





# POWER UP

Pupil's Book with eBook

**Caroline Nixon & Michael Tomlinson** 



# Map of the book

	Vocabulary	Grammar	Cross-curricular	Skills	Assessment
<b>Meet the family</b> Page 4	Character names	<b>Personal descriptions review</b> How old is she? She's five. He's got long hair.			
A day on the	Countryside	Present continuous review	Look after our	The race	A1 Speaking
1 farm	Daily routines	Are you sleeping? No, I'm not. I'm putting on my boots.	<b>planet</b> Learn about how to	A comic	
Mission: Make a daily routine poster Page 6	Sounds and spelling: r	Present simple for routines; o'clock What time do you get up? I get up at seven o'clock. What time does school finish? It finishes at four o'clock.	look after our planet  Social  Responsibilities	Showing empathy and compassion	
My week	Days of the week	How often? and adverbs of frequency	<i>Let's be healthy!</i> Learn about being	Stay safe Have fun!	A1 Reading and Writing
Mission: Make	Free time activities	How often do you play basketball?	safe when doing	An infographic	and winning
an activities timetable	Sounds and spelling: <i>ay</i>	Do you ever play on Sundays? always, often, sometimes, never	exercise and sports	a Social	
Page 18		Present simple with always, often,	Social Responsibilities	Responsibilities	
		<b>sometimes, never</b> He sometimes watches TV.	Responsibilities		
		They never play tennis.			
		<b>must/mustn't</b> What must I do?			
		You mustn't wear your skates in the house.			
		You must put them in the cupboard.			
Party time!	Jobs and parties	Present simple and present continuous	People who help us	The costume party	A1 Speaking
Mission: Plan a	Physical descriptions	My friend always sings as parties.	Learn about people who help us	A story	
costume party Page 30	Sounds and	He's singing songs today.  Why? and Because	[C] Collaboration	Collaboration	
rage 50	spelling: /a:/	Why are you asking a lot of	Collaboration		
		questions? Because I love asking questions.			
	Review Units 1-3				
The family at	Extended family	Comparative adjectives	Machines in our	Surprise!	A1 Listening
4 home	In and around the home	Amy's hair's curly. It's curlier than her mother's.	<i>homes</i> Learn about	A science fiction story	
Mission: Give a tour of your	Sounds and	Her singing's very bad. She's worse than Amy's dad.	machines at home and how they work	- Emotional	
family's home	spelling: /٨/	Possessive pronouns	- Casial	Development	
Page 44		Our flat is older than my aunt's flat, but hers is smaller than ours.	Social Responsibilities		
		2.2.2.2			

	Vocabulary	Grammar	Cross-curricular	Literature	Assessment		
Animal world Mission: Make an animal fact file Page 56	Wild and domestic animals Action verbs Sounds and spelling: <i>g</i>	Superlative adjectives This parrot's the prettiest. This park's the best! Prepositions: above, below, near, opposite The daddy's above the tree. The mummy's below the tree. Her daughter's opposite her. Their son's near the leaves.	The animal kingdom Learn about animals and their food  Digital Literacy	Why the kangaroo has a pouch An Australian dreamtime story  Emotional Development	A1 Reading and Writing		
Our weather Mission: Write a winter holiday diary Page 68	The weather Clothes Sounds and spelling: <i>ee</i> and <i>y</i>	was/were Were they on holiday last weekend? Yes, they were. Were you in the mountains? No, I wasn't. There was/were Was there a coat? Yes, there was. Were there any boots? No, there weren't.	What's the weather like today? Learn about measuring the weather  Thinking in systems	Fun in all types of weather! A poem Creative Thinking	A1 Listening		
	Review Units 4–6						
Mission: Make a class recipe book Page 82	Food and tableware Actions in the kitchen Sounds and spelling: <i>ch</i>	Past simple: irregular verbs Did you go shopping yesterday? Yes, I did. I went shopping yesterday. I didn't eat pasta yesterday. Past simple: regular verbs I liked washing the vegetables! I fried the onions. I stopped because you started asking me questions.	Plants are delicious! Learn about how we use plants in food  Valuing the natural world	Fred's dream job A fantasy story  Critical Thinking	A1 Speaking		
Around town Mission: Write about a family trip Page 94	A day trip Places in town Sounds and spelling: ow and oa	Past simple: more irregular verbs My cousin came to stay. I bought a big hat. have to / don't have to I have to go into town today. Do you have to get some new clothes? I don't have to get any clothes. He has to wear them for his swimming class.	Road safety Learn how to be safe in town  Social Responsibilities	Zac's first day on the school bus A fantasy story  Social Responsibilities	A1 Listening		
A big change Mission: Plan a tour round the world Page 106	Adjectives for opinions and feelings A new adventure Sounds and spelling: ing or in	Comparative adjectives with more It's more dangerous than milking a cow! They are more beautiful than our clothes now. Superlative adjectives with most I think the circus is the most exciting place in the world.	The wonders of the world Learn about natural and manmade wonders of the world  Critical Thinking	The mystery picnic A counting poem  Critical Thinking	A1 Reading and Writing		
		He thought it was the most beautiful					
	Review Units 7-9	He thought it was the most beautiful music in the world.					



# Meet the family



Listen and stick. What's Jim and Jenny's mum doing?



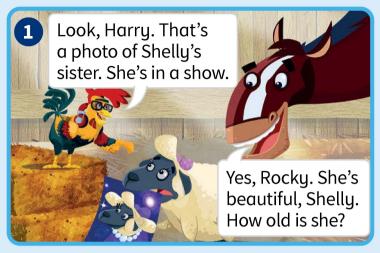
- 2 0.03
  - Watch the video and say the chant.
- 3 0.04
- Listen and answer. Then ask and answer.

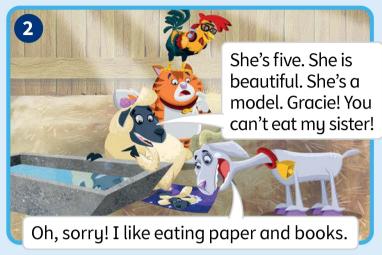
#### Story

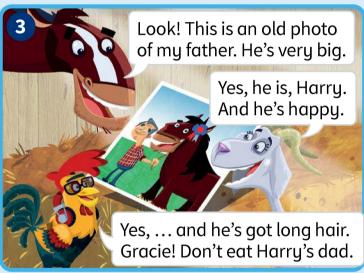
#### The Friendly Farm



#### Watch the video. How old is Shelly's sister?













Are you sleeping? Are you sleeping? Rocky's mum, Rocky's mum ...

My ears, my ears ...!



Who says it? Listen and say the name.

# A day on the farm

1) Watch the video. Answer the questions.



What can you see in the countryside? Look and say.







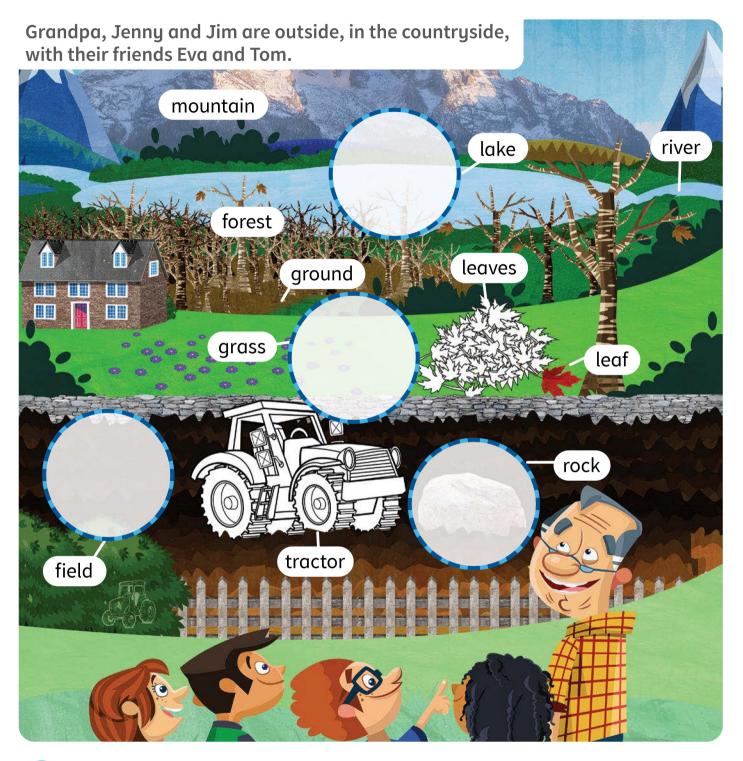
river



field



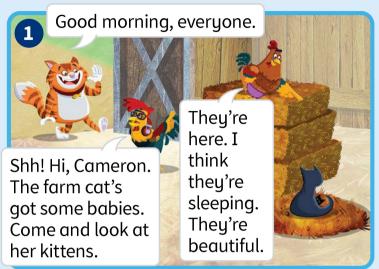
#### Listen and stick. Then listen again and colour.

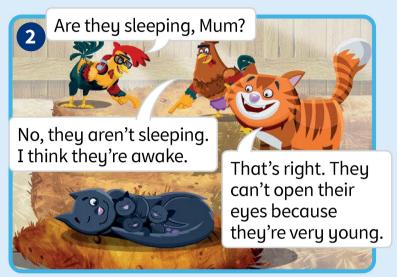


- 3 Listen and say yes or no.

#### The Friendly Farm

#### Watch the video. What's the farm cat doing in picture 3?

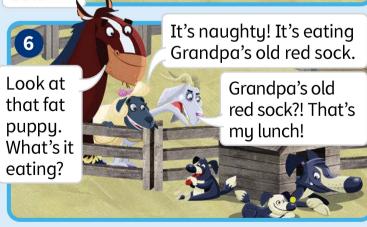














Listen and say the number.



#### Watch the video. Then listen and rap.

#### **Gracie's Grammar Rap**

**Are** you sleeping?

**Is** she playing?

**Are** they reading?

Is he putting on his boots?

**Are** you putting on your boots?

No, I'm not. I'm putting on my boots.

No, she **isn't**. She's putt**ing** on her boots.

No, they aren't.

Yes, he **is**!

Yes, we are!



Look, read and choose. Then listen and check.



- 1 Is Grandma eating ice cream? Yes, she is./ No, she isn't.
- 2 Is Grandma drinking lemonade? Yes, she is. / No, she isn't.
- 3 Is Dad washing his hands? Yes, he is. / No, he isn't.
- 4 Is Dad cleaning the kitchen? Yes, he is. / No, he isn't.

#### mission 1

Make a daily routine poster

What do you like doing? Draw a picture. Then swap with a partner.

This is Max's picture. He's riding a bike.

### 1.09 1.10

#### Listen and number. Then sing the song.

<sup>1</sup> Wake up, <sup>2</sup> get up. Go and <sup>3</sup> have a shower. Wake up, get up. Time for us to run!

Get your <sup>4</sup> towel, get dry. Now go and <sup>5</sup> get dressed. Get your towel, get dry. Time for us to run!

Sit down for breakfast. Milk or juice for you? Sit down for breakfast. Time for us to run!

Clean your teeth.

<sup>6</sup> Toothpaste on your <sup>7</sup> toothbrush.
Clean your teeth.
Time for us to run!

Wake up, get up, Go and have a shower. Wake up, get up, Get dressed, 8 have breakfast, Clean your teeth and run!

Time for us to run! (x3)

Come on!



2 Act out daily routines. Play the game.

What am I doing?

You're cleaning your teeth.



## Watch the video. Then listen and choose ✓. What time does he have lunch?







#### **Gracie's Grammar**

What time do you get up?
What time does school finish?

I get up at **seven o'clock**. It finishes at **four o'clock**.

3



2 Ask and answer.

do your homework get up go home go to bed go to school have a shower have lunch

What time do you have lunch?

I have lunch at one o'clock.

What time do you go home?

I go home at four o'clock.

#### mission 2

#### Make a daily routine poster

Choose three daily routines. Write questions. Then ask and answer.



What time do you get up?

I get up at seven o'clock.





My Mission Diary
Activity Book page 6

Present simple for routines; o'clock

# Look after our planet

- Watch the video. Answer the questions.
- Choose ✓ the activities that are good for our planet.













Listen and read. Answer the questions.

Our planet is called Earth. We can live on Earth because there is air around us. Air has oxygen and other gases. All plants and animals need oxygen. They need water too and there is water on Earth. Clean air and clean water keep us healthy, so it's important to look after our planet.

- Which planet do we live on? 1
- What do plants and animals need? 2
- Why is it important to look after our planet? 3