

ENGLISH WAVE

Student Book

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Audio



AI Fluency
Practice

 e future

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Project 6 Create a Folktale

Daily Routines



Warm-up questions

- What are they doing?
- What do you do before school each day?
- What do you usually do on the weekend?

Vocabulary Morning routine

A 1.1 Listen and say.

- A Are you ready to **leave for school**?
- B Just a minute. I'm **brushing my hair**!
- A You're **brushing your hair** now? Don't you usually **brush your hair** earlier?
- B Yes. I usually **wake up early**. But I didn't today!



B 1.2 Listen and say.



wake up early



put on clothes



wash my face



have breakfast



brush my teeth



brush my hair



pack my bag



leave for school

Vocabulary School routine

A 1.3 Listen and say.

- A How is school going?
- B Oh, everything is good.
- A Are you doing anything interesting at school?
- B No, not really. Every day I **say hi to friends**, **go to class** ... It's always the same routine.



B 1.4 Listen and say.



say hi to friends



go to class



have lunch



go to a club meeting

Vocabulary Evening/Nighttime routine

A 1.5 Listen and say.

- A Hey, what are you doing?
 B I'm getting ready to **take a shower**. Can I call you back around 7:00?
 A I usually **have dinner** at that time. How about 7:30?
 B Perfect. Talk to you later.
 A Bye.



B 1.6 Listen and say.



do my homework



have dinner



watch TV



play games on my phone



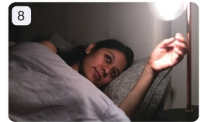
take a shower



set my alarm



plug in my phone



go to bed

C Work with a partner. Talk about other evening or nighttime routine activities. Use the dialog in A as a model.

Reading A healthy sleep routine

A Read. Write the words in the correct places.

avoid calmer habits mental

Sleep is important for our physical and ¹ _____ health. When we sleep well, we can think more clearly and remember information better. We also feel ² _____.

Teenagers need at least eight to ten hours of sleep a night, but many teens say they are getting less. Is this true for you? If yes, do these things to develop healthier sleep ³ _____:

- ▶ Wake up and go to bed at the same time every day.
- ▶ Do your homework in the afternoon or early evening, not before bed.
- ▶ An hour before bed, ⁴ _____ watching TV or playing games on your phone or laptop.



B 1.7 Listen and check your answers. Then think of one more sleep tip and tell a partner.

Grammar

Present tense review: Simple present and present continuous

Use the simple present to talk about regular activities or facts. Use the present continuous to talk about what people are doing right now.

A 1.8 Look at the chart and listen.

Simple present				Present continuous					
Affirmative statements									
I	wake up	around 6:30.	I	am packing	my bag.				
You/We/They	have	breakfast every morning.	You/We/They	are watching	TV at home.				
He/She	leaves	for school at 7:15.	He/She	is going	to a meeting.				
Negative statements									
I	don't wake up	at 6:00.	I	am not packing	my lunch.				
You/We/They	don't have	breakfast at a cafe.	You/We/They	aren't watching	a movie right now.				
He/She	doesn't leave	for school at 7:30.	He/She	isn't going	to a meeting now.				
Yes/No questions and short answers									
Do	you	set	your alarm?	Yes, I do .	Are	you	setting	your alarm? Yes, I am .	
Does	he	go	to bed at 10?	No, he doesn't .	Is	he	going	to bed now? No, he isn't .	
Does	she	play	games?	Yes, she does .	Is	she	playing	a game? Yes, she is .	
Do	they	have	lunch here?	No, they don't .	Are	they	having	lunch there? No, they aren't .	
Wh-questions									
When	do	you	take	a shower?	What	are	they	doing	right now?
Where	does	she	plug in	her phone?	Why	is	he	putting on	his clothes now?

B Complete the dialogs in the simple present or present continuous. Use the verbs in parentheses. Then practice the dialogs with a partner.

- A On school days, _____ you _____ early? (get up)
 B Yes, I _____. I usually _____ at 6:00 am. (wake up)
- A _____ she _____ her room now? (clean)
 B No, she _____. She _____ a book. (read)
- A What time _____ they _____ for school? (leave)
 B They usually _____ home at 7:30 am. (leave)
- A _____ you _____ your homework right now? (do)
 B No, I _____. I _____ TV. (watch)
- A What _____ he _____ right now? (do)
 B He _____ his teeth. (brush)
- A _____ your mom _____ you to school every day? (drive)
 B No, she _____. I always _____ the bus. (take)



Speaking

Talking about daily activities

- In your notebook, write down five things that you do every day.
- Work with a partner. Take turns saying the things you do every day. Use the simple present. Write down your partner's answers. Then ask what time your partner does each thing.
- Take turns asking if your partner is doing those things right now. Use the present continuous.

I have breakfast every day.

What time do you have breakfast?

I have breakfast around 7:30.

Are you having breakfast right now?

No, I'm not.

Vocabulary Weekend routine

A **1.9** Listen and say.

- A Are you going to **study for your test** tomorrow?
- B No. I'll do it on Sunday.
- A What are you doing tomorrow?
- B I'm **getting together with friends** in the afternoon. What are you doing tomorrow?
- A I'll probably just **watch videos on my phone**.



B **1.10** Listen and say.



get up late



do chores at home



study for a test



spend time with my family



get together with friends



play video games



watch videos on my phone



stay up late

C Work with a partner. Talk about other weekend routine activities. Use the dialog in A as a model.

Listening A change of routine

A **1.11** Listen. Choose the two correct answers.

Mario recently changed his weekend routine. Now he _____ and _____ on the weekends.

- a gets up earlier
- b never exercises
- c is less stressed
- d has no free time



B **1.11** Listen again. Complete the sentences. Write a word or words in each blank.

Mario's old weekend routine

- 1 He got up _____ on the weekend.
- 2 He spent _____ watching videos on his phone.
- 3 He did his homework _____ on Sunday night.
- 4 He wasn't doing his _____ around the house.

Mario's plans for this weekend

- 5 This morning, he got up at _____.
- 6 Right now, he's going to the _____.
- 7 After that, he's going to have _____.
- 8 Then he's going to study for a _____ test.
- 9 Tomorrow morning, he's going to do his chores and then finish his _____.
- 10 In the afternoon, he might play a _____ with his friend.

Grammar

Future review: *will, be going to*, and present continuous

Will, *be going to*, and the present continuous are all used to talk about the future. They are very similar, but there are some differences.

A 1.12 Look at the chart and listen.

Future with <i>will</i> and <i>be going to</i>	
Use <i>will</i> for decisions made at the time of speaking or for offers and promises.	Use <i>be going to</i> for intentions or plans made before the time of speaking.
I'll help you with your homework.	I'm going to get up late tomorrow morning.
He won't stay up late tonight.	I'm not going to study for my test right now.
Will you plug in my phone?	Are they going to do chores this weekend?
Yes, I will . / No, I won't .	Yes, they are . / No, they aren't .
What time will you get here tomorrow?	What is she going to do on Sunday night?
Future with present continuous	
Use the present continuous to talk about future plans or arrangements. This usually happens when the time and place are already decided. It often includes a time expression.	
When are you spending time with your family?	Is he taking a shower tonight?
I'm going to the mall with them tomorrow.	No, he isn't . He's taking a shower tomorrow morning.

B Choose the correct answers. Then practice the dialogs with a partner.

- 1** **A** **Are you / Are you going to** doing anything fun this weekend?
B Yeah. My friends and I **am going / are going** to a concert.
- 2** **A** What **will you / are you going to** do on Sunday morning?
B I'm not sure. Maybe I'll **go / I'm going** for a bike ride.
- 3** **A** **Are / Will** you and Mia going to study together this weekend?
B Yes, we **are / will**.
- 4** What time **are we going to / are we** meeting this weekend to play video games?
B I don't know. I'll **text / I'm texting** you later with the time.
- 5** **A** **Will / Is** Leo going to relax this weekend?
B No, he **won't / isn't**. He's going to do his homework.



Speaking

True or false

A Write down four things you are planning to do this weekend. Write two true statements and two false statements.

- _____
- _____
- _____
- _____

I'm going bowling with friends this weekend.

Oh, really? Where are you going bowling?

Um ... I think there's a place in the mall.

I think that's false.

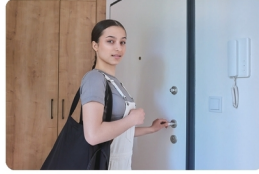
B Work with a partner. Listen to your partner's sentences. Ask follow-up questions about each activity to help you decide if each statement is true or false.

Useful expressions Talking about plans and intentions

A 1.13 Listen and say.

Talking about plans and intentions

- I'm **about to** leave for school.
- I'm **planning to** wake up around 9:30 tomorrow.
- I'd **like to** pack my bag tonight.
- I'm **hoping to** go to bed before midnight.
- I **expect to** get together with some friends this weekend.
- I **intend to** watch videos on my phone until bedtime.



B Complete the dialogs. Choose the correct words.



- A Hey, what are you doing tomorrow morning?
- B It's Saturday, so I have a guitar lesson at 9:30. Why?
- A A group of us is going to Water World. Can you come?
- B ¹ I'd / I'm like to go. What time are you leaving?
- A We're planning to ² **leave / leaving** at 11:00.
- B Perfect. My lesson finishes at 10:30. I'll meet you after that.



- A Hi, I'm running late. Sorry!
- B Where are you? The game starts in 20 minutes.
- A There's traffic. I'm ³ **hoping / intend** to be there soon.
- B How long will you be?
- A I ⁴ **planning / expect** to be there by 2:30. Save me a seat.
- B OK, see you soon.



- A Hi, are you on your lunch break?
- B No, I'm ⁵ **about to / about** walk into class. What's up?
- A What are you doing this weekend?
- B I ⁶ **hoping to / intend to** finish my science project. It's due on Monday.
- A Oh, OK. It sounds like you're busy.
- B Yeah, but maybe we can hang out on Sunday. I'll text you.

C 1.14 Listen and check your answers.

D Practice the dialogs with a partner. Then change roles and practice again.

Word study Collocations for daily activities

Collocations are groups of two or more words that go together frequently in a language. They can be combinations of different types of words, like verb + noun, adjective + noun, adverb + adjective, and so on. Learning collocations is a great way to improve your vocabulary and use more natural English.

A Read the paragraph. Complete the collocations using the verbs below. Use each verb twice.

brush do have spend take watch

I usually wake up early on school days. I get dressed and
 1 _____ my hair. Then I 2 _____ breakfast and
 3 _____ my teeth. I leave home around 8:00. I usually
 4 _____ a little time with my friends before school. We
 always 5 _____ fun together. After school, I stop at the store
 and buy a snack. I don't 6 _____ a lot of money on snacks—
 just a little! I come home and 7 _____ my homework. Then
 I 8 _____ a little break. After that, I 9 _____
 my chores. Next, I 10 _____ TV until dinner. Around 9:30 I
 11 _____ a shower, and then I 12 _____ videos on
 my phone until I go to bed. That's my daily routine.



B 1.15 Listen and check your answers.

Speaking Weekend plans

A Look at the pictures. In your notebook, write one or two sentences about what's happening in each picture.



B Work with a partner. Role-play a conversation. Choose two of the pictures as your weekend activities or use your own ideas. Take turns asking about your weekend plans. Use the useful expressions on page 12.

I'm planning to do chores at home with my mom this weekend.

Oh, really? I'm hoping to play video games with my friend.

Reading On the weekend

A Look at the pictures. What does each person do on the weekend? Tell a partner.

On Saturdays, I usually wake up early, have breakfast, and take our dog for a walk. At 10:00, I go to a neighbor's house. I'm tutoring their son in math to make some money. In the afternoon, I usually play video games with my brother.

On Sundays, I get up around 9:00. After breakfast, I do my homework. On Sunday afternoons, my family usually does something together. This weekend, we're planning to have lunch with my grandparents. It's always nice to see them.



Luca



Elena

On Saturdays, I get up early because I have soccer practice from 9:00 to noon. Our team is preparing for a big game next month. After practice, I go home, take a shower, and have lunch. Then I start my homework. At night, I sometimes stay up late watching videos on my phone.

On Sundays, I get up around 10:00. After breakfast, I usually finish my homework. This weekend, I'm going to study a lot because next week I have two exams. Wish me luck!

These days, I'm taking a class on Saturdays to prepare for an important exam. It starts at 7:00, so I have to wake up early. After class, I usually go to a cafe and relax a little. In the evening, I watch videos or text my friends.

On Sundays, I wake up early and have breakfast. Then I do my homework. This Sunday, I'm also planning to work on an art project for school. I love to draw, so that will be fun.



Ming

B 1.16 Listen and read along.

C Answer the questions. Write **L** for Luca, **E** for Elena, or **M** for Ming. Some questions have more than one answer.

Who...

- | | |
|---|---|
| 1 wakes up early on Saturdays? _____ | 6 starts their homework on Saturday? _____ |
| 2 is preparing for a big game? _____ | 7 plays video games on Saturday afternoons? _____ |
| 3 goes to school on Saturday? _____ | 8 watches videos on Saturday night? _____ |
| 4 has a part-time job? _____ | 9 does homework on Sunday? _____ |
| 5 is working on a school project? _____ | 10 is seeing family members on Sunday? _____ |

