

 NATIONAL
GEOGRAPHIC
LEARNING

3

VOICES

WORKBOOK



EMILY BRYSON

ON THE COVER

A musician walking to work with his double bass in Havana, La Habana, Cuba. A double bass is the largest musical instrument in the violin family.

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VOICES

EMILY BRYSON



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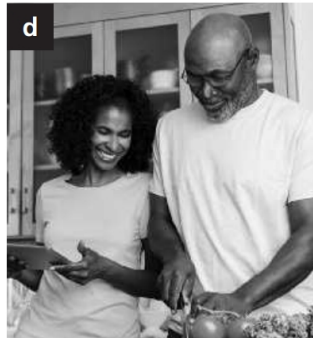
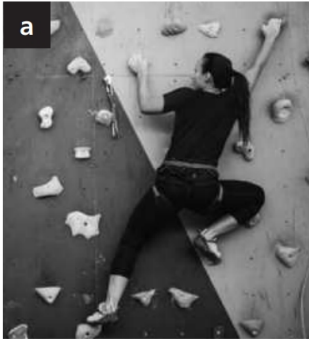
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1 All about me

Reading

1 Skim the online forum on page 5. Write the correct names under the photos (a–d).



2 Read the online forum again. Complete the sentences with the correct names from the online forum.

- 1 _____ lives by the ocean.
- 2 _____ talks about food from their country.
- 3 _____ studies computer science.
- 4 _____ and _____ like sports.
- 5 _____ likes meeting people.
- 6 _____ and _____ can't cook.

3 What is the main purpose of the posts? Check (✓) the correct answer.

- a to give information about a class
- b to introduce themselves to other people
- c to review a cooking class

Look at the Learning to Learn box. Then do the task.

LEARNING TO LEARN: READING

Practicing skimming outside the classroom

Skimming helps you to understand what a text is about quickly. Outside the classroom, skimming can help you read signs, ads, menus, emails, and other texts quickly. You can practice skimming at home with this technique:

- Find three different texts (e.g., a book, a news article, a website, an ad, a text message). These can be in your language or in English.
- Now read the texts quickly to understand the main idea. Make notes about the main idea.
- Read the texts again more slowly and check your notes.

Try the technique from the box. Make notes for the questions below.

- 1 Which text was easy to skim?
- 2 Which text was difficult?
- 3 What helped you to skim?

Welcome to week one of the online cooking class. Please introduce yourself to the group and tell us why you're doing the class.

Sept 9 08:20



My name is Maria and I'm a hotel manager. I'm from Brazil, but I live in Scotland. I'm doing this class because my daughter and I love cooking. We're doing it together, I guess! Her name is Sophia. She's eight, has lots of energy, and makes me laugh. She loves playing soccer, and baking cakes and cookies. I love meeting new people, listening to music, and spending time with Sophia.



You and 2 others



Like



Comment

Seen by 9



Write a comment ...



I'm Derek. I live in Rincón del Mar, Colombia, and I'm retired. I'm not working any more. My job is to relax and enjoy myself. I love cooking, dancing, and keeping fit. I live near a beach and I often go running, swimming, or sailing there. I have a big family. On weekends, I always cook a big dinner for them. I like seeing them smile. I'm doing this class because I'm looking for new ideas!



You and 1 others



Like



Comment

Seen by 5



Write a comment ...



I'm Anh and I'm a nurse. I live in Hue, in Vietnam. I live with my parents and my grandparents. My hobbies are reading, drawing, and talking to my friends online. My favorite food is beef pho. It's a Vietnamese noodle soup dish. It's delicious. On vacation I like to visit different cities. I love shopping, especially for shoes! Bangkok is my favorite city for shopping! I can't cook, but I want to do this class to learn!



You and 3 others



Like



Comment

Seen by 4



Write a comment ...



I'm Anusha and I love climbing. I try to climb every day to stay strong. I really enjoy climbing because I can do it with my friends. After climbing, we go to a café for coffee, or to the movie theater. I'm a student in Singapore right now, but I'm from Malaysia. I'm studying computer science. In the future, I want to make my own social media website or app. But for now, I need to learn how to cook!



You and 2 others



Like



Comment

Seen by 3



Write a comment ...

Grammar

Adverbs of frequency

1 Rewrite the sentences using the adverbs.

- I get up at 6 a.m. (every morning)

- It's easy for me to make new friends. (usually)

- Kevin goes to his chess club. (once a week)

- Lena goes to the gym. (a lot)

- I forget to do my homework. (rarely)

- They are pleased to see me. (always)

2 Bibi does the same activities every week. Look at her schedule. Complete the sentences with these words.

always never once a week
twice a week several times a week

	Mon	Tue	Wed	Thu	Fri
get up early	✓	✓	✓	✓	✓
go to the gym	✓		✓		✓
see friends		✓		✓	✓
study English	✓				
clean the house			✓		✓

- Bibi _____ gets up early on weekdays.
- She _____ goes to the gym on Thursdays.
- She cleans the house _____.
- She studies English _____.
- She sees friends _____.



Listening

1 1.1 You are going to listen to people talk about what makes them feel good. Match the topics with the person who talks about them.

dancing exercise friends looking good

- Ally _____ 3 Viktor _____
- Manuel _____ 4 Lin _____

2 1.1 Listen again. Complete the sentences.

- Dancing to my favorite song makes me feel _____.
- This party is in a nice restaurant, so the right shirt is _____.
- I always feel absolutely _____ after a really good basketball game.
- I'm happiest when I'm with my friends. I'm always in a _____ mood when I'm with them.

Grammar

Simple present and present progressive

1 Circle the correct option to complete the sentences.

- 1 *I rarely drink / I'm rarely drinking* coffee.
- 2 *Are you usually feeling / Do you usually feel* confident?
- 3 *Rekha's enjoying / enjoys* her vacation in Honduras at the moment.
- 4 *Manoj goes / is going* to the gym four or five times a week.
- 5 *I'm not joking / I don't joke*. Look out the window. It's really snowing!

2 Rewrite the words in the correct order to make sentences or questions in the simple present or present progressive. Use the time phrases to help you.

- 1 living in / Santiago / we / are / now / right

- 2 how often / go / do / you / beach / the / to / ?

- 3 right / what / you / are / doing / now / ?

- 4 park / every / night / I / run / around / the / usually

- 5 Hush! / on / the / talking / phone / I'm / !

- 6 takeout / order / a / week / we / twice / once / or

3 Complete the conversation with the simple present or present progressive form of the verbs.

- A: Let's go! We ¹_____ (be) late!
Why ²_____ (you / wear) those?
- B: Oh! These? They ³_____ (be) my favorite sneakers.
- A: They ⁴_____ (not look) good for hiking! I ⁵_____ (wear) hiking boots.
- B: I ⁶_____ (not have) hiking boots. ⁷_____ (you / think) I need them?
- A: Yes, I do! It ⁸_____ (be) dangerous to go hiking in sneakers. What size ⁹_____ (be) you?
- B: I usually ¹⁰_____ (wear) a size 7.
- A: Perfect! Put these on, then let's go! Joe ¹¹_____ (wait) for us.

Look at the Learning to Learn box. Then do the task.

LEARNING TO LEARN: GRAMMAR

Understanding tenses

Choosing the right tense can be difficult. Some tenses can have similar uses, and the use of tenses doesn't always match perfectly between languages. When you learn a new tense, it can help to take notes on:



- how to make the tense (e.g., present progressive = *is / are + verb -ing*).
- rules for when to use the tense (e.g., present progressive = for temporary actions).
- time phrases (e.g., present progressive = *now, right now, at the moment*).
- examples (e.g., present progressive = *I'm watching TV right now.*)

Use the tips in the box to make notes for the simple present and the present progressive. Then take notes for the questions below.

- 1 What was difficult or easy for you about this technique?
- 2 How useful was the technique? Do you think you will use it again?

Pronunciation

Stressing words to express strong opinions

- 1  1.2 Listen and circle the word that the speaker stresses.
- 1 I really hate shopping.
 - 2 I always feel absolutely amazing after a game of tennis.
 - 3 I feel so great when I'm riding my bike.
 - 4 No, I definitely don't like studying.
 - 5 Yes, I do enjoy meeting people.
- 2  1.2 Listen again and repeat. Use the correct stress.

Vocabulary

Personality adjectives

- 1 Complete the definitions with these words.

confident	creative	friendly	honest
patient	professional	serious	

- 1 be _____: being quiet and careful about things and not laughing very much
- 2 be _____: knowing that you can do something well
- 3 be _____: telling the truth and not telling lies
- 4 be _____: working hard and doing your job well
- 5 be _____: being happy to wait for things you want
- 6 be _____: being warm and welcoming to other people
- 7 be _____: being good at making things and having new ideas



- 2 Circle the correct options to complete the text.



Kamal

What are you like at work?




Paulo

I want people to think I'm ¹professional / friendly, so I always wear a shirt and tie. I'm quite quiet, so people often say I'm ²confident / serious, but I like to think that I'm quite ³friendly / patient. I usually talk to everyone and ask how they are feeling.


I think my boss likes me. She says I'm ⁴creative / confident because I often give her ideas to save time and money. But she also says that I'm too shy in meetings. I'm trying to be more ⁵serious / confident and speak out more. She's helping me with that and she's a really ⁶honest / patient teacher.

Pronunciation

Saying long and short sounds (1): /i:/ and /ɪ/

1  1.3 Listen and number the words in the order you hear them.

a _____ feet c _____ sit e _____ seat
b _____ live d _____ leave f _____ fit

2  1.3 Listen again and repeat.

Writing

1 Read the statements. Are they formal (F) or informal (I)? Write F or I.

- 1 I'm fun, friendly, and confident! _____
2 I am a professional and creative graduate. _____
3 I would like to be a part of your team. _____
4 I'd love to join your group. _____

2 Match the texts (A and B) with the type of texts (1 and 2).

- 1 a welcome message for an online club _____
2 a job ad _____

A **Confident people wanted to join our exciting team**

We are looking for people for our team of street performers. For more information, send us a short message about yourself.

B **Welcome to the Online Art Club!**

Everyone is welcome. We're a friendly place and we want to know all about you. Tell us a little about yourself.

3 Write a personal profile about you to respond to an ad from Exercise 2. Write 40–60 words. Use Exercise 1 and the notes below to help you.

- Describe your personality.
- Describe your skills or hobbies.
- Use the correct writing style for the situation.
- Use adverbs of frequency.
- Use present tenses.

4 Check your personal profile. Use the checklist.

- Are the spelling and punctuation correct?
- Are the grammar and vocabulary correct?
- Does your profile include all the information from the notes in Exercise 3?

Look at the Learning to Learn box. Complete your learning journal.

LEARNING TO LEARN: YOUR JOURNAL

A language-learning journal is a record of your learning. It can help you review your classes, see your progress, and make notes about areas for more progress. You can make a journal by writing in your notebook, making an audio or video diary, or by creating a "Journal" document on your computer.

1 Read the questions (a–d) and write your answers.

- a Was Unit 1 easy, difficult, or just right? Why? What was difficult for you?
- b What did you learn? Make a list for:
- grammar
 - vocabulary
 - pronunciation
 - skills (e.g., listening, reading, critical thinking).
- c How do you feel about the areas in question b? Why?
- d What do you want to know more about or practice more? What do you need to review?

2 Choose how you want to make your journal. Make a journal entry about your learning in Unit 1. Use your answers in Task 1 to help you.