Cambridge Primary Pottly Leading



Activity Book with Digital Pack

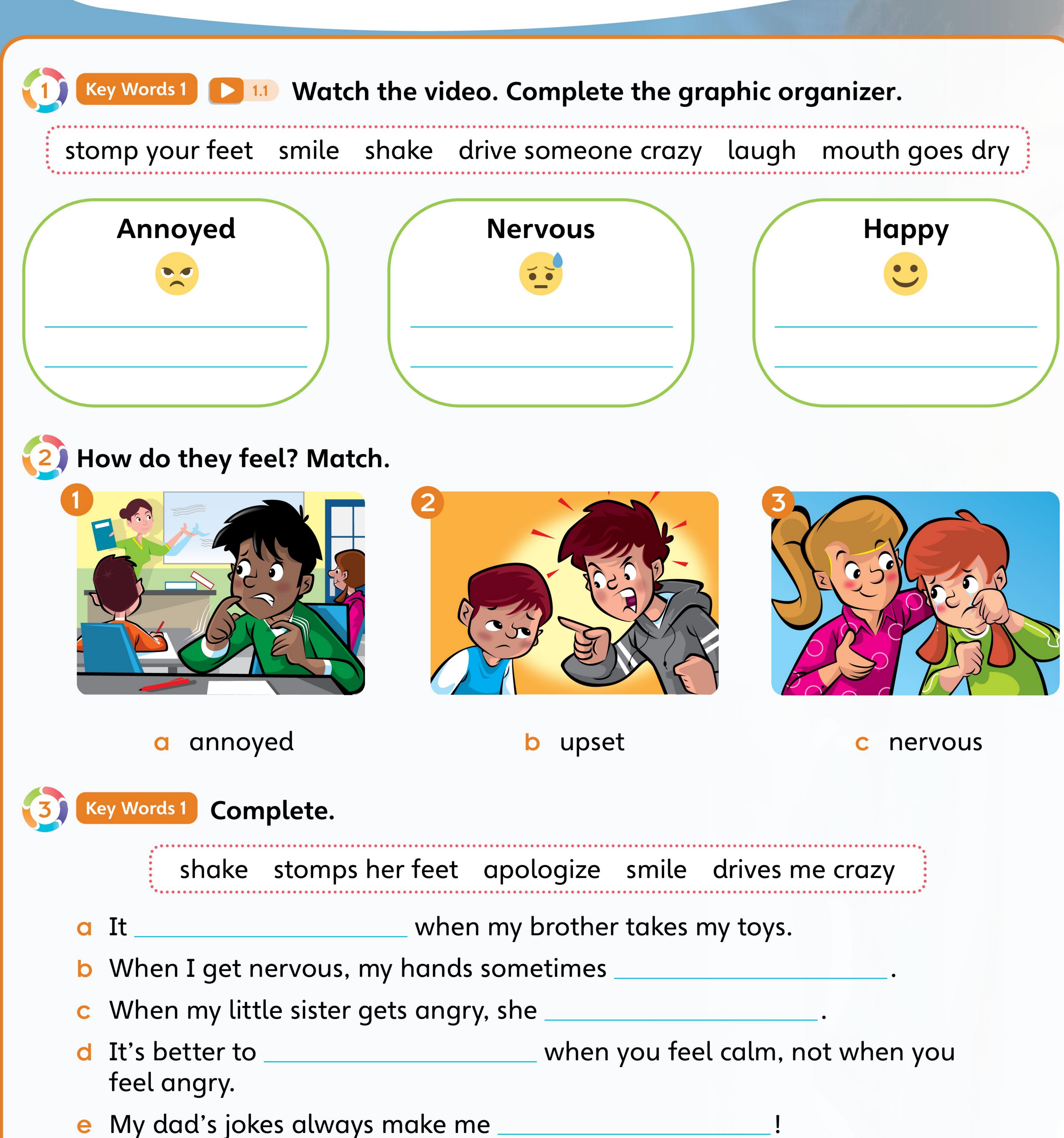


Second Edition Cambridge Primary Path



Activity Book
with Digital Pack
Helen Kidd





Ready to Read: Nonfiction

1

Key Words 2 Match.

1 sweat

- a sad
- 2 scream

b sudden, angry crying, often in a young child

3 pout

c to produce liquid through your skin

4 hug

- d feeling pleased about something you did
- 5 unhappy
- e to push your lips forward, often to show you are annoyed

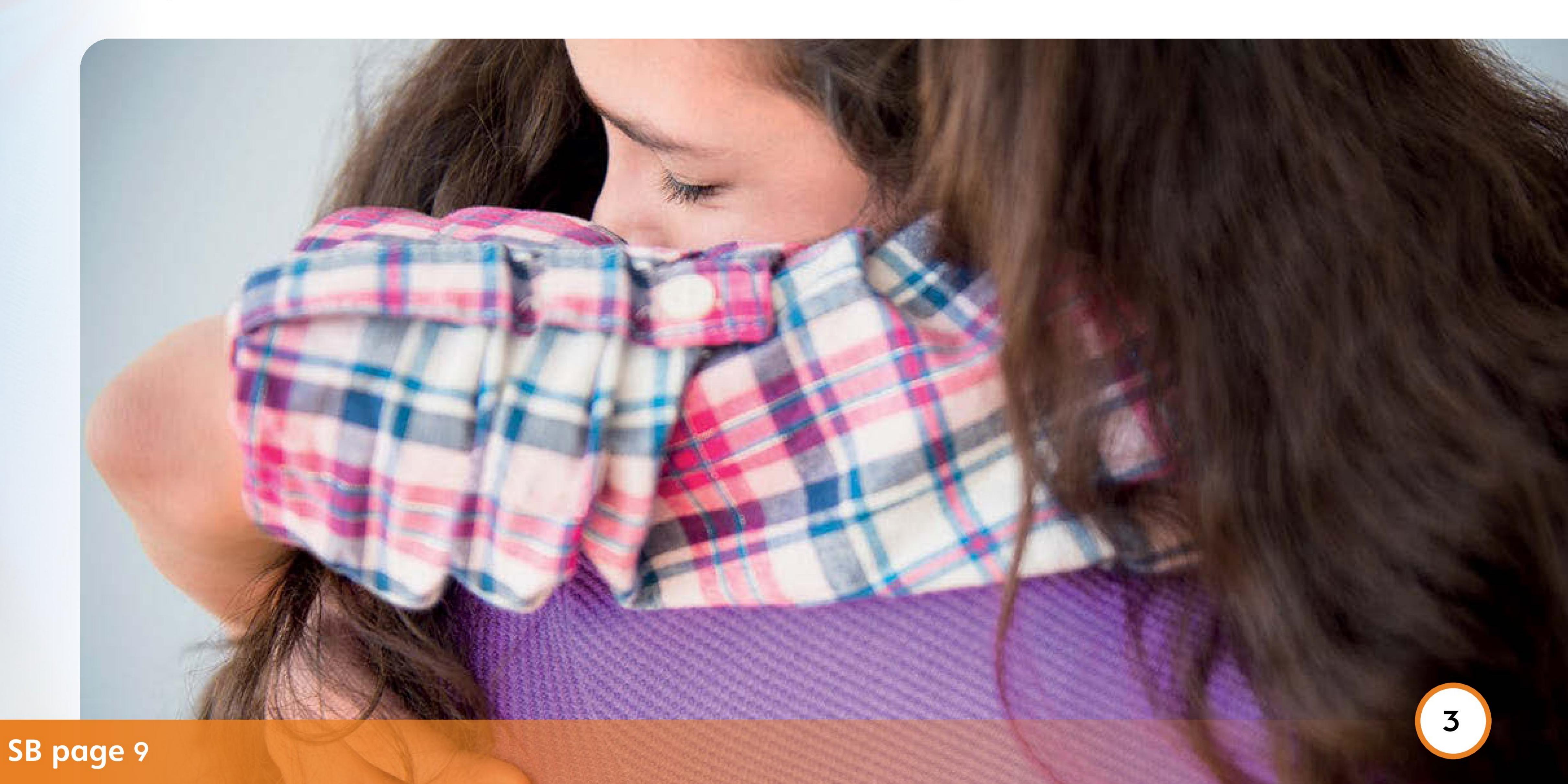
6 proud

- to squeeze someone in your arms
- 7 tantrum
- g to make a long, loud, high sound

Read and complete.

sweat scream pouts hugged unhappy proud tantrum

- My little brother got annoyed and had a big ______. He cried and stomped his feet.
- b When you run around a lot or get nervous, you sometimes ______.
- c "Are you OK? You look a little _____."
- d The girls felt very _____ when they won the soccer tournament.
- e Finn _____ his friend when his friend was upset.
- f If you feel really angry, _____ at the sky rather than another person!
- g My sister sometimes _____ if she doesn't get what she wants.



- Look. What do you think the article is about?
- Read. Circle the theme of the article.
 - a friends
 - blaughter
 - c health

Reading Strategy: Identifying Theme

The theme of a text is the most important message or topic. Identifying the theme can help you understand the text.

The Best Medicine?





Laughing with friends can make us feel happy, whether we are nine or ninety. Like a hug, it can make us feel better when we are unhappy. Laughing can "break the ice" between people who don't know each other and help them to feel more comfortable. It can even connect people who don't speak the same language—funny faces can make anyone laugh!



Some researchers think that the main purpose of laughter is to bring people together and help them live in groups. Being able to laugh made early humans different from animals. While other animals were living in small groups, our ancestors started to make bigger groups. Perhaps this helped them to survive.



There is also evidence that laughter is good for our bodies. Some scientists think it can make blood flow around the body more quickly and easily. This is good for the heart and the brain. Laughter can also be a natural "painkiller." When we laugh, our bodies make chemicals. These can help us to feel less pain, to feel more relaxed, and even to fight infections. Some doctors think that just a few minutes of laughing each day can help to keep us healthy!



In the mid-1990s, laughter clubs started to appear. Now, there are thousands of them around the world. People meet, sometimes just for 10 or 15 minutes, to laugh together. You don't have to be a happy person or to tell jokes. The idea is that the physical act of laughing can make you feel better. So maybe the next time you feel so angry that you want to rant or scream, you should laugh instead.

Have your say!

Laughing really helps me to calm down.

— Jake, 10

I went to a laughter club once, but I felt really nervous! — Ella, 10

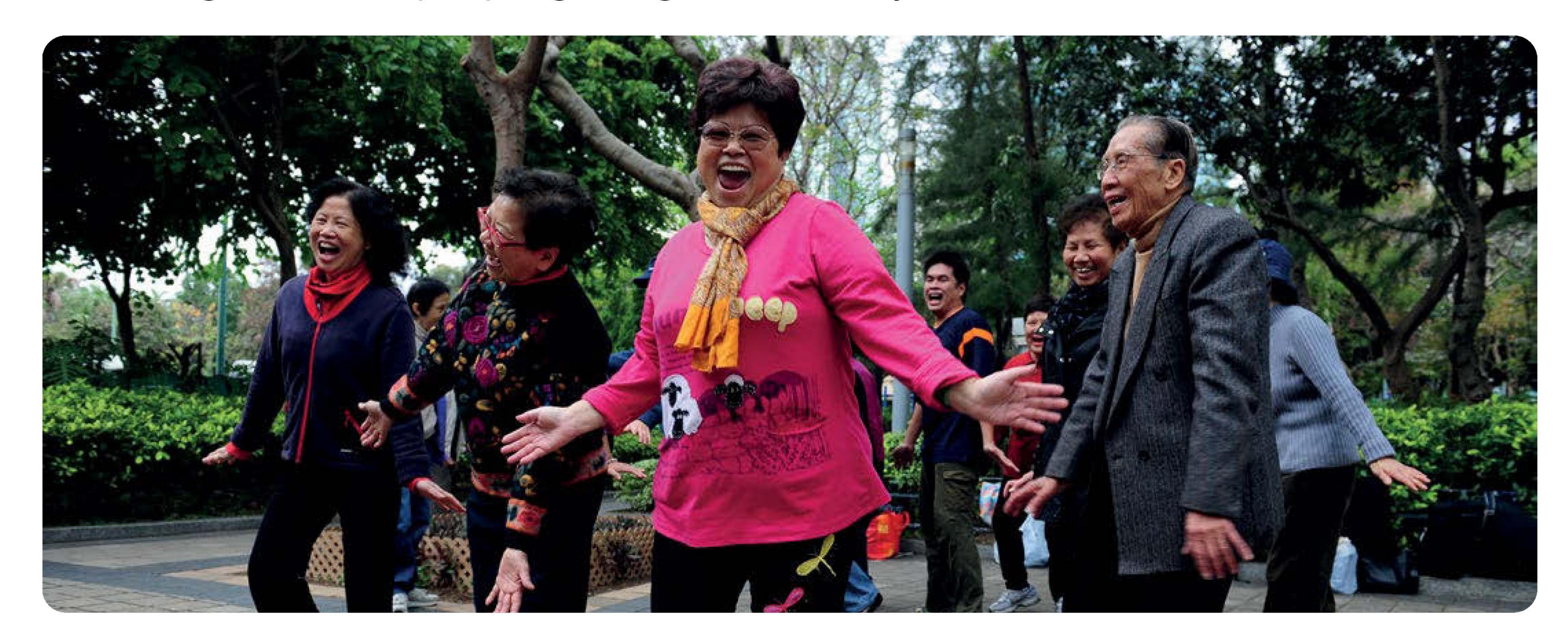


Mark v the themes the article covers.

a	the effect of laughter on our bodies	
b	the purpose of laughter	
C	how to make yourself laugh	
d	how laughter makes us feel better	
e	how to tell a good joke	
f	early humans and laughter	

Read and circle T (true) or F (false).

a	You can laugh only with people you know.	T	F
b	Laughter can connect people who speak different languages.	T	F
C	Only early humans, not animals, could laugh.	T	F
d	We feel pain more when we laugh.	T	F
e	Laughter clubs started in the 1990s.	T	F
f	At laughter clubs, people get together to tell jokes.	T	F



What do you think? Read and answer.

- a How do you feel when you laugh with friends?
- b What do you think of laughter clubs? Would you go to one?

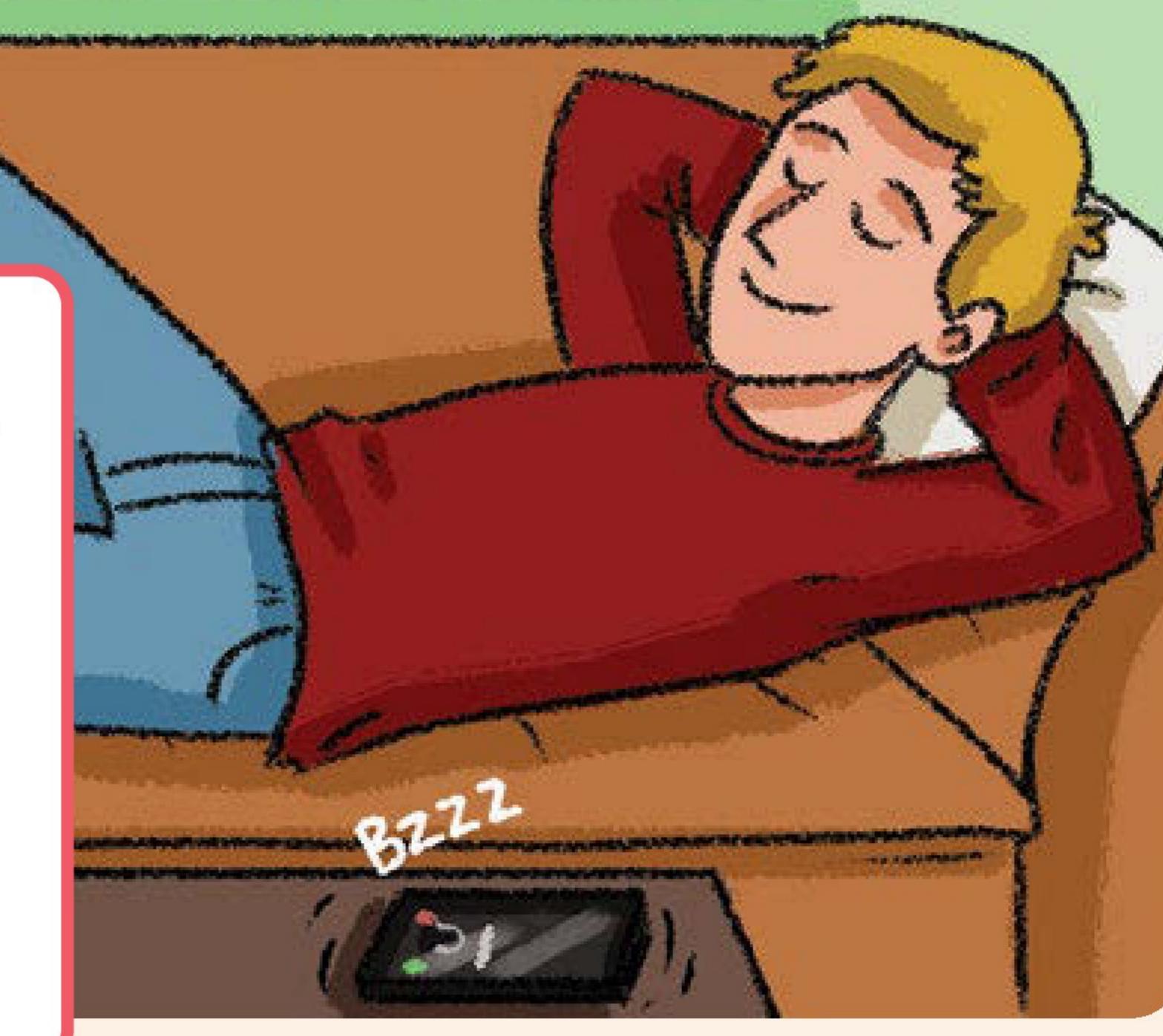
Interrupted Past

I started to sweat while I was waiting to give my presentation.

While you were sleeping, your phone rang!

The girl had a tantrum while her dad was shopping.

While other animals were living in small groups, our ancestors started to live in bigger groups.





Complete the sentences from the song on Student's Book page I2. Use the past simple or past progressive.

look read play break

- a While I was staying at the beach, I _____ my smartphone.
- b While I _____ on the beach, I lost my new shoes.
- c I ate some ice cream while I _____ out to sea.
- my book while I was lying in the sun.

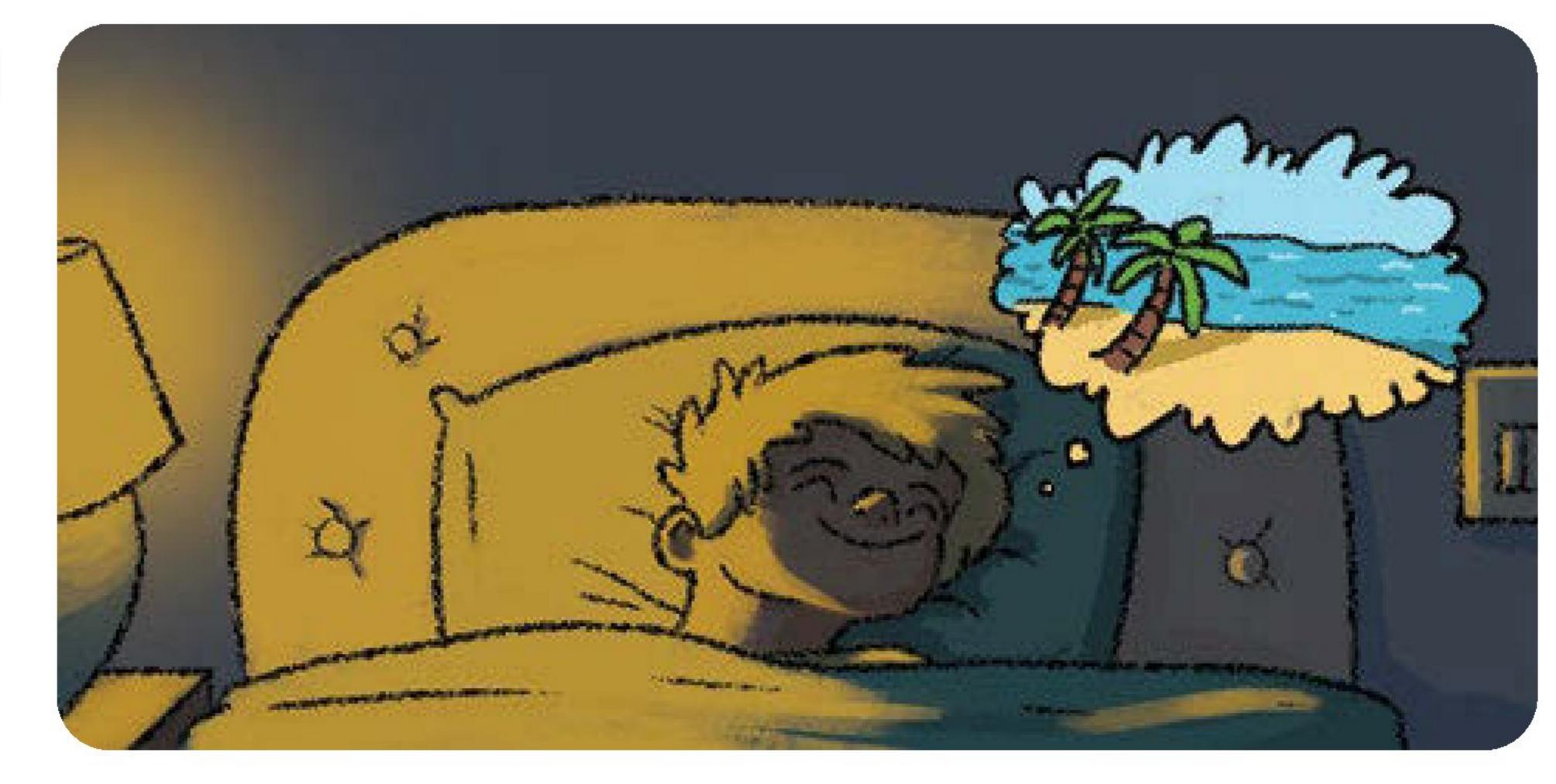
(2) Complete. Use the past simple or past progressive.



While we (play) in the (start) to rain. park, it



Lucy's dad (sneeze) (watch) TV. while they



(think) about While I (fall) asleep. my vacation, I



While Oscar (pack) his bag, he suddenly (feel) nervous about the competition.



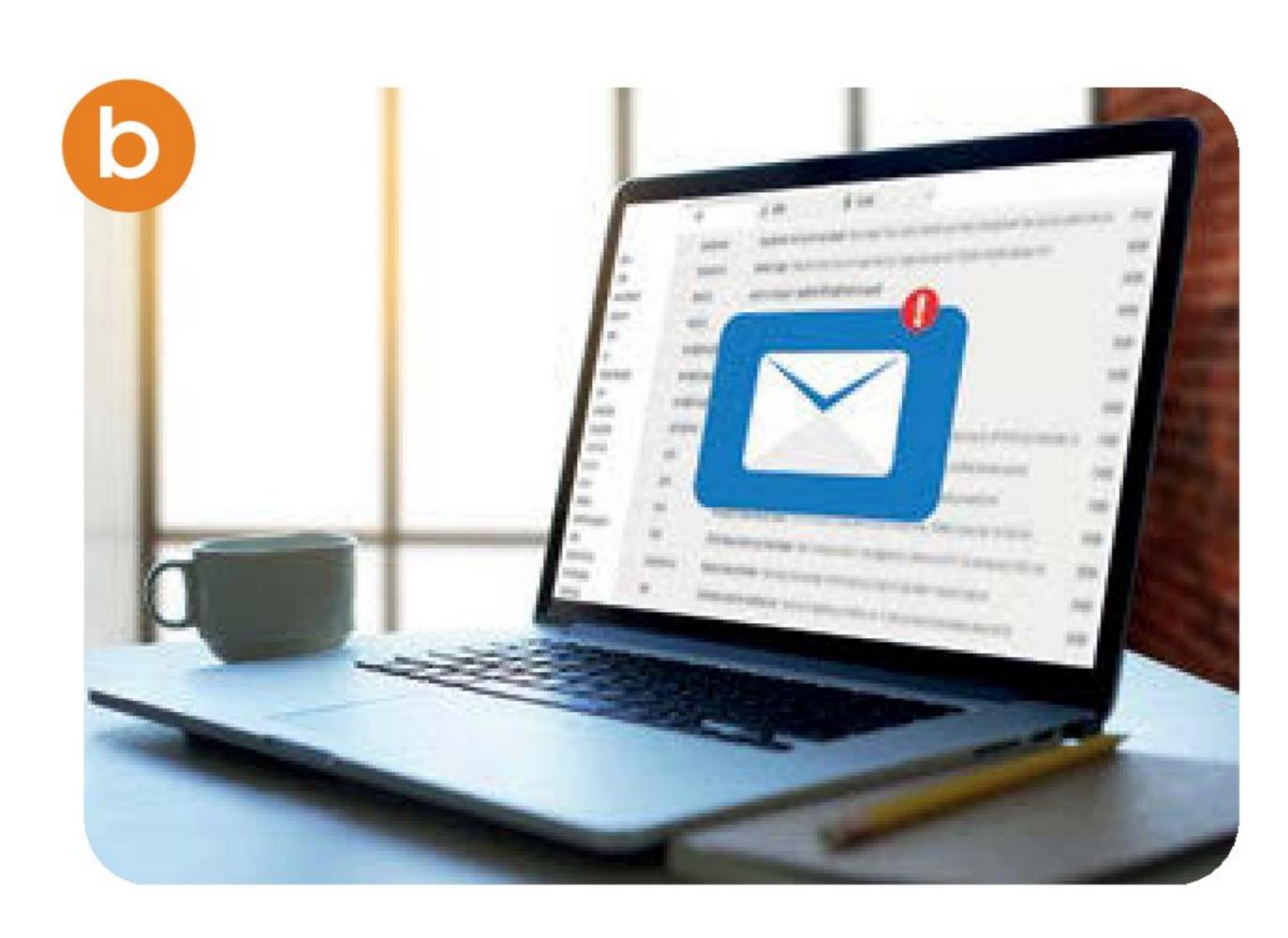
- Look. Do you know the name of the man in the photo?
- Read and check. Then, complete with the correct form of the past simple or past progressive. Mahatma Gandhi was a very famous Indian leader. He (believe) that all people should be equal. But when he was a student, speaking in public (not / be) easy for him. Once, while he (give) a presentation to a group of people, he (feel) very nervous. He 5 (not / can) (finish) the presentation for him. speak. Someone else 6 Another time, while he 7 _____ (work), he 8 ____ (leave) a meeting because he was so nervous that he couldn't think of any questions to ask! (5) Make sentences with the past simple and past progressive. a While / they / lie on the beach / the storm / start b While / I / have lunch / my cousins / arrive c Carla / feel / excited / while / she / go to the party d You / call / while / I / study e While / Dan / talk on the phone / the email arrive

My Life

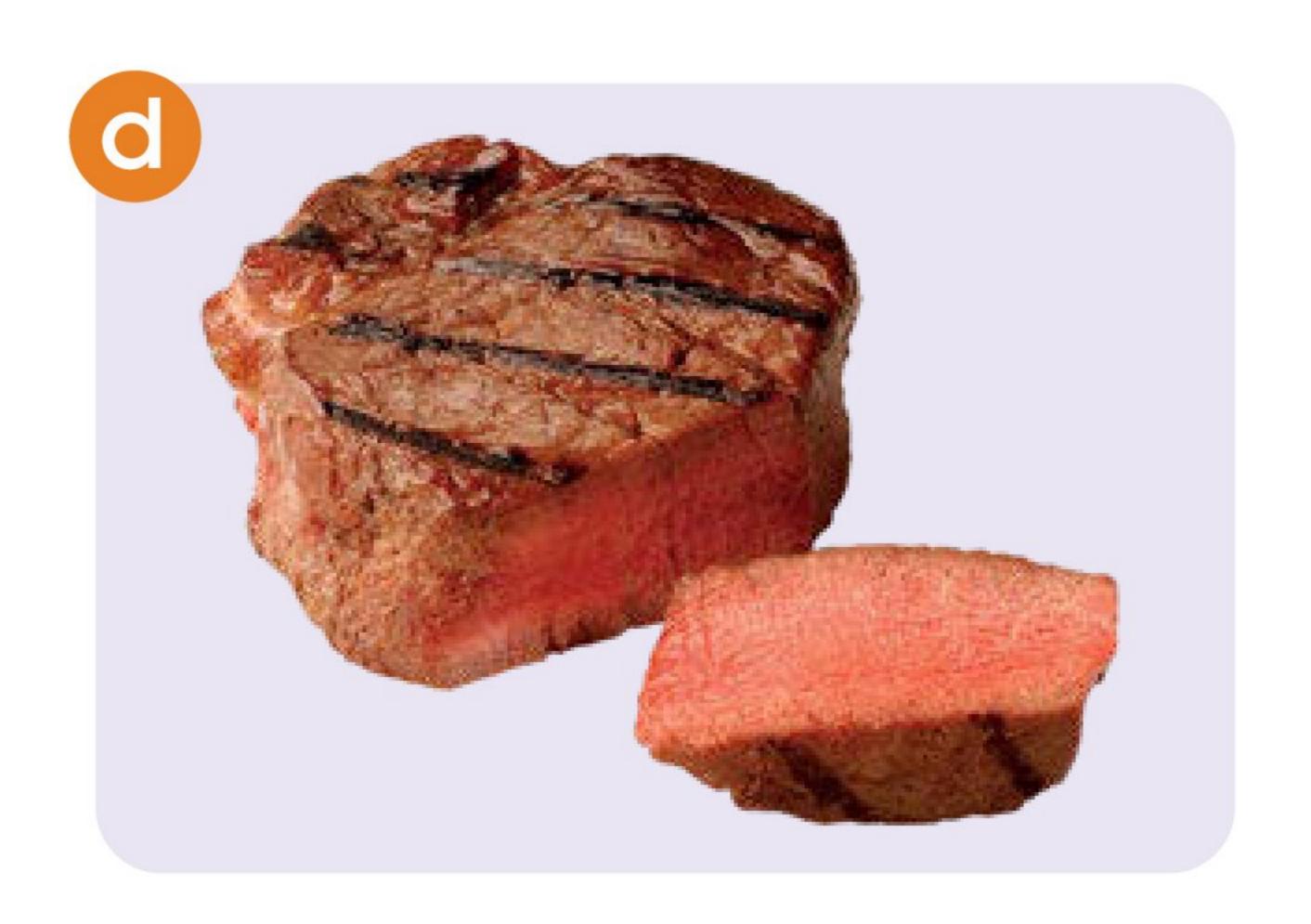
Fi	Finish the sentences with information about you. Use the past progressive.						
a	While I was thinking about	, I felt really excited.					
b	While I was	, I felt nervous.					
C	I felt annoyed while						

Say and write the words. Underline ai, ay, ei, or ea.

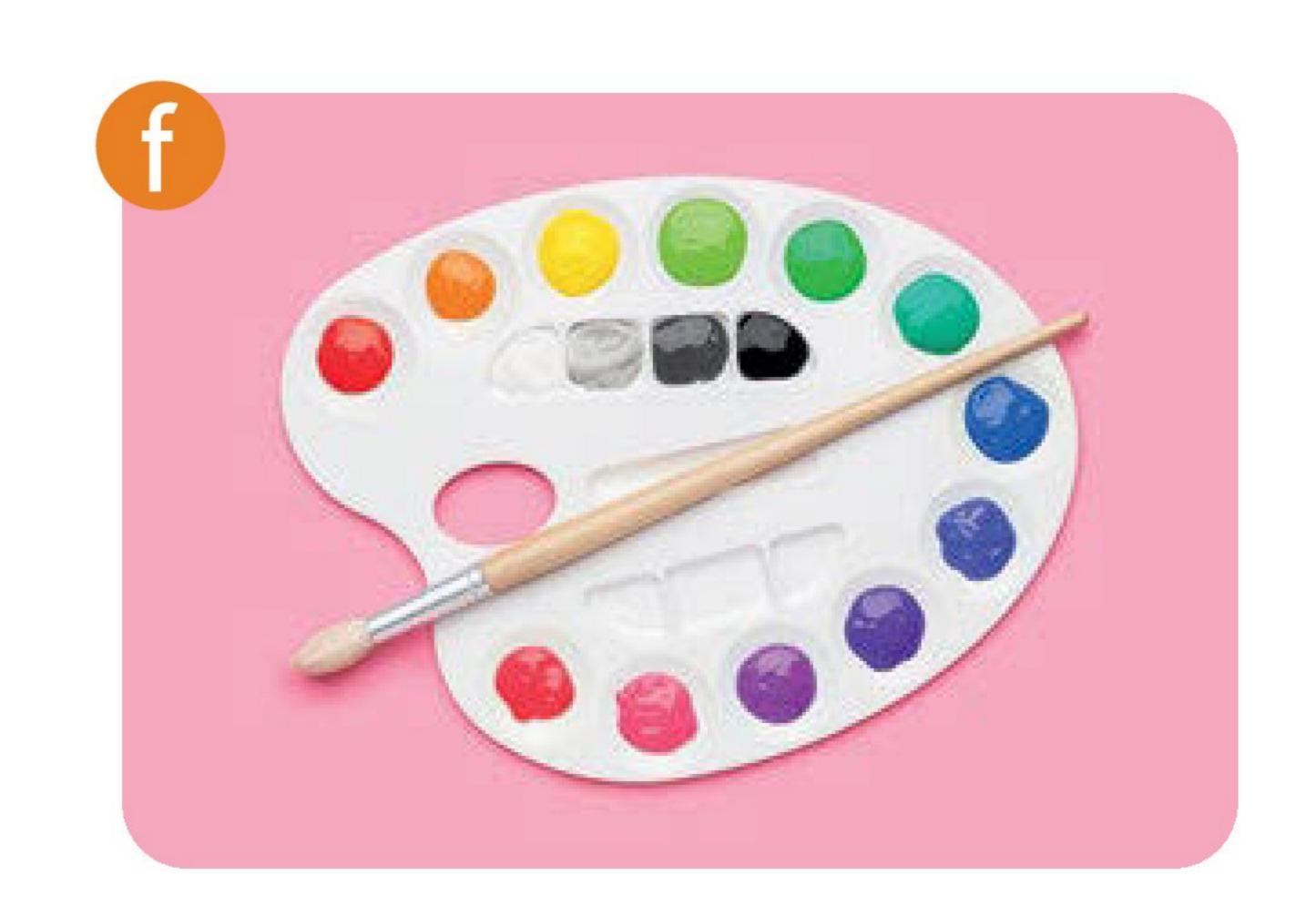












Circle the word with the different vowel sound.

a breakb steakgreatreactbreak

c protein sleigh eight

d explain say scream

e health play paint

wait beach stay

Oracy

- Read. Underline three useful ground rules for a discussion. Circle three useful ground rules for discussion and collaboration.
 - Listen to each other's ideas.
 - Look up.
 - Shout.

- Ask each other What do you think? and Why?
- Speak loudly.
- Speak quickly.

- Try to agree in the end.
- Speak clearly.
- Talk at the same time as other people.

Improve Your Writing

Adjectives

When we talk about emotions, we often use *-ed* adjectives. These adjectives tell people how we feel about something.

I felt bored / frightened / excited.

When we describe things such as books, movies, or events, we often use -ing adjectives. These adjectives tell people about the the things that make us feel an emotion.

The movie was boring / frightening / exciting.



Read and circle.

- a Did you go to bed late? You look really tired / tiring.
- b They didn't like the movie. It was too frightened / frightening.
- c The teacher was annoyed / annoying when the children didn't listen.
- d I have some excited / exciting news. I won the art competition!
- e What do you think is more interested / interesting—math or English?
- f My mom is bored / boring with her job. She's looking for a new one.
- Read and complete with *-ed* or *-ing* forms of the words in the box.

		tire	excite	bore	frighten	relax	interest	
a	Lily was so		a	bout h	er vacatio	n that s	he couldn	't sleep.
b	Sometimes, w	hen I'r	n angr	y, I liste	en to		music.	
C	Tom is really			in pho	tography.	He love	es it.	
d	"Did you like t	the bo	ok?" "N	lot mu	ch. I thou	ght it w	as	•
e	Our cat is		of	loud n	oises. She	hides b	ehind the	sofa!
f	I was so		that	: I slept	t through	the mo	vie!	



1 READ Answer the questions.

How many lines do the writers use in each poem? Why?

poem I: ______ poem 2: _____





- PLAN Prepare to write an acrostic poem. Choose an emotion. Complete the graphic organizer.
 - a How many lines do you need to use?
 - b Choose words and phrases you brainstormed in the Student's Book. Circle one letter in each line that is part of your emotion word. Select the best ones for your poem.

Hidden Emotion Word:
Words and Phrases:

- WRITE Use the graphic organizer to write your poem in your notebooks.
- 4) EDIT Did you ...
 - check the spelling of your emotion word?
 - include an -ing adjective?

	include	an	-ed	adj	ecti	ve?



Ready to Read: Fiction



Key Words 4 Circle.

1	I was so wh	_ when my presentation was finished. I could finally rela					
	a strict	b relieved	c shy				
2	Jo really Sh	e's the tallest in her	class.				
	a gets lost	b follows	c stands out				
3	That was! V	Ve got the last two	tickets for the concert.				
	a lucky	b strict	c lost				
4	How do you like to	relax after a	day?				
	a relieved	b stressful	c embarrassed				
5	The soccer coach is	very We alv	ways do what she tells us.				
	a strict	b lost	c stressful				
6	Danny felt really	when he drop	oed his lunch on the floor.				
	a relieved	b lucky	c embarrassed				

Find the words!

embarrassed stressful lucky strict shy courage lost relieved follow

R	X	D	M	J	C	F	Y	Z	D	I	T
E	M	В	A	R	R	A	S	S	E	D	S
L	E	Q	D	R	N	M	L	T	E	W	Н
Ι	R	L	X	U	S	L	U	C	K	Y	Y
E	W	P	S	G	T	O	F	S	K	O	В
V	A	N	0	N	D	M	S	W	D	J	R
E	W	U	Y	N	X	T	S	O	L	Y	M
D	Y	0	A	Y	C	J	E	N	В	Н	V
T	Н	T	L	E	G	A	R	U	O	C	O
E	S	A	F	L	Ι	S	T	R	Ι	C	T
0	R		I	D	O	R	S	X	Z	S	В
A	F	P	X	G	Ν	F	V	O	O	Y	V

Reading: Fiction

- Look at the pictures and answer.
 - a Where do you think the story is set?
 - b How do you think the boy feels?
- Read and check your answers to Activity I.

Reading Strategy: Identifying Plot, Setting, and Character

It helps us understand a text if we know where the action happens (the setting), know who the people are (the characters), and can summarize what events happen (the plot).

A Special Certificate

Tim couldn't believe this was happening again. He felt hot, and he was starting to sweat. He looked around the school auditorium and tried to find something to look at to help him feel better. He stared though the tall windows at the sun and the bright blue sky. It made him think of vacations in the mountains. He relaxed a little and felt relieved.

But when he remembered where he was, he felt nervous again. Now his mouth felt dry, too. Every Friday, in a Celebration Assembly, the principal, Mr. Anderson, presented certificates—usually for doing well in sports or music or for doing good work in class. Most children loved going up on stage to get a certificate, but Tim didn't like it at all. He was shy, and for him, it was very stressful.

Tim listened to the names—"Freddie Lewis ... Anna Matthews ..."—and he knew his name might come soon. He didn't want to feel embarrassed in front of the whole school again.

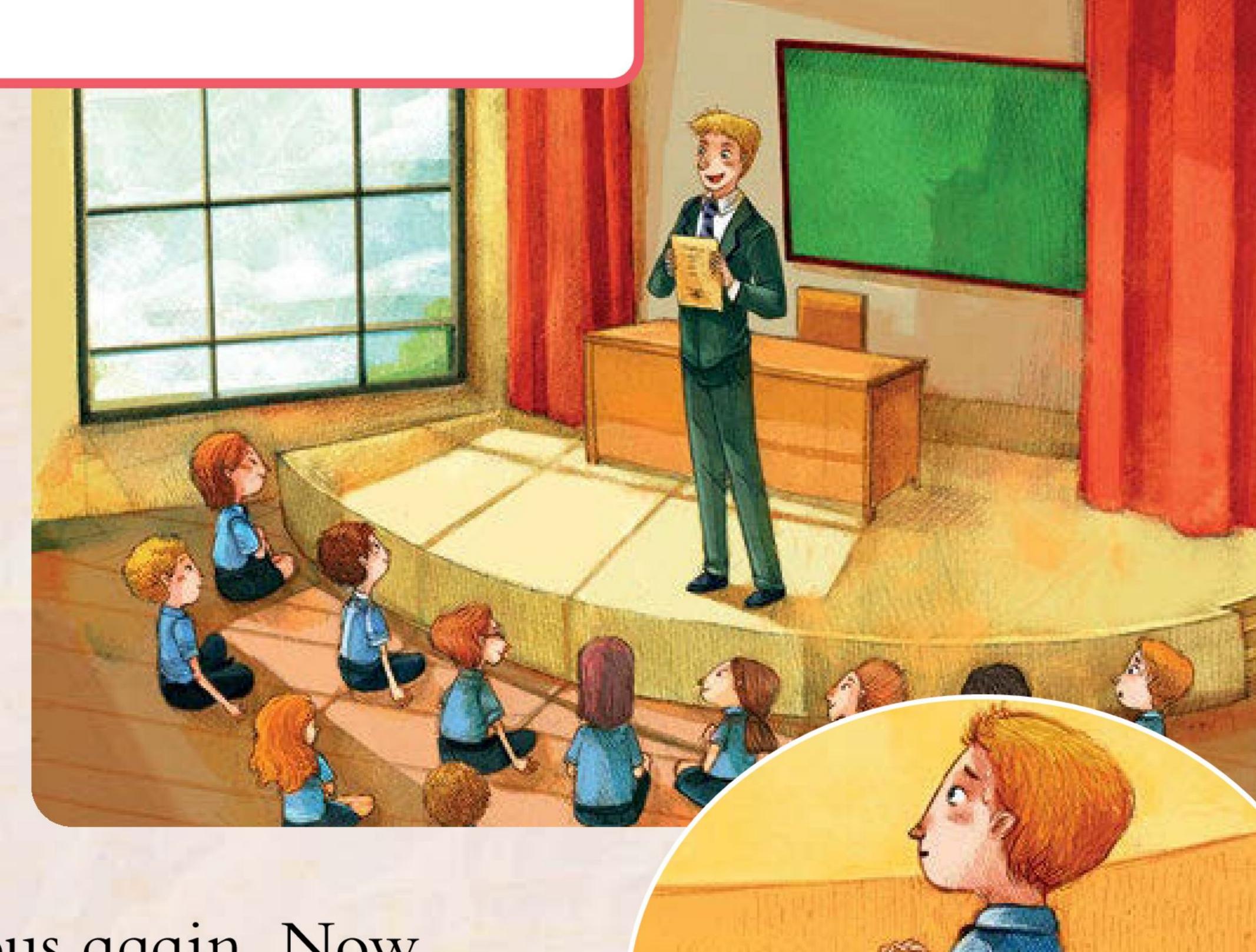
"If he calls my name, I'll run away. Then, I won't have to go up." he thought to himself.

"The next certificate I have is for Tim Orlando, in fifth grade." Too late!

Everyone started clapping. Tim wanted to disappear. He remembered his teacher's advice and took a deep breath. "Everyone gets nervous sometimes," he thought. His friend Pablo smiled at him. "You can do this," he said.

Tim stood up and walked up to the stage. As he took the certificate from Mr. Anderson, his hands were still shaking.

"This certificate," said Mr. Anderson, smiling, "is for working hard to stay calm and for having the courage to come up onto the stage and receive it."





Complete a story map.

Main character:
Other characters:
Where does the action happen?
What happens?
Beginning:
Middle:
End:

T _A	Road	aaain	and	circlo	T	(truo)	or E	(false).
T	neuu	again	una	CIICLE		(ue)	OI F	(iutse).

a	It was sunny outside.		
b	When Tim looked out of the window, he felt better.	T	F
C	The story is set on a Monday.	T	F
d	Tim was surprised when the principal said his name.	T	F
e	Tim thought about running away before he got his certificate.	T	F
f	Tim doesn't have any friends.	T	F

Read and answer.

- a What makes you feel nervous?
- b What advice would you give to a nervous friend?

 You should ______.

 You shouldn't _____.

First Conditional

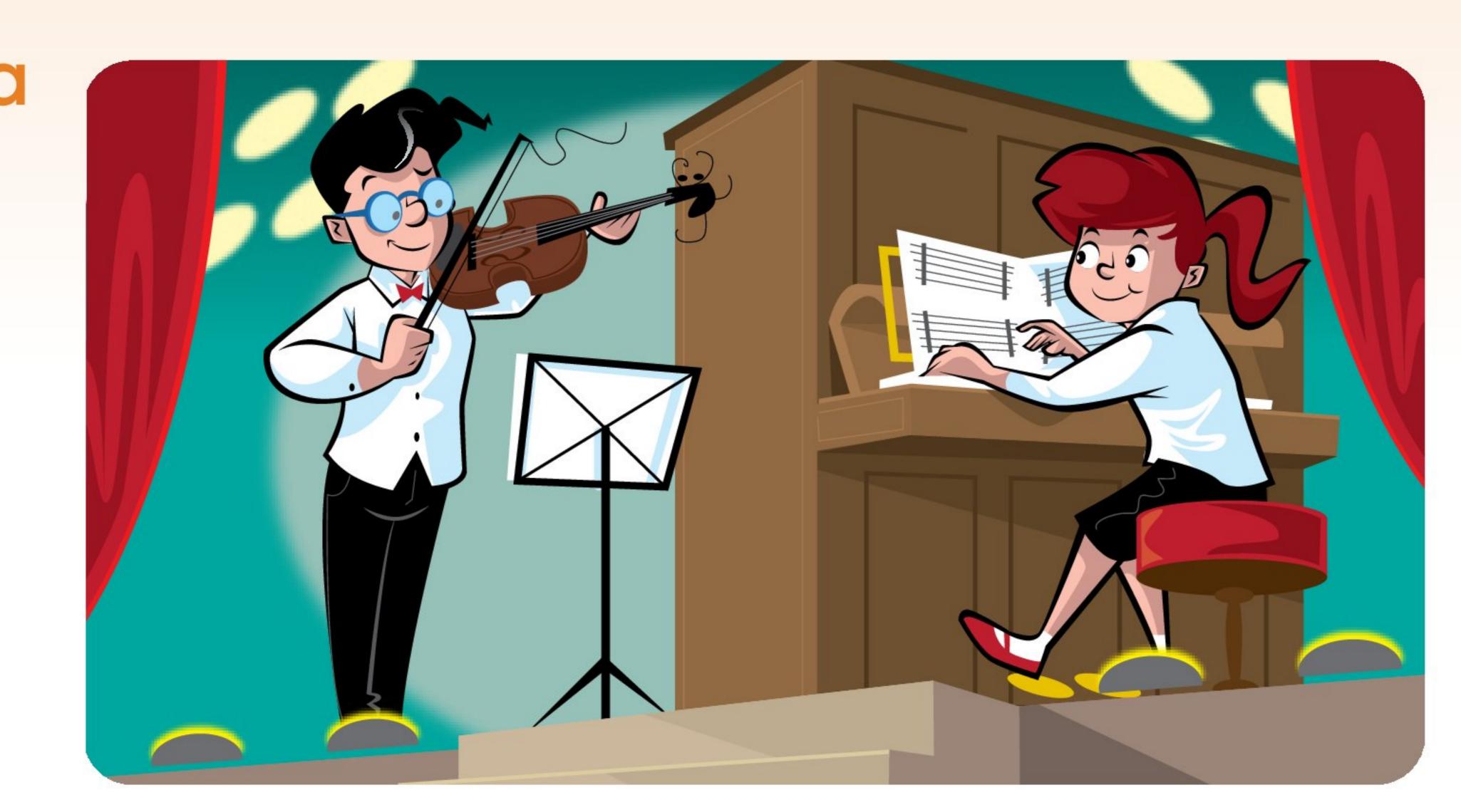
If he calls my name, I'll run away.

If you don't like your present, I'll return it to the store.

We won't go to the park if it rains tomorrow.

They won't play well as a team if they don't practice together.

Complete with 'll (will) or won't.



If you play the piano, I ___ play the violin.



If he falls asleep, he _____ see the movie!



It ____ drive your sister crazy if you take her clothes.



They ____ go to the party if they don't finish their homework.

2) Match.

- 1 If it's sunny tomorrow,
- 2 If I have to perform on stage,
- 3 If we arrive home late,
- 4 If they don't run,
- 5 If you remember to breathe slowly,
- 6 If we don't study for the test,

- there won't be time to watch TV.
- b the teacher will be annoyed.
- c you won't feel so nervous.
- d I'll feel nervous.
- e we won't stay indoors.
- f they won't catch the bus!



3	C	emplete to make	first conditional se	entences.					
	a	If I	(see) a turtle, I		(take) a pho	oto.			
	b	He	(be) hungry later	if he	(not	eat) now.			
	C	If we	(lose) the game), I	(be) sc	ıd.			
	d	If they	(not score) an	other goal,	they	(not win).			
	e	You	(not pass) your e	exam if you		(not practice).			
	f	If she	(not clean) her	room, it		(drive) Mom crazy.			
4	W	rite first condition	nal sentences.						
	a	if / she / win		she / get o	gold medal				
	b	if / I / not have ti	me	I / not go shopping					
	C	you / feel better		if / you / apologize if / we / not go to the party					
	d	they / not be hap	py						
	e	if / I / wear that h	nat	I / feel embarrassed					
	f	you / not get lost		if / you / follow the signs					
	Complete to make first conditional sentences that are true for you. a If it rains on the weekend,								
		If we don't go or	1 vacation,						
	C	If I don't							
	d	If I							

What is being a good friend? Read and circle.

5 = a very good friend I = not a very good friend

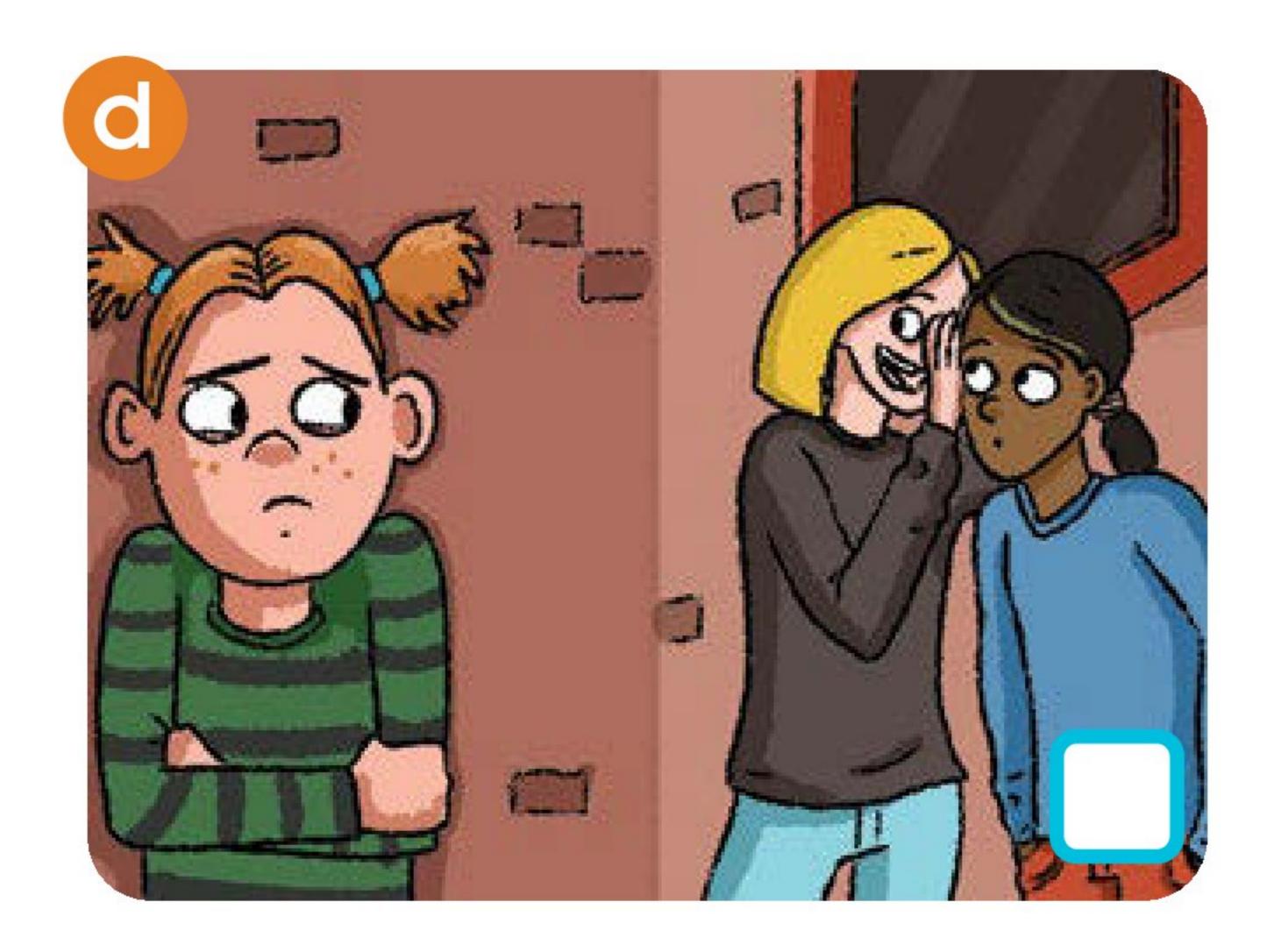
	A good friend?
Being honest	
Apologizing when you do something wrong	
Competing with your friends all the time	
Doing the things you say you will do	
Using kind language	
Talking all the time	

Who is being a good friend? Look and mark $\sqrt{}$.















Why is being a good friend important?



Check Your Oracy!

- My group followed the ground rules for discussion. All the time / Sometimes / Never
- Were any ground rules broken? Yes / No
- 3 If any ground rules were broken, which one(s)?

The Big Challenge

Color the stars to give yourself a score.*

I worked with my group to share and choose our ideas. I helped to design and illustrate our poster. I practiced presenting our poster with my group. 公公公公公 I presented our poster with my group.

How can we show classmates' feelings?

- *(5 = Awesome! 4 = Pretty good, 3 = OK, 2 = Could be better, I = Needs more work!)
- Whose poster did you like best?
- What did you like most about it?

The Big Question and Me

Because of the things I have learned in this unit,

- 1 I will