☐ She's a doctor.
  - ☐ His date of birth is 20th December 1998.
  - ☐ His idol is Johnny Depp.
  - ☐ He's got about 41.6 million Instagram followers.
  - ☐ She's a yoga instructor.
  - ☐ His idol is Ronaldo.
  - ☐ She's 1.48 m tall.
  - ☐ He's from Canada.
  - ☐ His birthday is on 8th August.
  - ☐ She hasn't got a dog. She's got two cats.
  - ☐ He's from the USA.

24-16 You're a top stars expert!

15-9 You know a lot about stars!

8-0 Hm... Are you a true stars fan?



2 Read for general ideas > Tick the topics described in the quiz. Then do the quiz: write a celebrity's initial (S, E, Z, P, K) in each box.

- |          |                          |                      |                          |
|----------|--------------------------|----------------------|--------------------------|
| family   | <input type="checkbox"/> | idols / interests    | <input type="checkbox"/> |
| money    | <input type="checkbox"/> | friends              | <input type="checkbox"/> |
| country  | <input type="checkbox"/> | pets                 | <input type="checkbox"/> |
| birthday | <input type="checkbox"/> | other occupations    | <input type="checkbox"/> |
| cars     | <input type="checkbox"/> | physical description | <input type="checkbox"/> |
| charity  | <input type="checkbox"/> | Instagram followers  | <input type="checkbox"/> |

3 Read for details > Write two sentences for each category.

Birthday	
Physical description	
Family	
Pets	
Idols / Interests	
Other occupations	
Charity	

### COMPARING CULTURES

Write a list of top stars in your country. What are their occupations?



# Grammar

## Be and have got: affirmative, negative and Yes/No questions

### BE

**A** Analyze these sentences from the text on page 9. Underline six more examples of *be*.

I'm a big football fan.  
She's a yoga instructor.  
He's 1.78 m tall.  
They're from France.  
Her parents aren't from France.  
You're a top stars expert!  
Are you a true stars fan?

**B** Complete the tables.

#### Affirmative and negative

I	<u>                    </u>	from France.
He / She / It	<u>'m not</u> <u>'s</u> <u>isn't</u>	
You / We / They	<u>'re</u> <u>                    </u>	

#### Yes/No questions

<b>Am</b>	I	from France?
<b>Is</b>	he / she / it	
<u>                    </u>	you / we / they	

#### Short answers

Yes,	I	<u>                    </u>	<b>am.</b>
	he / she / it	<u>                    </u>	
	you / we / they	<u>                    </u>	<b>are.</b>
No,	I	<u>                    </u>	<b>'m not.</b>
	he / she / it	<u>                    </u>	<b>isn't.</b>
	you / we / they	<u>                    </u>	

**1** Complete the text with the correct form of *be* and *have got*.



Jennifer Lawrence (1) ... an American actress. She (2) ... long hair and her eyes (3) ... blue. She (4) ... 1.75 m tall. Her birthday (5) ... on 15th August. Jennifer (6) ... two brothers but she (7) ... any sisters. She (8) ... an Oscar® for her role in *Silver Linings Playbook*. She's Mystique in the *X-Men* films.

### HAVE GOT

**C** Analyze these sentences. Underline six more examples of *have got*.

He's got a foundation.  
She's got two cats.  
She hasn't got a dog.  
They've got millions of Instagram followers.  
We haven't got three pets.  
I've got a guitar.  
Have you got a pet?

**D** Complete the tables.

#### Affirmative and negative

I / You / We / They	<u>                    </u>	brown eyes.
He / She / It	<u>haven't got</u> <u>'s got</u>	

#### Yes/No questions

<u>                    </u>	I / you / we / they	<b>got</b>	brown eyes?
<b>Has</b>	he / she / it		

#### Short answers

Yes,	I / you / we / they	<u>                    </u>
	he / she / it	<b>has.</b>
No,	I / you / we / they	<b>haven't.</b>
	he / she / it	<u>                    </u>

**2 Free practice** > Write about a friend. Include information about his/her birthday, country, age, family, pets and favourite things.

*My friend Bautista is 14 years old.  
He is from...*

### COMPARING LANGUAGES

In English, we don't use *have got* to talk about age. What about in your language?

*I've got 18 years.* ✗ *I'm 13.* ✓

# Vocabulary

## Things we want to do

- 1 11 Match the photos to the phrases in the box. Then listen, check and repeat.



make new friends  
start a new hobby  
get good grades  
read a good book  
be nice to my sister/brother  
get to school on time  
save money  
help at home  
visit my grandparents  
join the gym



## Listening A pop star

- 4 12 Listen to a radio programme about Justin Bieber. Choose the correct answers.



- 1 Justin...
  - a is an actor.
  - b is a singer.
  - c isn't a singer.
- 2 Justin's middle name is...
  - a Drew.
  - b Jay.
  - c Jaden.
- 3 He's from...
  - a the UK.
  - b the USA.
  - c Canada.
- 4 His birthday is on...
  - a 1st March.
  - b 1st May.
  - c 21st May.
- 5 One of his songs...
  - a is in a documentary.
  - b is in a film.
  - c isn't good.
- 6 Justin helps Pencils of Promise. This organization...
  - a writes books.
  - b makes pencils.
  - c builds schools.

- 2 Rank the things you want to do 1–10 and share your ranking with a classmate.

1) visit my grandparents  
2) get good grades



- 3 In pairs, look at the photos in Exercise 1 for one minute. Then close your books and say all the things you remember.

Save money, read a good book...


# Reading

## A learning website

1 Before you read > Look at the website. What's its name? What is it about?

[Home](#) | [Classes](#) | [Top tips](#) | [Videos](#) | **[Posts](#)** | [Games](#)



### What are your resolutions for this year?

**Lara McKim** 14 Mar 5.04 pm

Hi! In some English-speaking countries people make New Year's resolutions. On 1st January, they write a list of good intentions for the new year. These resolutions are about important aspects of their lives, for example, join the gym, save money, eat healthy food or start a new hobby. I've got an idea. Why don't we make resolutions for the start of the school year? What do you think?

**jane-t** 14 Mar 6.12 pm


I like your idea. Well, this is my resolution for this year: I want to be a good student. I don't want to fail my exams. I want to get good grades!

**bluetin** 14 Mar 7.45 pm

Hi, jane-t! That's a good resolution. Remember to do your homework and get to school on time! Do you want to know my resolution? I want to be a good friend. Yes! I want to be nice to people and to help my friends.

**HiMe** 15 Mar 10.38 am

My resolution is to keep my resolutions! I don't want to break them this year. You know, 30% of people keep their resolutions and 70% of people break them. Do you want to keep your resolutions? My tip: write them down and don't keep them secret. Share them with a friend. Your friend can help you to keep them!



2 Read for general ideas > Answer.

- Who posts a question?
- What does Lara say about 1st January?
- What is a resolution?
- What is Lara's idea?
- Who answers her question?



### Give your opinion

Do you visit websites to study and learn? Do you find them useful? Why?

3 Read for details > Complete the table.

jane-t's resolution	
bluetin's resolution	
HiMe's resolution	
HiMe's tip to keep resolutions	