









Jo Cummins









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CONTENTS

UNIT 1: Have a great day!

UNIT 2: School days

REVIEW 1: Units 1 & 2

UNIT 3: Home is best!

page 4

page 12

page 20

UNIT 4: Life's a journey

REVIEW 2: Units 3 & 4

UNIT 5: To buy or not to buy?

UNIT 6: It's showtime!

REVIEW 3: Units 5 & 6

page 30

page 38

page 40

page 48

page 56



UNIT 8: How healthy are you?

REVIEW 4: Units 7 & 8

UNIT 9: Our world

UNIT 10: A job title

page 58

page 66

page 74

page 76

page 84



REVIEW 5: Units 9 & 10

page 92

PRONUNCIATION

page 94

page 96

VOCABULARY BUILDER AND EXTENSION

MY STUDY JOURNAL

page 106

page 111

MY ENGLISH PLANNER

UNIT I HAVE A GREAT DAY!

VOCABULARY

FREE-TIME ACTIVITIES

Choose the correct verb from the box to complete the phrases.

bake draw go x3 listen play spend visit

- **3** Read the descriptions. What do they do in their spare time?
 - Luca usually sings loudly in his bedroom.
 He sometimes likes dancing too.
 He listens to _____.
 - 2 Chloe is always in the kitchen. She makes lots of things for her family to eat.
 - She_____





2 Choose the correct answers to complete the sentences.

- 1 I often bake a cake / go camping for my friend on her birthday.
- 2 We go cycling / go shopping in the woods in the summer.

3 Mo is a nature lover and loves sleeping in a tent and cooking on a fire.

Не _____.

- 4 Laura usually spends time online with her friends. She has an expensive computer.
- 5 When Jacques goes on holiday he likes to learn about history and culture.
- 6 Sara isn't often alone. She is always at the park or the shops with lots of other people.
- 7 Albie always has a pencil and notebook with him. He is very good at art.
- **3** I don't often *play video games / go camping* because I like to be outside.
- **4** My sister's not very good at art so she doesn't often *spend time with friends / draw pictures*.
- **5** They like to *visit museums / listen to music* when they are on the bus.
- 6 My dad often spends too much money when he bakes a cake / goes shopping!
- 7 My favourite thing to do is to *play video games / spend time with friends* at the park.
- 8 We don't often *draw pictures / visit museums* because we live a long way from the city.
- 9 I never go camping / go shopping because I like to sleep inside!

- 8 Sandra is very healthy. She likes to exercise on her bike.
- 9 Harry never has any money, but he always has lots of new clothes!
- **4 >>> STRETCH!** Find 10 more free-time activities that you like that aren't on this page.

READING

1 Critical Thinking Look at the photos of the teenagers below. Guess two things that you think they like doing in their free time.

Petra		
Vicente		
Nadya		

EXAM TIP

Read the texts quickly to try to find the part that answers the question. Then, read that part more carefully.

EXAM TASK READING PART 2

2 Read the texts quickly. Were any of your ideas correct?

My free time



Petra

Like almost all my friends in Croatia, I spend my spare time playing sport. The most popular sport in my country is football, but I'm not very interested in playing or watching football! My favourite thing to do is to go running. I go for a run seven days a week. I like listening to music when I'm running too. Sometimes I run alone and sometimes I go with friends so we can chat at the same time. It helps me to relax and makes me feel good too.



Vicente

I don't have lots of free time because I travel a long way to school every day and then I have lots of homework. In the little free time I have, I go to my friend's house to play music and write songs with him. We have a band and I play the guitar. When school finishes for the summer, I love to go camping. There are lots of beautiful nature parks and mountains in Chile and I often take my guitar with me too.



Nadya

In the United Arab Emirates everyone loves shopping! I live in Dubai and we have the biggest and best shopping centres. I go shopping with my sisters about three times a week. We sometimes have a coffee or eat some food there too. I don't always buy things, but I really enjoy looking in all the shops. When I'm at home, I like cooking. I cook dinner most days for my family and I love trying new types of food.

3 For each question, choose the correct answer.

		Petra	Vicente	Nadya
1	Who does their hobby with family?	Α	B	С
2	Who does their hobby every day?	Α	B	С
3	Who does a hobby at home?	Α	B	С
4	Who thinks everyone in their country does the same free-time activity?	Α	B	С
5	Who doesn't have much time for hobbies?	Α	B	С
6	Who does a different hobby in the holidays?	Α	B	С
7	Who doesn't like the same thing as most people in their country?	Α	B	С

GRAMMAR

PRESENT SIMPLE

- **1** Match the sentences to the correct use.
 - **1** He's really tired after swimming today.
 - 2 I go horse riding every Wednesday.
 - **3** My uncle lives in Switzerland.
 - 4 I don't like shopping.
 - a habit or routine
 - **b** feeling
 - c opinion

school?

3 Complete the paragraph with the present simple form of the verbs in brackets.

My brother and I¹ (be) very different and we have very different after-school routines. After school 1² (like) to go home and ³ (play) video games online with my friends for an hour. Then sometimes help my dad to cook dinner for the family. I usually ⁴ (watch) TV or read a book and then go to bed. My brother (not do) these things! He 5 (go) to the swimming pool 6 every day after school for two hours. He never

d state

- **2** Complete the sentences and questions with *do*, *don't*, *does* or *doesn't*.
 - you walk home from school?
 - 2 He _____ like doing his homework at the weekend.

- **3** I ______ want to clean my room today.
- 4 ______ they live near the beach?
- **5** We ______ often go cycling.
- 6 he play video games after

⁷ _____ (watch) TV or plays video games!
He goes to bed early because he ⁸ _____
(get up) at 4.30 am every morning to swim again!
He ⁹ _____ (want) to be an Olympic
swimmer one day.





WH- QUESTIONS

- **4** Put the words in order to make questions.
 - 1 she / tennis / Why / like / does ?
 - **2** is / Who / friend / your / best ?
 - **3** do / finish / you / school / When ?
 - 4 he / work / Where / does ?
 - 5 to / How / school / far / walk / you / do ?

- 7 STRETCH! Complete the answers with the present simple form of the verbs in brackets. Then write the questions.
 - He _____ (go) to school in the city
 - centre.

 - She ______ (play) basketball with her mum.
 - My little sister usually _____ (go) to bed at 8 pm.

6 What / time / is / the ?

7 cake / do / want / Which / you ?

5 Complete the questions with the correct *Wh*- word.

1	is dinner?
2	do you eat for breakfast?
3	old is your sister?
4	do you live with?
5	animal is your favourite?
6	do you want to learn English?
7	do your grandparents live?

6 Complete a question for each question word.

- _____ (enjoy) running because it _____ (be) good exercise.
- At the weekend I ______ (like) visiting museums, but I ______ (not visit) them very often.
- 6 He ______ (not know) what job he ______ (want) to do when he's older.



FEELINGS

Then write answers.

- 1
 Why ______?

 2
 When _____?
- 3 Who
- 4 Where
- 5 How often _____?
- 6 What
- 7 Which

Emotional Development Match the adjectives

to the people they are describing.

bored busy calm creative relaxed stressed surprised

- 1 Altan wakes up early and works for an hour in his parents' café before school. When he comes home, he does his homework then works some more in the café before going to football club.
- 2 All Jayden's friends are on holiday and he has no one to spend time with. He sits at home all day and plays video games and sleeps.
- **3** Michaela has three exams this week and five

exams next week. She also has lots of homework.

- **4** Anja is on holiday at the beach. She swims in the sea and lies on the beach all day.
- **5** Mariam feels like drawing pictures today.
- 6 It's Edie's birthday today. She gets a big present from her parents. She doesn't know what to say!
- 7 Ricardo is baking, but his cake looks horrible! He doesn't worry. He just tries again.



HOME

A BLOG POST

- Read the blog post and answer the questions.
 - Who does Jana care for? Why?

BLOGS

What are three things Jana likes about her day?

CONTACT

2 Read the blog post again. Complete Jana's timetable.

6 am	
	Have a shower, get dressed, eat breakfast
	Get school bus
8.30 am	
	Clean house and cook dinner

A DAY IN THE LIFE OF ... A YOUNG CARER

I wake up at 6 am and have a shower, get dressed and eat my breakfast before I wake up Dad. My dad can't use his legs and has lots of health problems. I help him get up and get dressed. I make him breakfast and then I get the school bus at 7.50 am. School starts at 8.30 am. I like school because I can spend time with my friends, but sometimes I feel stressed and worry about Dad.

When school finishes at 3.20 pm, I go home. Sometimes I go shopping or take my dad to the doctor. I clean the house and then I

 Finish homework, make lunch, play video games

3 Find the words in the text that put the events in Jana's day in order. <u>Underline</u> them and write them below.

before,

4 Think about your day. Write a timetable for a normal day.



Life Competencies

Learning to Learn Planning your writing

It's important to plan and organise your ideas before you start writing. It will help to keep you focused when completing a writing task.

5 What do you want to call your blog post? Complete the title.

'A day in the life of ...

6 Write a blog post about your day. Use your timetable to help you.

SELF-EVALUATION

2 (1) 1.1 Listen to an advert for the holiday camp. Tick the activities in Exercise 1 that the advert talks about.

EXAM TIP

9

This task will often include things such as dates, prices, phone numbers and times, so be sure you are confident about numbers.

EXAM TASK LISTENING PART 2

3 Listen again. For each question, write the correct answer in the gap. Write one word or a number or a date or a time. You will hear an advert for a holiday camp.

Check your writing:

Use the checklist below to self-assess. 7

Content: Do you write about all	
the things in your timetable?	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$
Communication: Is your writing	
clear and easy to understand?	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$
Organisation: Do you use words	
to put the events in order?	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$
Language: Do you use the	
present simple?	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$
Do you use adjectives to	
describe your feelings?	$\bigcirc \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc$

Holiday Camp – Scotland Number of weeks: (0) _ four Months camp available: From (1) to August Cost: (2) £ New activity: (3) Must bring: (4) Telephone number: (5)



- Look at the photos from a holiday camp in Scotland. What are the names of these activities?
- **4** Would you like to go to this holiday camp? **Complete the sentence.**

I would/wouldn't like to go to the holiday camp because



CHANGE YOUR 24 HOURS AND YOU WILL CHANGE YOUR LIFE

THINK		
	I'm working with:	Two activities I want to do MORE of are
hours sle	eping	and

hours studying hours cooking and eating (free-time activity) hours (sport) hours hours hours hours What else do you do in your day? Complete these with your own ideas.

Two activities I want to do LESS of are and Tip for Think When thinking about which activity you want to do less of, remember to think about what is



		1
INIO	0	hose
VVC	C	rusc

to	research.





Kesea When?	rch no	nes:				
Where:	2					
What c	to we nee	ed to do	the act	"ivity?		

Tip for Prepare

When choosing an activity to research, decide on one you are both interested in.



How can you change your day?

DEVELOP

Do you want to do something more?

5

5

Do you want to do something less?

What? Yes

Think!

No What? Yes

No

Tip for Develop You might need to

write your timetable

more than once to

get it right!



What? Yes Do you want to do something new? No Make a timetable of your new day! Yes Do you want to spend more time doing nothing? No tam 8 am

What did you change about your day?

Why is your new day better?

PRESENT

Tip for Present

Use notes to help you prepare to present. You will feel more confident if you are well prepared.



How will your new timetable change your life?

SELF-EVALUATION

I can ...

- talk about my daily life.
- decide how to improve my day.
- work with a partner to research activities.
- present my ideas to my classmates.