



# Science Skills

1

Pupil's Book





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# SCIENCE SKILLS 1



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Parts of the body

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### 5 I'm alive!

Living and non-living things

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### 6 Feelings lab

Identity, feelings and working together

Page 66

- Introduction to the course characters

- Bones, joints and muscles
- Parts of the face
- Parts of the body
- Senses
- Sections of the body

- Food groups
- Sport
- Five a day
- Healthy habits

- Vertebrates and invertebrates
- Wild and domestic animals
- How animals move
- Habitats
- Animal groups

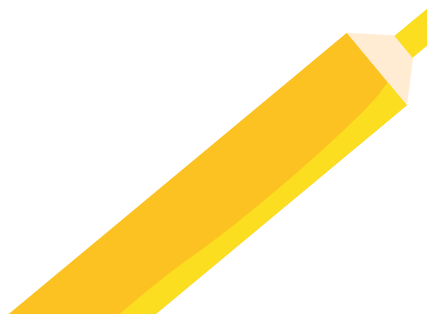
- Parts of a plant
- Wild and cultivated plants
- Trees, bushes and grasses
- What plants make

- The circle of life: plants, animals and people are living things
- What living things need
- Non-living things

- Good and bad choices
- Helping at home
- Behaviour at school and at home

Let's review ...

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## Projects and experiments

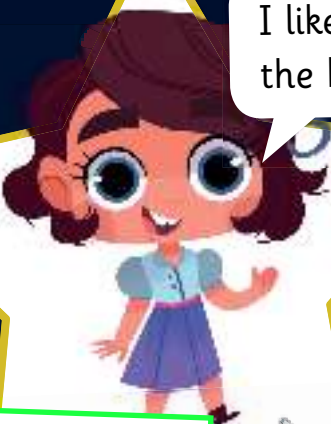
## Mindful time

## Documentaries

|  |  |  |  |
|--|--|--|--|
|  | <ul style="list-style-type: none"> <li>• Build a skeleton.</li> <li>• Make a Body mini book.</li> <li>• Make a potion.</li> </ul>                            | <ul style="list-style-type: none"> <li>• Belly breathing</li> </ul>                    | <ul style="list-style-type: none"> <li>• Incredible bodies</li> </ul>            |
|  | <ul style="list-style-type: none"> <li>• Keep a food diary.</li> <li>• Find out why we need to brush our teeth.</li> </ul>                                   | <ul style="list-style-type: none"> <li>• Contract and relax your body parts</li> </ul> | <ul style="list-style-type: none"> <li>• In the supermarket</li> </ul>           |
|  | <ul style="list-style-type: none"> <li>• Make an animal habitat.</li> <li>• Find out what birds eat.</li> </ul>  | <ul style="list-style-type: none"> <li>• Sounds of nature</li> </ul>                   | <ul style="list-style-type: none"> <li>• Animal trip</li> </ul>                  |
|  | <ul style="list-style-type: none"> <li>• Find out what plants need to live.</li> </ul>   | <ul style="list-style-type: none"> <li>• Breathe like a tree</li> </ul>                | <ul style="list-style-type: none"> <li>• All about plants</li> </ul>             |
|  | <ul style="list-style-type: none"> <li>• Make a crazy garden.</li> <li>• Make an animal poster.</li> <li>• The time of my life!</li> </ul>                   | <ul style="list-style-type: none"> <li>• Sensations</li> </ul>                         | <ul style="list-style-type: none"> <li>• Living and non-living things</li> </ul> |
|  | <ul style="list-style-type: none"> <li>• Make a postbox for positive messages.</li> <li>• Do a survey to find out what chores your classmates do.</li> </ul> | <ul style="list-style-type: none"> <li>• Mirrors</li> </ul>                            | <ul style="list-style-type: none"> <li>• Good choices</li> </ul>                 |

**Story 1** → Page 90   
 **Story 2** → Page 92   
 **Story 3** → Page 94

# MEET OUR SCIENTISTS



I like studying  
the human body.

Little Franklin



I like healthy  
food and I  
love milk!

Little Pasteur



I love animals.

Little Cuvier



I know a lot  
about plants.

Little Aristotle



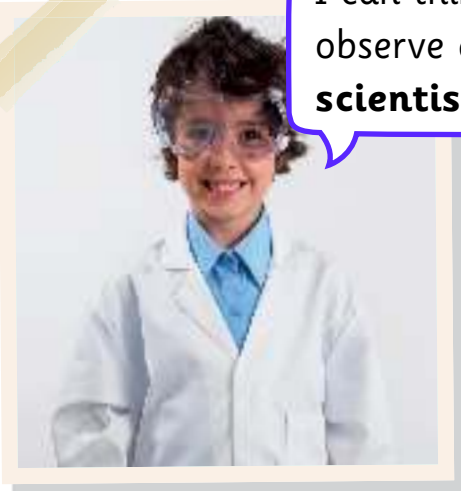
I am interested  
in living things.

Little Linnaeus



Thanks to me,  
doctors can  
use X-rays.

Little Curie



I can think, predict, experiment, observe and conclude. **I am a scientist too!**

### Scientific method:

- 1 Predict
- 2 Experiment
- 3 Observe and conclude

1



2



3



## Scientist card



Print your finger here when you complete a unit.



Name:

Age:

Welcome Unit

Unit 1

Unit 2

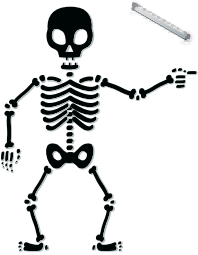
Unit 3

Unit 4

Unit 5

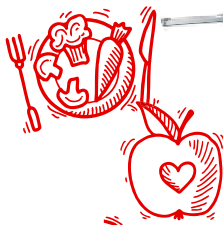
Unit 6

What do you like? Circle.



bones and skeletons

plants



healthy food

sport



family



friends





1

MOVE YOUR BODY!

Who is dancing?

Hello! I'm Little Franklin.  
I'm six today.

Who is happy? Who is sad?

Mindful

Belly  
breathing

time



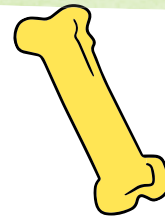
**Song**  
Body parts



**DOCUMENTARY**  
Incredible bodies

# ARE BONES HARD OR SOFT?

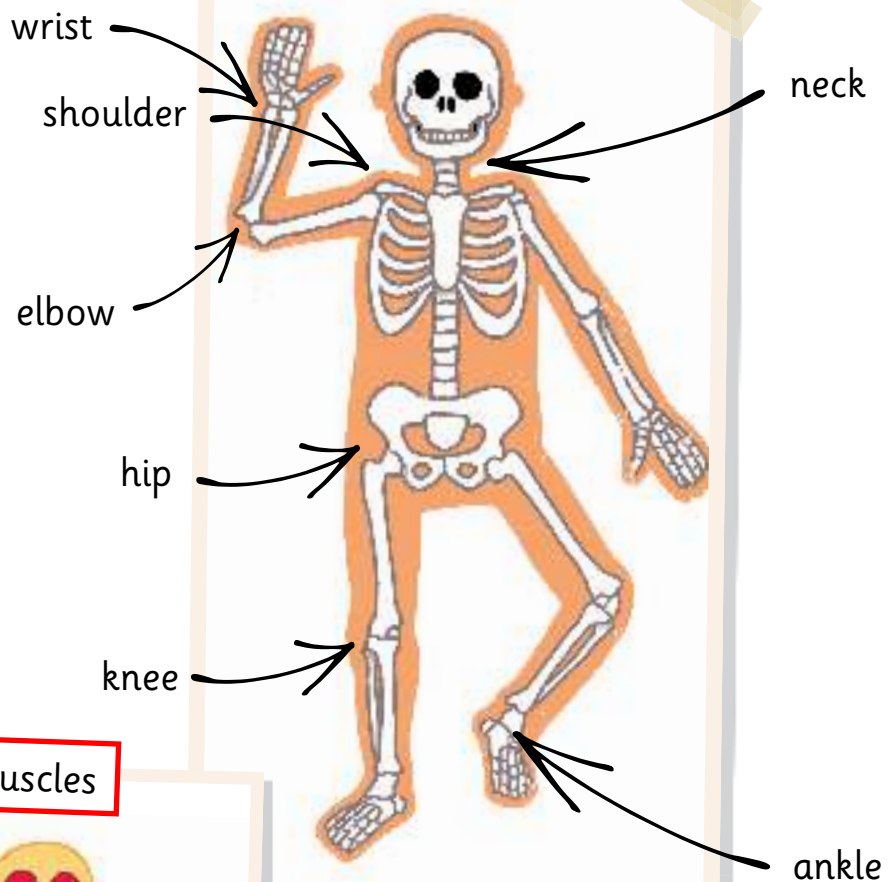
Point to your joints. Practise saying them.



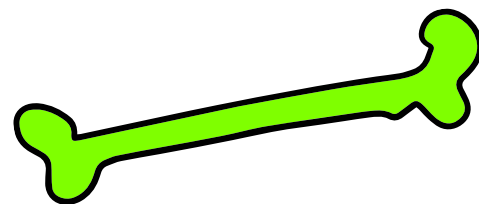
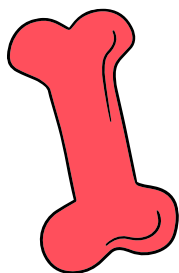
bones



joints



muscles



## FUN FACT

The smallest bone in the body is in the ear.