

Wonderful **WORLD**

Workbook

A Choose and write the correct words for the meanings.

Word	Meaning
1 _____ achieve / attach	: to get or reach something by working hard
2 _____ approximate / ultimate	: happening or coming at the end of a process
3 _____ struggle / stretch	: to try very hard to do something that is difficult
4 _____ avoid / allow	: to prevent something bad from happening
5 _____ lose sight of / get the hang of	: to forget about an important idea or fact
6 _____ entire / enthusiastic	: showing a lot of interest and excitement about something
7 _____ concentrate / demonstrate	: to think very carefully about something that you are doing
8 _____ milestone / monument	: an important point in the development of something
9 _____ represent / reward	: to give something to someone because they have done something good
10 _____ determined / disappointed	: unhappy because something is not as good as you expected

B Choose and write the correct words for the blanks.

achieve	struggled	concentrated	ultimate	enthusiastic
avoid	lose sight of	disappointed	milestone	reward

- 1 She gave the children some chocolate to _____ them for behaving well.
- 2 It's important that you feel _____ about your chosen career.
- 3 It's hard to _____ success. However, if you're determined, you can do it.
- 4 Make time to exercise, eat well, and get plenty of sleep. Build these into your daily routine to _____ health problems.
- 5 The young Albert Einstein _____ to do well on his French exams.
- 6 Stress can lower your energy levels and make you _____ your aims.
- 7 He _____ on his scientific studies and became a Nobel Prize-winning physicist.
- 8 Every successful person makes mistakes. Don't be _____ if this happens to you.
- 9 Divide your goals into smaller steps, and as you reach each _____, reward yourself.
- 10 When you're dreaming of your _____ goal, think about someone who has achieved something similar.

C Circle the correct words.

- 1 Every successful person (make / makes) mistakes.
- 2 Work out (that / what) your true talent is and focus on developing it.
- 3 If you don't get the result you want the first time, you must not (give / giving) up.
- 4 You will continue (working / worked) toward your goals if you enjoy what you're doing.
- 5 Are you (work / working) toward excellence, whether in sports, music, or an academic subject?

D Unscramble the sentences.

- 1 to exercise, / and get / Make time / plenty of sleep / eat well, / .

- 2 that stress / Don't / energy levels / your / forget / can lower / .

- 3 to find out / Take time / got to / how your role models / today / where they are / .

- 4 you / to help / a few tips / way / be / Here are / on your / .

- 5 can do / you / what / Note down / their experience / from / .

E Read and write the correct sentences.**How to Succeed**

Here are tips to achieve success.

1 _____

You should concentrate on subjects you are good at rather than those you struggle with.

Second, find a role model.

This is a person who has achieved something similar to your ultimate goal.

2 _____

Third, be good to yourself.

3 _____

Fourth, learn from your mistakes.

4 _____

Fifth, reward yourself and enjoy what you're doing.

- a. It's important to create a healthy routine to avoid health problems.
- b. Research and learn from their experience.
- c. First, focus on developing your strengths.
- d. These are opportunities to learn, so don't give up.

B Choose and write the correct words.

- 1 The girl was _____ after she left her shoes on the beach.
barefoot / rare
- 2 Robert Katende was impressed. He became coach to the young _____.
charity / prodigy
- 3 It was soon clear that Phiona had a _____ talent for chess.
rare / grubby
- 4 In 2007, Phiona won the Uganda women's junior _____.
prodigy / championship
- 5 Phiona was hungry and was interested in the free meals the _____ was handing out.
slum / charity
- 6 She remembers the first time she won a game against a boy who had previously _____ her easily.
beaten / afforded
- 7 When I first saw chess, I thought, "What could make all these kids so _____?"
silent / barefoot
- 8 She has represented her country at four Women's Chess Olympiads, and her _____ story has inspired a film and a book.
remarkable / poor
- 9 Charity worker Robert Katende noticed the barefoot nine-year-old in a _____ skirt hanging around and invited her in.
grubby / silent
- 10 Thanks to Phiona's success, her family has now moved out of the _____ and into a house.
championships / slums

C Correct and rewrite the underlined parts.

1 When Phiona was three years old, her father dies.

→

2 The family had to moving to Katwe, a poor area of Kampala, Uganda's capital.

→

3 She was hungry and was interesting in the free meals the charity was handing out.

→

4 She won a game against a boy who had previously beat her easily.

→

5 It's easy believing her when she says, "Chess has totally changed my life."

→

D Unscramble the sentences.

1 older sister / her / unknown causes / Shortly after, / of / died / .

2 inspired / and a book / has / remarkable story / a film / Phiona's / .

3 could no longer / Phiona's family / to send / afford / to school / her / .

4 win / same title / the / went on to / She / twice more / .

5 has become / with / a role model / difficult lives / for others / Phiona / .

E Read and write the correct sentences.**Phiona Mutesi**

Phiona Mutesi was very poor when she was young.

1 _____

There Phiona watched her first chess game.

2 _____

Charity worker Robert Katende saw Phiona barefoot in a grubby skirt and invited her in.

She quickly showed a rare talent for chess.

3 _____

With her success, her family has moved out of the slums, and she has become a role model for others with difficult lives.

4 _____

- a. Katende trained Phiona, and she won several championships.
- b. She was fascinated by the strange game with beautiful chess pieces.
- c. Chess has totally changed Phiona's life.
- d. One day, she visited a children's sports charity in Kampala for free meals.

A Choose and write the correct words for the meanings.

Word	Meaning
1 _____ affection / ambition	: a particular goal or aim
2 _____ championship / challenge	: a difficult task or problem
3 _____ predictable / prepared	: able to know what will happen
4 _____ overcome / discover	: to successfully deal with something difficult
5 _____ prop / plot	: the story of a book, film, play, etc.
6 _____ critic / crime	: someone who gives opinions about art, books, or movies
7 _____ lightning / limelight	: public attention and interest
8 _____ goods / odds	: conditions that make it difficult for something to happen
9 _____ debut / degree	: the first public appearance of an actor, musician, etc.
10 _____ audience / evidence	: a group of people who come to watch or listen to a play, movie, etc.