

# PERSPECTIVES

INTERMEDIATE

**WORKBOOK**





## PERSPECTIVES Student Resources

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### **ON THE COVER**

An image created by TED Prize winner JR showing Elmar Aliyev, a 20-year-old waiter who immigrated to the US from Azerbaijan. JR's original photograph was printed on 62 strips of paper and pasted on Flatiron Plaza. Because the image is abstract up close, and because passersby are free to step on it, it sends a powerful message – that like so many of New York's 3.1 million immigrants – people pass by Aliyev without noticing him.

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# PERSPECTIVES

INTERMEDIATE

Workbook

**Perspectives Intermediate**

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# 1 In touch with your feelings

## 1A Show your emotions

### VOCABULARY Describing emotions

1 **Revision** Unscramble the letters to make adjectives about emotions.

- 1 d r i a f a      \_ \_ \_ \_ \_
- 2 y a p n u h p      \_ \_ \_ \_ \_
- 3 g r a y n      \_ \_ \_ \_ \_
- 4 t u p e s      \_ \_ \_ \_ \_
- 5 r o d e b      \_ \_ \_ \_ \_
- 6 d o r w e i r      \_ \_ \_ \_ \_
- 7 l a d e e p s      \_ \_ \_ \_ \_
- 8 x e i d e t c      \_ \_ \_ \_ \_

2 **Revision** Complete the sentences with the adjectives from Exercise 1.

- 1 Anja was really \_\_\_\_\_ when she heard that the dog had died.
- 2 Have you always been \_\_\_\_\_ of spiders?
- 3 Max told me he's \_\_\_\_\_ about failing the exam.
- 4 He hated the school and had a very \_\_\_\_\_ childhood.
- 5 We're so \_\_\_\_\_ that you can come to the wedding.
- 6 The trip sounds amazing – are you getting \_\_\_\_\_ about it?
- 7 I think he was quite \_\_\_\_\_ with her for not offering to help.
- 8 Were you as \_\_\_\_\_ as I was during that film? I almost fell asleep!

3 **Revision** Listen and choose the correct emotion.



- |           |         |         |
|-----------|---------|---------|
| 1 angry   | afraid  | worried |
| 2 excited | bored   | pleased |
| 3 bored   | worried | upset   |
| 4 afraid  | excited | worried |
| 5 worried | upset   | angry   |
| 6 pleased | afraid  | unhappy |

4 Read the sentences (1–8) and match the words in bold with their definitions (a–h).

- 1 When it's very dark he sometimes gets **scared**. \_\_\_\_\_
  - 2 I was very **confused** when he started speaking in German. \_\_\_\_\_
  - 3 You must be **delighted** that you won! \_\_\_\_\_
  - 4 I was so **embarrassed** when Jack started to sing. \_\_\_\_\_
  - 5 Living here can be quite **lonely** at times. \_\_\_\_\_
  - 6 Please don't be **annoyed** – I'm sorry I forgot. \_\_\_\_\_
  - 7 I always feel **nervous** before job interviews. \_\_\_\_\_
  - 8 She was **relaxed** and enjoying the sunshine. \_\_\_\_\_
- a not able to understand  
b frightened  
c feeling happy and calm  
d unhappy because you are not with other people  
e angry or impatient  
f worried  
g ashamed or shy  
h very pleased

5 Match the adjectives with a similar meaning.

- |               |           |
|---------------|-----------|
| 1 embarrassed | a afraid  |
| 2 delighted   | b angry   |
| 3 scared      | c worried |
| 4 annoyed     | d ashamed |
| 5 anxious     | e pleased |

6 Choose the correct option to complete the sentences.

- 1 I'm worried *about / for / with* failing the exam.
- 2 She was embarrassed *with / by / of* Richard's stupid comments.
- 3 Alfie seems very nervous *with / by / about* the interview.
- 4 There's no need to get annoyed *of / to / with* Jasmine – she was only trying to help.
- 5 Are you feeling anxious *over / about / of* your driving test?
- 6 You shouldn't have behaved so badly, I'm ashamed *by / for / of* you!
- 7 Don't be scared *for / of / with* Andy – he's quite nice when you get to know him.
- 8 I'm confused *of / by / from* your text. Can you call me?

**7 Put the words in the correct order to make sentences.**

- 1 My / makes / feel / me / stressed / job / .  
\_\_\_\_\_
- 2 scared / you / Are / heights / of / very / ?  
\_\_\_\_\_
- 3 lonely / be / your / on / own / Living / can / .  
\_\_\_\_\_
- 4 was / She / her / results / with / delighted / exam / .  
\_\_\_\_\_
- 5 about / I'm / the meaning / this / of / confused / word / .  
\_\_\_\_\_
- 6 came / very / We're / that / pleased / you / .  
\_\_\_\_\_
- 7 have / nothing / of / ashamed / to be / They / .  
\_\_\_\_\_
- 8 worried / moving / I'm / a / about / to / city / new / .  
\_\_\_\_\_

**8 Choose the correct adjectives to complete the sentences.**

- 1 I'm often really *nervous* / *embarrassed* at the start of an exam, but after I've answered a couple of questions, I begin to feel more *delighted* / *relaxed*.
- 2 We were so *excited* / *stressed* when we heard the news, you must be absolutely *ashamed* / *delighted*. Congratulations!
- 3 **A** So was Jake *annoyed* / *pleased* with Eve for being so late?  
**B** Yes, and Eve was really *bored* / *upset* when he shouted at her.
- 4 With her family thousands of miles away, Amy often feels a bit *scared* / *lonely* at Christmas, so she's really *pleased* / *relaxed* that you invited her.
- 5 Sorry, I'm *delighted* / *embarrassed* to admit this but I'm *confused* / *worried* about what this sentence means.
- 6 Annie's working late – she's feeling quite *stressed* / *pleased* about getting everything finished on time and is rather *nervous* / *lonely* about doing the presentation.

**9 Complete the sentences so they are true for you.**

- 1 I got really angry when \_\_\_\_\_.
- 2 I sometimes get confused about \_\_\_\_\_.
- 3 \_\_\_\_\_ always makes me feel stressed.
- 4 One thing I'm pleased about is \_\_\_\_\_.
- 5 I felt so embarrassed when \_\_\_\_\_.
- 6 The time I feel most relaxed is \_\_\_\_\_.

**10 Extension Complete the sentences with these words. There are two adjectives you don't need.**

cheerful	disappointed	grateful	impatient
jealous	proud	scared	selfish

- 1 I'm very \_\_\_\_\_ of Amy's new mobile phone – it's so much better than mine.
- 2 You mustn't be so \_\_\_\_\_ with him when he makes a mess – he's only four.
- 3 We're extremely \_\_\_\_\_ to you for being so generous.
- 4 I'm really \_\_\_\_\_ with my mark – I only got 48%.
- 5 Javier has been incredibly successful, but we're very \_\_\_\_\_ of all our children.
- 6 Pete never helps out with the kids. It's really \_\_\_\_\_ of him.

**11 Extension Choose the adjective that can't be followed by the preposition.**

- 1 *proud* / *jealous* / *cheerful* + **of**
- 2 *impatient* / *selfish* / *disappointed* + **with**
- 3 *lonely* / *worried* / *nervous* + **about**.
- 4 *upset* / *ashamed* / *scared* + **of**
- 5 *annoyed* / *angry* / *embarrassed* + **with**
- 6 *excited* / *proud* / *pleased* + **about**

**12 Extension Are these adjectives positive or negative? Complete the table.**


angry	ashamed	bored	cheerful
confused	delighted	excited	grateful
impatient	lonely	pleased	relaxed
scared	selfish	upset	worried

Positive	Negative

## PRONUNCIATION -ed adjectives

13 Listen to the adjective and choose the correct pronunciation of -ed.  2

- 1 annoyed /t/ /d/ /ɪd/
- 2 stressed /t/ /d/ /ɪd/
- 3 relaxed /t/ /d/ /ɪd/
- 4 delighted /t/ /d/ /ɪd/
- 5 pleased /t/ /d/ /ɪd/
- 6 excited /t/ /d/ /ɪd/
- 7 scared /t/ /d/ /ɪd/

14 Choose the correct options. Then listen and check.  3

- 1 Yes, I was terrified.
  - a Were you scared of him?
  - b Were you annoyed with him?
  - c Were you ashamed of him?
- 2 Yes, he was. He thought she'd had an accident.
  - a Was he worried about her?
  - b Was he pleased with her?
  - c Was he bored of her?
- 3 Yes, she's delighted.
  - a Is she annoyed with him?
  - b Is she disappointed with them?
  - c Is she pleased with it?
- 4 Yes, they are. They can't wait!
  - a Are they confused about it?
  - b Are they excited about it?
  - c Are they stressed about it?
- 5 Yes, it helps me sleep.
  - a Does that make you feel relaxed?
  - b Does that make you feel stressed?
  - c Does that make you feel scared?

## LISTENING

15 Do you have a funny habit? Think of something about yourself that only a close friend or family member might know.

*Footballer Wayne Rooney turns on a vacuum cleaner to help him fall asleep.*

*Author Stephen King eats a slice of cheesecake before writing.*

*Actor Jennifer Aniston touches the outside of a plane before getting on.*

16 Listen and choose the correct answers.  4

- 1 In the show *Tell Me Straight* ...
  - a Charlie talks to celebrities.
  - b Charlie talks to people who know celebrities well.
  - c Charlie talks to people who know a lot of celebrities.
- 2 Why does Sandra Rind eat a carrot?
  - a Because it makes her feel relaxed.
  - b Because she's hungry before she goes on stage.
  - c Because it's good for her voice.
- 3 Bruce Collins sometimes finds it difficult ...
  - a to count to 100.
  - b to fall asleep.
  - c to know the difference between left and right.
- 4 Which celebrity sang in a car?
  - a Jamie Cawley.
  - b Gerri Pennington.
  - c Ralph Powell.
- 5 Who told a secret about Gerri Pennington?
  - a Her driving instructor.
  - b Her best friend.
  - c Her boyfriend.
- 6 Charlie thinks that ...
  - a everyone has a few secrets.
  - b the celebrities feel very embarrassed.
  - c Fred is going to tell her a secret.

17 Listen again and complete the sentences.  4

- 1 Fred is surprised to hear that a footballer is \_\_\_\_\_ of spiders.
- 2 Ralph Powell was \_\_\_\_\_ that he passed his test.
- 3 Sandra Rind feels very \_\_\_\_\_ before she goes on stage.
- 4 Eating a carrot helps Sandra to be more \_\_\_\_\_.
- 5 If he says the wrong numbers, Bruce Collins feels \_\_\_\_\_ and he becomes more \_\_\_\_\_.
- 6 Gerri Pennington writes *left* and *right* on her hands so that she isn't \_\_\_\_\_.
- 7 Charlie is \_\_\_\_\_ to the celebrities and hopes they aren't too \_\_\_\_\_.



- 18** Think about what you heard about the celebrities and decide who said the things below. There is one name you don't need.

Bruce Collins	Gerri Pennington	Jamie Cawley
Ralph Powell	Sandra Rind	

- 1 'Yes, I've finally done it – no more lessons!' \_\_\_\_\_
- 2 'Sorry, did you mean this side of the street, or the other side?' \_\_\_\_\_
- 3 'A hundred, ninety-nine, ninety-eight, ...' \_\_\_\_\_
- 4 'Camp in the forest? No way – not with all those insects!' \_\_\_\_\_



## GRAMMAR Subject / object questions

- 19** Match the questions with the answers.

- 1 Who brought the chocolate cake? \_\_\_\_\_
  - 2 How much does Gary earn? \_\_\_\_\_
  - 3 Why was Jenny so angry? \_\_\_\_\_
  - 4 Who earns the most? \_\_\_\_\_
  - 5 Who was angry? \_\_\_\_\_
  - 6 What did she bring? \_\_\_\_\_
- a Gary does; he earns about £30,000.  
 b Jenny. She was angry because Pete was late.  
 c Gary earns about £30,000, I think.  
 d Anna brought it, she made it herself.  
 e Jenny was angry because Pete was late.  
 f Anna brought a chocolate cake.

- 20** Correct the mistakes in the questions. Each question contains one mistake.

- 1 What TV programmes do make you angry?
- 2 Who you talk to when you are confused?
- 3 Who does laugh most in your family?
- 4 Why they feel excited?
- 5 How many people do think this is wrong?
- 6 Whose cake does taste the best?

- 21** Put the words in the correct order to make questions.

- 1 look / why / angry / so / Jo / does / ?  
\_\_\_\_\_
- 2 food / did / eat / how much / they / ?  
\_\_\_\_\_
- 3 a / has / bike / puncture / whose / ?  
\_\_\_\_\_
- 4 what / them / did / Pepe / say / to / ?  
\_\_\_\_\_
- 5 swimming / go / do / how often / you / ?  
\_\_\_\_\_
- 6 people / came / how many / the / party / to / ?  
\_\_\_\_\_

- 22** Read the answers and complete the questions.

- 1 A How much money \_\_\_\_\_?  
B They collected more than £500.
- 2 A Who \_\_\_\_\_?  
B Kim gave us the flowers.
- 3 A How often \_\_\_\_\_?  
B She cries every time she thinks of him.
- 4 A What \_\_\_\_\_?  
B Work makes me feel stressed.
- 5 A Why \_\_\_\_\_?  
B I listen to music to help me relax.
- 6 A How many \_\_\_\_\_?  
B He invited twenty people.

- 23** Write answers that are true for you.

- 1 What is your favourite type of movie?  
\_\_\_\_\_
- 2 How often do you go out to eat?  
\_\_\_\_\_
- 3 How many English classes have you taken?  
\_\_\_\_\_
- 4 When is your mother's birthday?  
\_\_\_\_\_
- 5 How many times have you seen your favourite movie?  
\_\_\_\_\_

# 1B Fake it until you feel it

## VOCABULARY BUILDING Suffixes

- 1 How are nouns formed from these adjectives? Complete the table.

confused	depressed	disappointed	embarrassed
excited	exhausted	friendly	happy
lonely	nervous	sad	selfish

+ment	+ness	+ion

- 2 Complete the sentences with a noun formed from the adjective in brackets.

- Your happiness is what's most important. (happy)
- Not being picked for the team was a big \_\_\_\_\_. (disappointed)
- There seems to be some \_\_\_\_\_ about the result. (confused)
- Having to wait only added to the \_\_\_\_\_. (excited)
- It's with great \_\_\_\_\_ that we announce the death of Anna Jackson. (sad)
- John has always suffered from \_\_\_\_\_. (depressed)
- She's such an \_\_\_\_\_ to her family. (embarrassed)

## READING

- 3 Read the text. What is the World Happiness Report?

- A description of how to make the world happier.
- A comparison of levels of happiness in different countries.
- A list of the 156 happiest places on Earth.

- 4 Look at the words in bold in the text and match them with their definitions.

benchmark	consistently	corruption	evaluation
imaginary	life expectancy	rank	stark

- in a way that does not change \_\_\_\_\_
- not real \_\_\_\_\_
- a level used as a standard when comparing other things \_\_\_\_\_
- the length of time that a person is likely to live \_\_\_\_\_
- obvious in an unpleasant way \_\_\_\_\_
- to put something into a position on a list according to importance, success, size, etc \_\_\_\_\_
- dishonest or illegal behaviour \_\_\_\_\_
- the act of deciding how good or bad something is \_\_\_\_\_

- 5 Read the statements. Are the sentences true (T), false (F) or is the information not given (NG)?

- The World Happiness Report is only read by governments. \_\_\_\_
- In the survey, people are asked to decide how happy their life is. \_\_\_\_
- Dystopia is an imaginary country where people are extremely happy. \_\_\_\_
- Children are not included in the survey. \_\_\_\_
- Some people think that the number of people surveyed is too small. \_\_\_\_
- The World Happiness Report doesn't consider economic factors. \_\_\_\_
- In Iceland and Denmark, people don't pay for medical treatment. \_\_\_\_
- People live longer in Madagascar than in Togo. \_\_\_\_

- 6 Look at the statements and match them with these countries.

Australia	Denmark	Iceland	Madagascar
Switzerland	Togo	United Kingdom	United States

- Most of its citizens know more than one language. \_\_\_\_\_
- It's ranked 13th in the 2016 World Happiness Report. \_\_\_\_\_
- It's free to go to university here. \_\_\_\_\_
- It's an island and one of the world's unhappiest countries. \_\_\_\_\_
- Its citizens live nine years longer than the global average. \_\_\_\_\_
- It usually has pleasant weather. \_\_\_\_\_
- It has a lower than average life expectancy. \_\_\_\_\_
- It's ranked ten places lower than the United States. \_\_\_\_\_

# The World Happiness Report



 **5** The World Happiness Report is a **survey** of happiness in different countries published by the United Nations. First produced in 2012, it **ranks** 156 countries by their happiness levels. The report is attracting increasing interest because many governments are now using happiness data to develop policies which support people more effectively.

In the survey, which is available to the public on the World Happiness Report website, leading experts in fields such as economics, psychology, health and statistics describe how measurements of happiness can be used to assess the progress of a country. The report reviews the state of happiness in the world today and explains national variations. For example in 2016, Denmark was the world's happiest country, with the US ranked 13th and the United Kingdom 23rd. The island country of Madagascar, with a ranking of 148, is among the world's unhappiest nations.

So, how do researchers decide on these rankings? They are in fact based on answers to a life **evaluation** question called 'the Cantril ladder'. People are asked to think of a ladder, in which the best possible life for them is ranked 10, and the worst 0, and decide where their current life is on this 0 to 10 scale. Their answers are then adjusted based on six other factors: levels of GDP (Gross Domestic Product, the value of goods and services that a country produces in a year), **life expectancy**, generosity, social support, freedom and **corruption**. The results are compared to Dystopia,

an **imaginary** country that has the world's least happy people. Dystopia is the lowest **benchmark** of happiness, so that all other countries will be higher than it in relation to the six factors above.

One criticism of the report is that it only examines two to three thousand people per country, but researchers believe this is a large enough **sample**. They also think the report is helpful because, unlike many other world surveys, it doesn't only look at economic factors.

Why then is Denmark the world's happiest country? One thing is its life expectancy of 80 years, when the global average is only 71. It also has free health care and an excellent welfare system, which means that wealth is spread fairly across the population. Another country in the top ten is Australia, with its beaches and **consistently** warm temperatures – Melbourne has even been named the best city in the world to live in, because of low crime levels, good climate, medical care and transport systems. The country of Iceland came third, offering its citizens low taxes, free higher education and health care, and is also rated as the most peaceful nation on Earth. Switzerland, where the majority of citizens understand French, German and English, is currently in second place, enjoying healthy public finances, low taxes, an average life expectancy of nearly 83, and beautiful scenery connected by efficient railway lines. By **stark** contrast, African countries are among the least happy nations in the world, many affected by civil war and extreme poverty. The country of Togo, ranked in 155th place, has a life expectancy of just 58.

# 1C A breath of fresh air

## GRAMMAR Talking about the present

### 1 Match the rules with the sentences.

- 1 Use the present simple to talk about things that are generally true. \_\_\_\_\_
  - 2 Use the present perfect to describe actions that started in the past and continue to the present. \_\_\_\_\_
  - 3 Use the present simple to describe habits and routines. \_\_\_\_\_
  - 4 Use the present continuous with *always* to describe actions that happen often and annoy the speaker. \_\_\_\_\_
  - 5 Use the present continuous to talk about actions happening at or around the present time. \_\_\_\_\_
  - 6 Use the present simple with state verbs, e.g. *enjoy, agree, think*. \_\_\_\_\_
  - 7 Use the present continuous to talk about changing situations. \_\_\_\_\_
- a We're sending cards less often these days.  
b Karl is speaking to another customer at the moment.  
c Louise and I have known each other for over 30 years.  
d I definitely agree with your decision.  
e Niamh is always making stupid comments.  
f She goes to a karate class on Tuesdays.  
g Planets closer to the sun have shorter years than Earth.

### 2 Are the verbs in bold correct or incorrect? Correct those that are incorrect.

- 1 Water **is freezing** at 0 degrees Celsius.
- 2 The phone **rings**. Can you answer it?
- 3 If it's not raining she usually **walks** to work.
- 4 I'm bored. I **am wanting** to watch TV.
- 5 **A** It's 6 o'clock already, we need to go.  
**B** Sorry, Freya, **I've come**.
- 6 Koala bears **sleep** for more than twenty hours a day.
- 7 Dan's often confused. He's always **asking** questions.
- 8 I **feed** the cat while John and Angie are on holiday this month.

### 3 Choose the correct option to complete the sentences.

- 1 Chris usually *reads / is reading* before going to sleep.
- 2 I often *am enjoying / enjoy* a cup of hot chocolate at bedtime.
- 3 *We're shopping / We've shopped* online for two years now.
- 4 Beth is so angry all the time. *She's always shouting / She's always shouted*.
- 5 The sun *doesn't set / isn't setting* in Iceland in June.
- 6 Some people *think / are thinking* this is a good idea.
- 7 They *never go / are never going* to bed before midnight.
- 8 *I laugh / I'm laughing* because you look funny!

### 4 Put the words in the correct order to make sentences and questions.

- 1 bakes / Anna / every / bread / day / .  
\_\_\_\_\_
- 2 long / how / you / have / truth / known / the / ?  
\_\_\_\_\_
- 3 Jack / always / asking / me / to / help / him / is / .  
\_\_\_\_\_
- 4 right / now / feeling / are / how / you / ?  
\_\_\_\_\_
- 5 the / Internet / changing / the / communicate / we / way / is / .  
\_\_\_\_\_
- 6 moon / the / at / per hour / ten / miles / rotates / .  
\_\_\_\_\_
- 7 become / recently / life / very / has / difficult / .  
\_\_\_\_\_
- 8 usually / to / TV / I / watch / relax / .  
\_\_\_\_\_

### 5 Complete the conversations using *always* + the present continuous form of the verbs in brackets.


- 1 **A** There's a problem with my car again.  
**B** No way! \_\_\_\_\_. (break down)
- 2 **A** Sarah finds it difficult to get up in the morning.  
**B** I'm not surprised. She \_\_\_\_\_ to bed late. (go)
- 3 **A** Amy was really angry with her parents.  
**B** I don't blame her. \_\_\_\_\_. (interfere)
- 4 **A** Katy wants to borrow £20.  
**B** Typical. \_\_\_\_\_ for money. (ask)
- 5 **A** I can't read the menu without my glasses.  
**B** Where are they? \_\_\_\_\_ to bring them. (forget)
- 6 **A** It's going to be another long night at the office.  
**B** Really? \_\_\_\_\_ late. (work)
- 7 **A** Tyler has a stomach bug and can't come out tonight.  
**B** Poor Tyler! \_\_\_\_\_ sick. (feel)
- 8 **A** Dean is the worst roommate. He never helps with the cleaning.  
**B** Maybe you should move. \_\_\_\_\_ about him. (complain)





**6** Complete the text with the present simple, continuous or perfect form of the verb in brackets.

Andy and I **(1)** \_\_\_\_\_ (share) a flat for about a year. He **(2)** \_\_\_\_\_ (enjoy) exercise and every morning he **(3)** \_\_\_\_\_ (run) around the park. He **(4)** \_\_\_\_\_ (always ask) me to go with him but I really **(5)** \_\_\_\_\_ (not like) getting up early, so sometimes I **(6)** \_\_\_\_\_ (swim) in the local pool after work. In the evenings, I usually just **(7)** \_\_\_\_\_ (watch) TV but Andy is the sort of person who **(8)** \_\_\_\_\_ (read) a book or **(9)** \_\_\_\_\_ (do) the crossword. He **(10)** \_\_\_\_\_ (also learn) German at the moment. Right now, he **(11)** \_\_\_\_\_ (cook) a meal for the two of us and **(12)** \_\_\_\_\_ (listen) to the radio. He **(13)** \_\_\_\_\_ (find) it very difficult to relax and so he often **(14)** \_\_\_\_\_ (clean) the kitchen after dinner too. That's great for me though as I **(15)** \_\_\_\_\_ (always be) very lazy.

**7** Listen and choose the correct options.  **6**

- 1** Do you know Jason?  
**a** Yes, we're knowing him for a couple of years.  
**b** Yes, we've known him for a couple of years.
- 2** Are you ready yet?  
**a** Almost, I just come.  
**b** Almost, I'm just coming.
- 3** Is Simon angry about it?  
**a** No, he agrees with my decision.  
**b** No, he's agreeing with my decision.
- 4** What does she do at the weekend?  
**a** She's usually gone shopping on Saturday morning.  
**b** She usually goes shopping on Saturday morning.
- 5** Is Alex with you?  
**a** No, he's playing tennis with a friend.  
**b** No, he plays tennis with a friend.
- 6** Does Alice have a part-time job?  
**a** Yes, she works in a bar.  
**b** Yes, she's worked in a bar.
- 7** Is Erica still living in Spain?  
**a** No, she lives in Portugal now.  
**b** No, she's lived in Portugal now.
- 8** When do you go to the gym?  
**a** I go before work.  
**b** I am going before work.