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13 Lifestyle choices p.172	Part 1 Road-schooling Hotel living	Part 4 Alternative lifestyles Positive changes	Part 1 An essay
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Part 2 Describing a pair of photos	Determiners and quantifiers Adverb modifiers	Travel Prepositional phrases (1) C2 Prepositional phrases	Driving in the UK	
Asking for and giving clarification	Conditionals (1) Verb patterns (2) – Objects, reflexives and reciprocals	Money Verb collocations C2 Money idioms	Personal finances	
Buying time and keeping the conversation going	Future continuous, perfect, perfect continuous and be + to + infinitive Verb patterns (3) – Multi-word verbs C2 Future tenses for speculating about the present and past	Space Noun collocations	Out of this world?	
Parts 3 and 4 Collaborative task and discussion	Relative clauses Modals (1)	Multi-word verbs (1) Language for expressing change C2 Phrases with dare	Dealing with technology	
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HOW TO USE THIS BOOK

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UNIT 1 GOOD COMPANY 17

part of the exam.

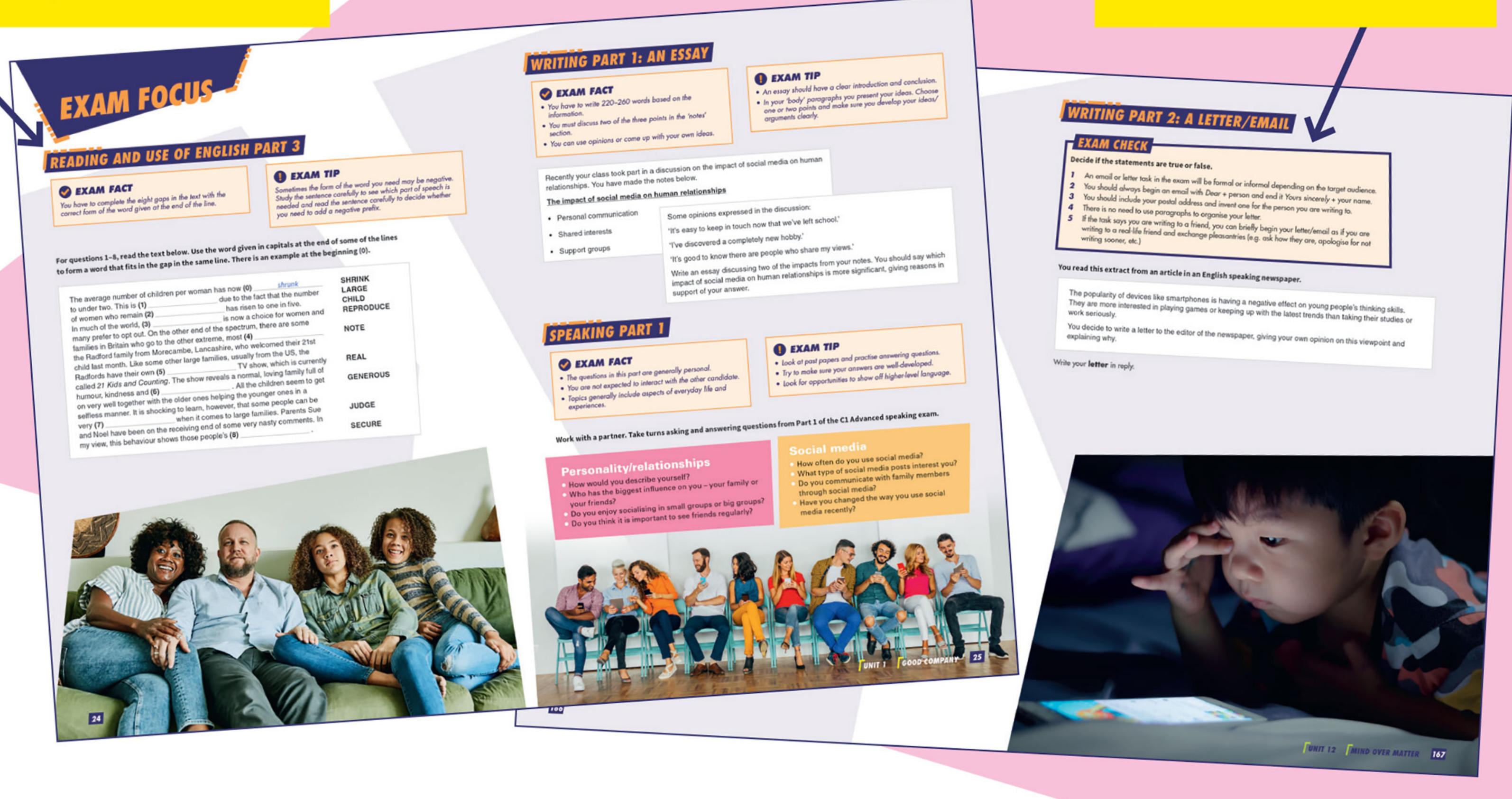
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EXAM FOCUS

Read exam tips and facts and do three complete practice exam tasks.



Check what you remember about the exam.

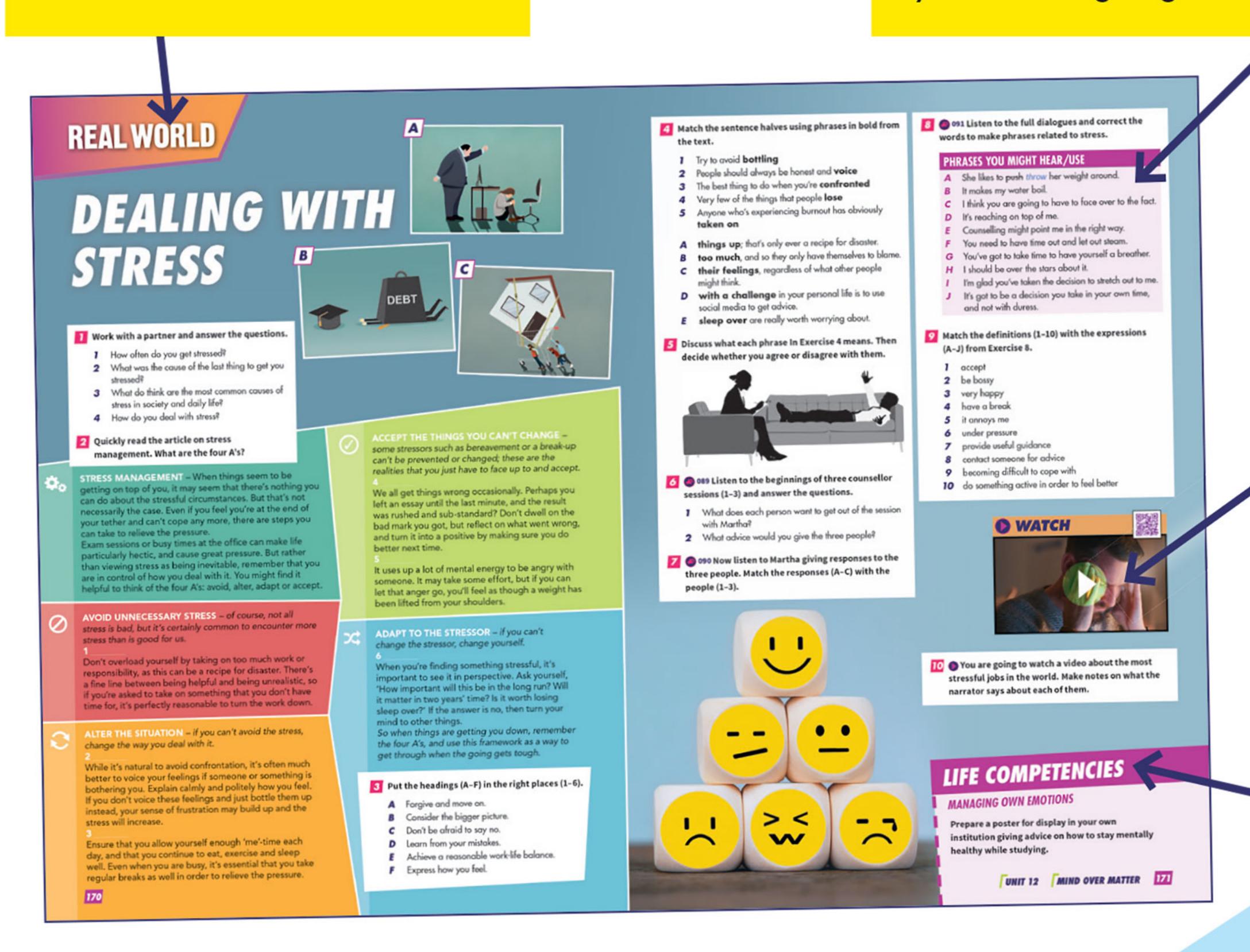


REAL WORLD

Go outside the classroom and into the real world.

PHRASES YOU MIGHT USE AND HEAR

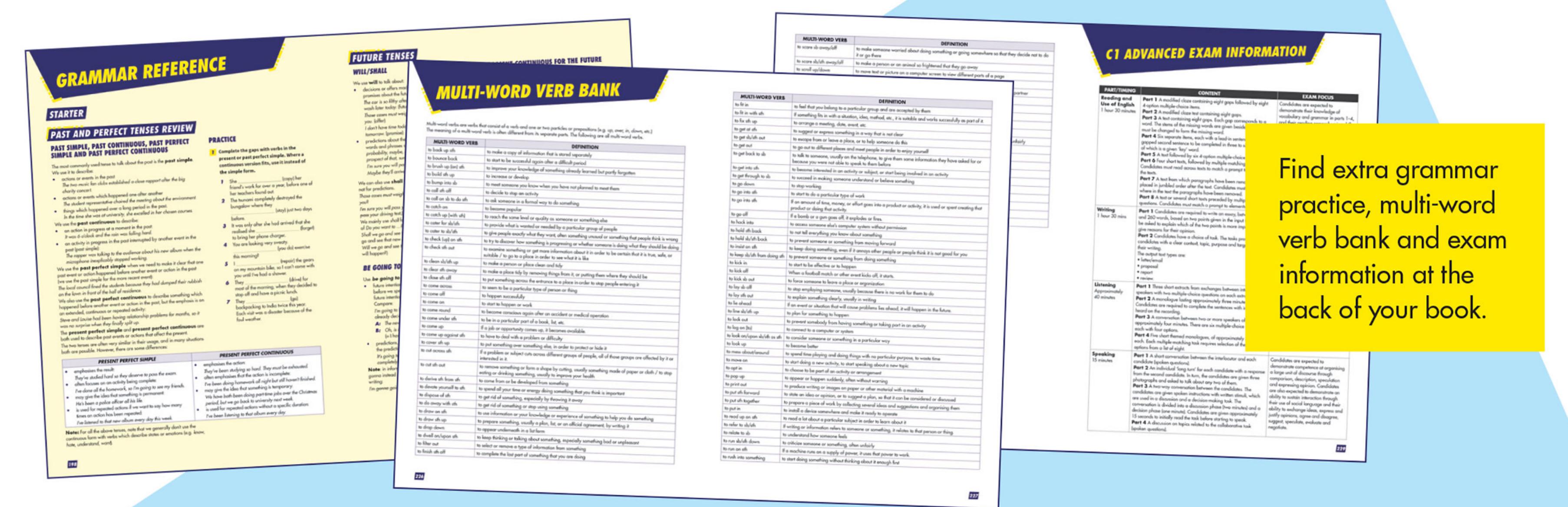
Learn and practise phrases you might use and hear when you are using English in the real world.



Scan the QR codes to watch videos of different locations around the world on your mobile phone or tablet.

LIFE COMPETENCIES

Develop important skills, knowledge and attitudes that you can use in your daily life.





MAKING CONVERSATION

- Work with a partner and interview each other using the questions below. Make notes about your partner's answers.
 - How long have you been learning English?
 - What aspects of learning English do you find the most difficult/the easiest?
 - Have you ever been in a real world situation in which your English proved to be really useful?
 - Tell me about a holiday you had that was memorable tor some reason.
 - Tell me about the last film you watched in English. Did you watch it with or without subtitles?
 - Tell me about any hobbies or interests that you have.
- Share what you learnt with the class.
- Look at the advice in the tip box for maintaining successful conversations. Then match the conversation strategies (1-3) with the active listening phrases (A-L). Can you think of any more examples for each of the three strategies?

ACTIVE LISTENING

A successful conversation is not just about how well you speak, but also how well you listen and support the other speaker. Show the other person that you are actively listening both with your body language (eye contact, nodding in agreement, etc.) and by saying things that show you are engaging with what they are saying. Here are three common active listening strategies:

- Strategy 1: Expressing your emotional response to what the other speaker is saying (surprise, relief, fear, etc.)
- Strategy 2: Expressing comprehension of/agreement with the speaker's situation/point
- Strategy 3: Asking for more detail or a follow-up question

	PHRASES	WHICH STRATEGY (1-3)	ORDER IN LISTENING
A	You're having me on!		
В	Really?		
C	Why was that?		
D	That's true.		
E	No way!		
F	That sounds amazing.		
G	Me too/neither.		
H	You're so lucky!		
1	I know what you mean.		
J	What a nightmare!		
K	Like what?	3	1
L	That must have been lovely!		

- 002 Listen to three conversations based on questions from Exercise 1. Complete the third column of the table by noting the order in which you hear each phrase.
- Work with a new partner. Ask each other one of the questions from Exercise 1 and use the ideas in Exercise 3 or your own ideas to keep the conversation going.

GRAMMAR

PAST AND PERFECT TENSES REVIEW



GRAMMAR ON THE MOVE Watch the video



GRAMMAR REFERENCE / Past and perfect tenses review: Page 198

Answer the questions.

- What is an anecdote?
- What makes a good anecdote?
- Match the pictures with the anecdotes in the text.









- Choose the correct tense options to complete the forum posts.
- Complete the grammar summaries with the names of the tenses.

present perfect simple past perfect continuous past continuous past perfect simple

7	The	often provides background
	information about the acti	vities in progress when the
	events of the story begin,	or expresses an action that
	was in progress in the pas	st when another shorter past
	action interrupts it.	

- to indicate that a Use the completed past event occurs before another past event.
- You can use the questions about past experiences that may have happened at some point in a person's life, to describe an action or state that started in the past and continues until now, or to talk about recent past events that have a present result.
- The ______ is less common in English and is used to talk about an extended activity that occurred and finished before another past event or situation happened.
- Write notes about the key events of a funny anecdote of your own. Then work in groups and take turns to read your anecdotes out.

Topic of the day -

EMBARRASSMENT

We all have those moments in life when we mess up. And we're pretty sure you've had some too, moments that you wish you could erase from your memory. Tell us about yours.

REPLY



@princesspeach

Everyone (1) was listening/had been listening to the teacher when suddenly a phone (2) started/had started ringing. When it stopped, I made a joke that all mobiles that ring in class should be confiscated by the teacher and then I looked around the room to see whose it was. It was only then that I noticed that the whole class (3) had been looking/was looking at me. Then the penny dropped. It was my phone that (4) has been/had been ringing. I (5) didn't turn/hadn't turned it off before coming into class!



@angelinaballerina

In a department store last week, I (6) bumped/was bumping into someone and knocked them to the floor. I was mortified and started apologising profusely. It was only then that I realised I (7) have been talking/was talking to a mannequin! And a headless one at that! I felt so ridiculous and went bright red, especially because a smiling sales assistant then asked me if I thought we should call an ambulance. Am I the only person who (8) has done/has been doing this or does it happen all the time?



@derekthebeast95

Last year, I (9) was visiting/had been visiting the US for the first time. One day, I decided to go to a drive-through restaurant for lunch. I drove up to the machine, wound down the window and placed my order. Or so I thought. After a while I (10) heard/was hearing a voice saying 'Can you drive up to the speaker? You're talking to the trash can!' I felt like such an idiot. The thing is, I (11) 've never been/'d never been to a drive-through restaurant before that, you see! I only went to this one because it felt like a typical American thing to do.



@geographyteachernigel

A few months ago, I called in sick for work. The previous night I (12) felt/had felt really ill. I (13) was vomiting/had been vomiting all night and obviously I (14) didn't sleep/hadn't slept a wink. However, after a few hours' sleep I felt much better, so I decided to head down to the beach for a walk. I (15) was/had been there about half an hour when I noticed someone (16) has been waving/was waving at me. I waved back, but it wasn't until they came closer that I realised it was one of the receptionists who works part-time in my school. In fact, it was her that I (17) had been speaking/ had spoken to when I called in sick that morning. I quickly tried to justify why I was there and not in my bed, and to be fair, she was fairly understanding. But I felt terrible about what she might think of me. And I (18) haven't been having/ haven't had a day off since!

VOCABULARY

EASILY CONFUSED WORDS

Choose the correct word from each pair to complete the sentences.

sen	tences.
who	ose/who's
1	going to English class today? Can you let the teacher
	know that I might be a little late?
2	He is one of the few professors opinion actually matters to me.
roci	pe/receipt
	•
3	You must give me the for that curry you prepared for us last week – it was delicious!
4	Shops generally will refuse to give you a refund for something you bought if you can't provide the original
all i	together/altogether
5	I think it's better if we go to see the teacher rather than separately – she's more likely to listen if we explain it to her collectively.
6	I can produce good English when I am not in a pressure situation. However, doing so in an exam is a different matter
am	ong/between
7	I'm an actor, but I'm not working at the moment. Let's just say I'm jobs!
8	You know you're good friends when they finish your sentences for you!
con	nplement/compliment
9	I must you on your accent. Where did you learn such
	good English?
10	I think her blue jeans and black leather jacketeach other

my job prospects.

2 003 Listen to four people talking about how they remember problem vocabulary. Which speaker(s) (A-D) mention(s) the

One of the _____ reasons I am learning English is to improve

l agree in _____ with your suggestion, but I am not sure it will

- remembers some good advice from their school days
- 2 says that words can look similar in different languages but mean very different things
- 3 says that translating from their language into English can cause errors
- 4 invents reasons for words to be spelled in certain ways
- records their vocabulary in a way that helps them eliminate the error they talk about
- Work in groups and discuss the questions.

perfectly. It's a classic look!

actually work in reality.

principle/principal

following points?

- Are there any words in English that you have problems with or mix up?
- 2 How useful do you find it to translate English into your language?
- 3 Do you have any techniques for recording and learning new vocabulary?



6.69

LANGUAGE LEARNING

- Work with a partner and discuss the statements below about language learning. Do you agree or disagree with them? Give reasons or examples from your own experience.
 - Children are better at learning languages than adults.
 - 2 You can't learn a language well unless you learn the grammar.
 - 3 Soon we won't need English classes or English teachers. We will just learn through apps.
 - To learn a language successfully, you have to be prepared to make mistakes and even to make a fool of yourself from time to time.
 - You learn a language much quicker if you can spend time in or live in a country where it is spoken.
- Quickly read the introduction to the blog post. What do you expect Aureliano's five tips to be?
- Now read the text to see if you were right about Aureliano's advice.
- Complete the blog post by putting the headings in the correct places (1–5).

Storage Use Association Selection Review

BECOMING AN EXPERT LANGUAGE LEARNER



Aureliano Verdi, 22, has spent much of his life studying languages for fun. He's fluent in 16 of them, including Farsi, Arabic, Lithuanian and Korean, and here he describes the five principles he uses in order to master new vocabulary quickly and effectively in any language.

Young children are often said to be the real experts when it comes to language learning. Up until the age of about seven, they are able to pick up the language they are exposed to, without the need for a teacher to explain the difference between the tenses, or between subject and object pronouns. Somehow, they just manage to get it, and they do so unconsciously, in other words without making any real effort. So perhaps it's unsurprising that so many courses, apps and language teaching materials claim to get you learning a foreign language as an adult in the same way you acquired your first language as a child. But is that feasible? Or even desirable?

Adult learners should not be underestimated. It might take a child seven years to become reasonably proficient (albeit with a restricted vocabulary), whereas an adult can reach an advanced communicative ability in one year. That might sound like a bold claim, but I am living proof, having attained intermediate to advanced level in 16 of them – and most of those were as an adult. For me, the key to learning so many languages has been the ability to combine the unconscious methods we used as children with the conscious methods used by adults. We can achieve the best of both worlds by following my five principles, in order to become expert vocabulary learners, whatever the language.

1

A language such as English has something in the region of one million words. But who knows that many? Or, more to the point, who wants to know that many? The ability to filter out what you don't need is a key skill for any language learner. If you don't do this, and you try to look up every single word in a text, well, that's like reading an entire newspaper just to get to the sports page! Don't make this mistake. Opt instead for the most useful words in a language. Focus on what's going to be of use for you. So, if you're a doctor, you might need to know that another word for 'skull' is 'cranium'. But if you're not, odds are that you can get by without knowing this word, so go for a more useful one instead!

2

Identifying words to learn is key, but if you try to absorb these words out of context, you'll have a hard time fitting them all in. So what I advise is that you connect new information in your head to existing information. Let's say you already know the adjective *confidential* (meaning *secret*), and then one day you learn the multi-word verb *keep something to yourself* (meaning *not share information*): you could link these two items of vocabulary in your mind. You can think of keeping something to yourself as being what you would do with confidential information. Or the other way round: confidential information is something you would keep to yourself. The words fit together into a context like pieces of a puzzle.

3

In the 1880s, German psychologist Hermann Ebbinghaus established that when we learn something, we initially retain it quite well. But over time, that memory deteriorates; Ebbinghaus termed this phenomenon the forgetting curve. But he also discovered that this tendency to forget can be combatted. If you revisit newly learnt information at time intervals, it becomes less and less easy to forget. What this means for vocabulary learners is that each day, you should take another look at the words you learnt yesterday, the day before, and the day before that. That way, they should make it into your long-term memory.

4

The ancient Romans had a saying: 'Verba volant sed script manent' – 'Spoken words fly away, but written words stay'. What they were trying to tell us is that you need to have a way of permanently recording words in order to retain them in memory. For some people, the physical act of writing something down aids their ability to remember it. Just scribbling it on the back of an envelope isn't enough – it's got to be in a place where you'll be able to access it later, maybe on your phone or in a notebook.

5

Of course, having the words in your head so that you can think about them isn't enough – you need to say them. But just saying them to yourself isn't enough either, according to Boucher and Lafleur, two researchers at the University of Montreal. To effectively memorise new words, you've got to repeat them out loud to another person. When you've read a text and found some words to learn, try to summarise for a friend what you've read, making sure to incorporate the new words into your conversation. If you're a learner of English yourself, why not try it with this text?

So, there you have it: the five principles which I have followed to learn several languages to a pretty decent level. But hey – there's nothing special about me. You can do it too!

Find words in the text which mean:

- 1 learn completely (introduction)
- 2 realistic (introduction)
- 3 achieved (introduction)
- 4 select (paragraph 1)
- 5 gets worse (paragraph 3)
- 6 continue to keep (paragraph 4)
- 7 writing quickly and without care (paragraph 4)
- 8 make one thing become part of something else (paragraph 5)

Decide what point Aureliano was making about effective language learning when he mentioned the following:

- 1 children aged up to seven
- 2 his own success as a language learner
- 3 the sports page of a newspaper
- 4 the forgetting curve
- **5** an envelope
- 6 Boucher and Lafleur's research

LISTENING

FUTURE PROSPECTS

- 1 00 004 Listen to three students describing how they think English will help them in the future. What do they give as the main reason for learning English?
 - A English will help me to travel abroad.
 - B English will improve my job prospects.
 - C English will enable me to reach a wider audience.
- Match the verbs and objects from the recordings to make phrases.
 - 1 conquer
 - 2 launch
 - 3 run out of
 - 4 enhance my
 - **5** push

- A cash
- **B** myself
- C the world
- D a new blog
- **E** employability
- Work in groups and answer the questions.
 - In terms of how you expect English to help you in the future, which speaker(s) are you most similar to?
 - 2 What other motivations do you have for learning English?



FUTURE TENSES



GRAMMAR ON THE MOVE

Watch the video



- Match the extracts from the listening (1–7) with the descriptions (A–E). There may be more than one answer.
 - "I imagine that I'll basically be on the road until I run out of cash."
 - 2 "When I'm older, I'll still continue to work on my English."
 - 3 "I'm saving up money by spending a year working on an oil rig and that comes to an end next month."
 - 4 "I'm going to work hard on my English, starting next week."
 - 5 "My English is going to enhance my employability."
 - 6 "In fact, I am taking the Cambridge Advanced exam in October."
 - 7 "The idea is that if I get enough followers in the future, then I'll be able to earn money from advertisers."
 - A expressing a future intention, desire or promise
 - B making a prediction about the future
 - c using the present simple to describe a scheduled event at a known time in the future
 - D using the present simple to describe the conditions for a possible future outcome
 - using the present continuous to talk about a fixed plan or arrangement



- 2 Correct the mistake in each of the sentences.

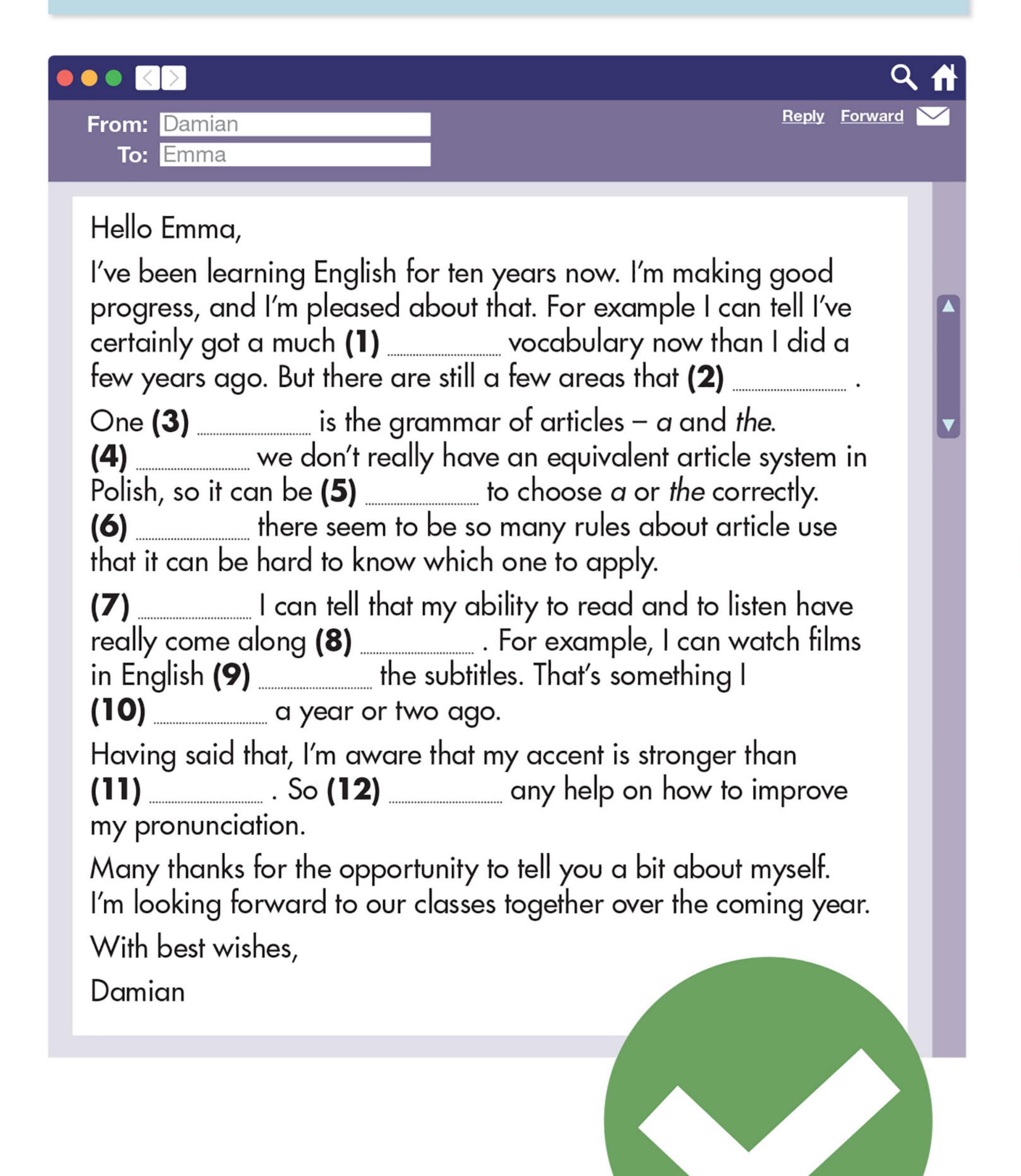
 There may be more than one possible answer.
 - Tomorrow it's snowing, so I would imagine that classes are going to have to be cancelled.
 - 2 I haven't decided what I'm doing tomorrow.
 Perhaps I'm going to go cycling.
 - 3 A: 'Will we go out this evening? We could try that new restaurant that got those rave reviews.'
 - B: 'Good idea let's give it a shot!'
 - 4 I'll drop you a line as soon as my plane will land in London.
 - 5 Both teams are evenly matched so when they play each other for the first time in December, I have no idea who is winning.
 - 6 Unless he actually knuckles down and studies hard this year, I am sure he shan't pass the course.
- Choose the correct options to complete the sentences. Can you explain your choice?
 Sometimes both options will be possible.
 - What are you doing/going to do after your English lesson today?
 - In what ways do you hope your English is improving/will improve over the next year?
 - 3 Do you think you will still be studying/are still studying English in ten years' time?
 - 4 Do you think that English is still going to be spoken/is still going to speak by humans 1000 years from now?
 - Is it likely that another language is going to replace/will replace English as the world's main international language? If so, which?
 - 6 Do you think your teacher shall give you/will give you homework at the end of today's lesson?
- Work with a partner to ask and answer the questions in Exercise 3.
- GRAMMAR REFERENCE / Future tenses: page 199



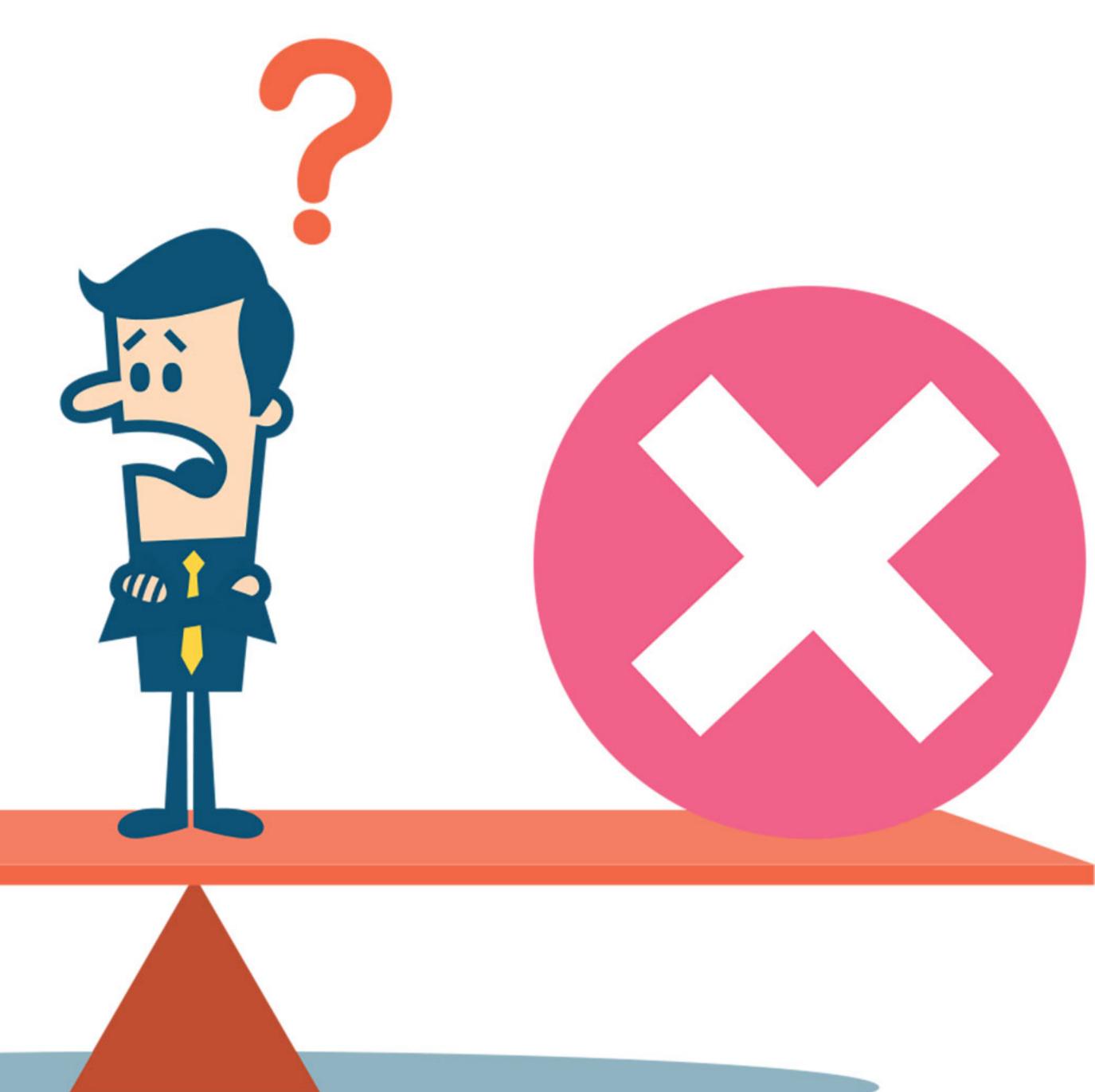
'ADVANCED' ENGLISH

- Work with a partner. Discuss what you think it means to be able to communicate in English at an advanced level. You may use the following ideas to help you:
 - situations you need to be able to communicate in
 - grammar and vocabulary
 - accuracy (avoiding errors)
 - pronunciation
 - formal and informal English appropriacy
- Quickly read Damian's answer to the homework his new teacher has set him (ignoring the gaps). Identify his perceived strengths and weaknesses.

In order for me to help you learn as effectively as possible on this course, I'd like to find out about you as a learner. What do you feel that you are good at with English, and what do you find hard? Please email me your answer and write about 200 words.



- Look at the words and phrases which could fill the 12 gaps in Damian's email. For each gap, both options can be considered correct. Which one should Damian, as an advanced learner, use in order to show what he is capable of? Give reasons.
 - - bigger
 - I struggle with
 - are difficult
 - area
 - of these
 - This is tricky because
 - **b** What makes this tricky is the fact that
 - quite a challenge
 - difficult
 - Also, a
 - One reason for this is that
 - Moreover,
 - **b** As for my language skills,
 - a over the past year or so
 - this year
 - and I don't need to have
 - without resorting to
 - 10 a probably couldn't do
 - b couldn't have coped with
 - 11 a the accent of my classmates
 - b I'd ideally like it to be
 - 12 a I would be grateful for
 - please give me
- Now write a similar email to your teacher, outlining your own strengths and weaknesses as a learner of English. Use 'advanced' vocabulary and structures in order to show your teacher what you are capable of.





- Work with a partner. Discuss the following topics:
 - the social media platforms you use
 - how often you use them
 - why you use them

- Read the quotations about social media. What idea do you think each one is expressing? Do you agree or disagree with the ideas?
 - 1 'Social media has given a voice to the voiceless in society.'
 - 2 'Anything you say on social media can be blown out of all proportion.'
 - 3 'Too many people use social media for self-glorification.'
 - 4 'Social media platforms are a great place to tell everyone what you're thinking before you've had a chance to think it through.'

LISTENING

DISTRACTORS IN LISTENING TASKS

Output

What does Sarah say <u>about herself</u>?

- A She is not a very sociable person.
- Being in fashion is important to her.
- C People tend to misunderstand her.
- D She enjoys being controversial.

I never realised how controversial it would be to quit social media. Being part of the digital generation, people assume I'm incapable of being disconnected for more than a few hours a day. When they find out I only have one social media profile – an inactive one at that – they tend to think I'm antisocial, weird or behind the times. Nothing could be further from the truth. In fact, I love hanging out with friends, playing sport and listening to music. I'd say I'm a pretty well-balanced person – just one who can't be bothered to follow every trend that comes along.

- The correct answer is C. Can you explain why it is correct and the other options are wrong?
- You will listen to Jimmy talking about social media. Before you listen, read the question and options. Work with a partner. Think of synonyms or paraphrases for the words in each option. Option A has been done for you.

How does Jimmy feel about his work with social media?

- A It suits him because he's an extrovert.

 He's outgoing, so he enjoys it. / It benefits him being the centre of attention.
- B The positives outweigh the negatives.
- C He didn't expect so much criticism.
- D It has made him more self-confident.
- 4 006 Now listen and choose the correct option.

5 006 Listen again, focusing on the incorrect options. Match them with the distraction techniques in the tip box.

DISTRACTION TECHNIQUES IN LISTENING TASKS

Technique 1: The words/ideas in the option are mentioned but the speaker says something different about it.

Technique 2: The main idea from the option is mentioned but with a negative phrase which gives the opposite meaning.

6 007 Now look at the task below. Listen and choose one option for each speaker. There are two you don't need.

You will listen to three speakers, Daniel, Jo and Khaled, talking about social media. Before you listen, study the question. Choose from the list (A-E) an idea about social media expressed by each speaker.

- A doesn't regret joining social media
- B thinks people are dishonest online
- c is concerned about cyberbullying
- D loves sharing pictures of their possessions
- E dislikes people boasting on social media
- 7 © 007 Listen again and focus on the two answers you don't need. Why might a student be distracted by these two options?

VOCABULARY

PERSONALITY

Write three positive and three negative personality traits you have. Explain your traits to another student.

One of my most positive traits is **generosity**. I'm always the one who pays if my friends and I go out as a group. I really enjoy sharing what I have. On the other hand, I'm a very **restless** person. I always want to move onto the next thing and never really settle down.

2 Look at the adjectives below. Check their meaning and decide if they are positive (P), negative (N) or either (E).

conscientious	insecure	
eccentric	knowledgeable	
humble	narrow-minded	
imaginative	selfish	
impulsive	thoughtful	

3	Over 1008 You will hear six people talking about
	someone they know. Match the speakers with the
	adjectives in Exercise 2. There are four adjectives
	you don't need.

Speaker 1	Speaker 4
Speaker 2	Speaker 5
Speaker 3	Speaker 6

Add one of the suffixes in the box to each adjective to make a noun. Make any other changes needed.

Then think of other parts of speech for these words.

conscientiousness

-ity	-ness	-ion
------	-------	------

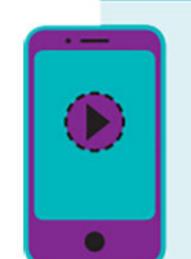
- 5 Complete the sentence with the correct form of one of the words from Exercise 2.
 - What I value most in life is ______. That's why I bought a house and got a steady job while I was still in my twenties.
 - The tour guide spoke very _____ about the family who used to own the stately home.
 - One of my worst qualities is my ______. Whenever I have an idea, I tend to act on it straight away, often without thinking it through properly.
 - 4 My father worked hard all his life and my grandfather too. I think I inherited their _____.
 - Jeft my home town because of the _____ of the people. There seems to be a very negative attitude towards anybody with different beliefs or lifestyle choices.
 - 6 My best friend very bought me a new pair of gloves as she knew I'd lost mine.
 - It was very _____ of you not to put petrol in my car when you borrowed it. I don't even have enough to get to work tomorrow.
 - 8 My grandfather has started behaving rather since he retired. For a start, he now always wears shorts and flip-flops, no matter what the weather is.
- Work with a partner. Take turns to choose a personality trait from Exercise 2 and describe how a person with this trait acts. Can your partner guess which trait it is?

This person always remembers my birthday. She often calls me to check how I am and always comes to my aid when I need help with something. (thoughtful)





QUESTION FORMS



GRAMMAR ON THE MOVE Watch the video

- 2 Match the questions in an imaginary interview with Angelina Jolie with their question types (A-H). Some of the questions fit more than one type.

 - Two of your children are twins, aren't they?
 - Could you please tell me whether or not you will adopt
 - Do you think it is easier to raise a biological child or an
 - What would you do if one of your children wanted to
 - Who or what inspired you to become an actor?

 - Isn't it about time that there were more female directors in Hollywood?
 - There should be more opportunities for young aspiring female directors, shouldn't there?
 - 10 I was wondering what your next project is going to be.
 - negative question
 - indirect Yes/No question
 - indirect question-word question
 - tag question
 - either/or question
 - direct question with question word as subject

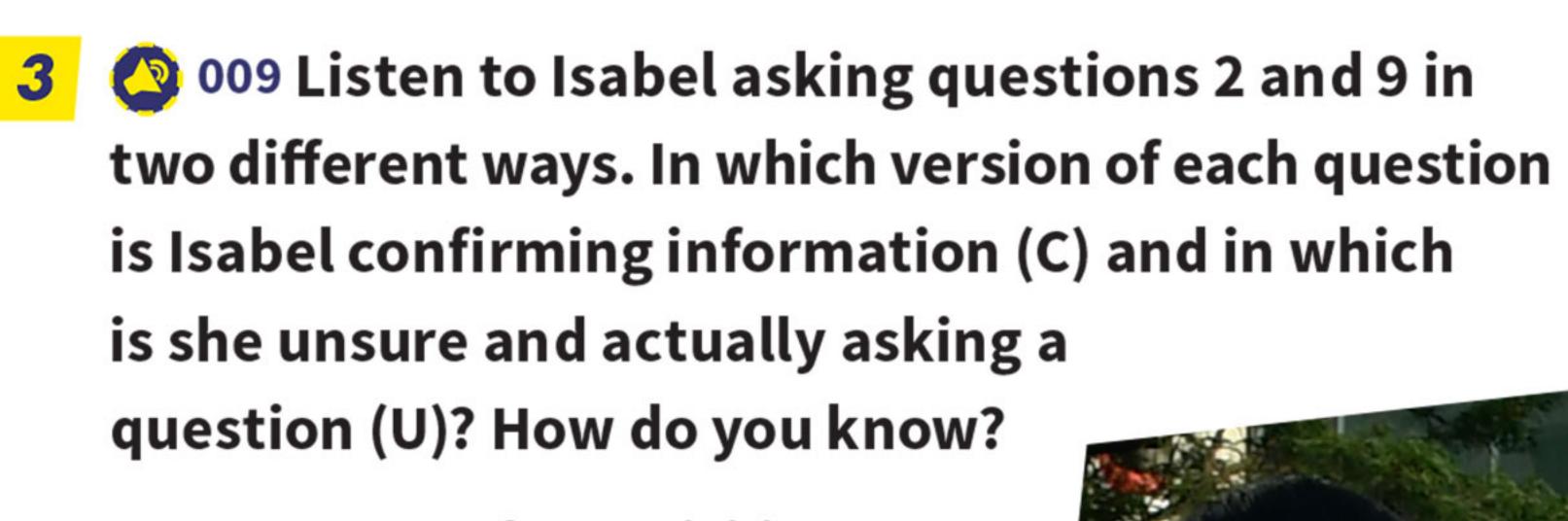
- Look at the picture. What do you know about the actor, Angelina Jolie, and her 'rainbow family'?
- - Would you mind telling me how many children you have?

 - any more children?
 - adopted child?
 - go and live in their country of birth?
 - When did you decide to give directing a go?

 - direct question with question word as object

 - hypothetical question

- 4 Complete the questions with the correct tag. Then practise saying them with rising and falling intonation.
 - You shouldn't walk home on your own after dark,
 - You'd already seen that film,
 - There are six children on your mother's side of the family,
 - My brother would help me if I were in trouble,
 - 5 You've never met a set of triplets,
 - Getting married too young is not a good idea,
- Look at indirect questions 1, 3 and 10 in Exercise 2. Underline the introductory phrase for each that make them more polite. What happens to the word order after these introductory phrases?
- Rearrange the words to form indirect questions. Why do two of these 'questions' not need a question mark?
 - not / married / I / or / wondering / you're / whether / was / .
 - please / so / why / were / could / late / explain / you / you / ?
 - have / know / in / I'd / relatives / the / like / if / UK / any / you / to / .
 - telling / car / for / would / you / how / your / you / me / mind / much / paid / ?
 - you / think / like / do / to / a / you'd / family / that / big / have / ?
- -> GRAMMAR REFERENCE / Question forms: Page 200



- Two of your children are twins, aren't they?
 - Two of your children are twins, aren't they?
- There should be more opportunities for young aspiring female directors, shouldn't there?
 - There should be more opportunities for young aspiring female directors, shouldn't there?



SPEAKING PART 1

TRAINING

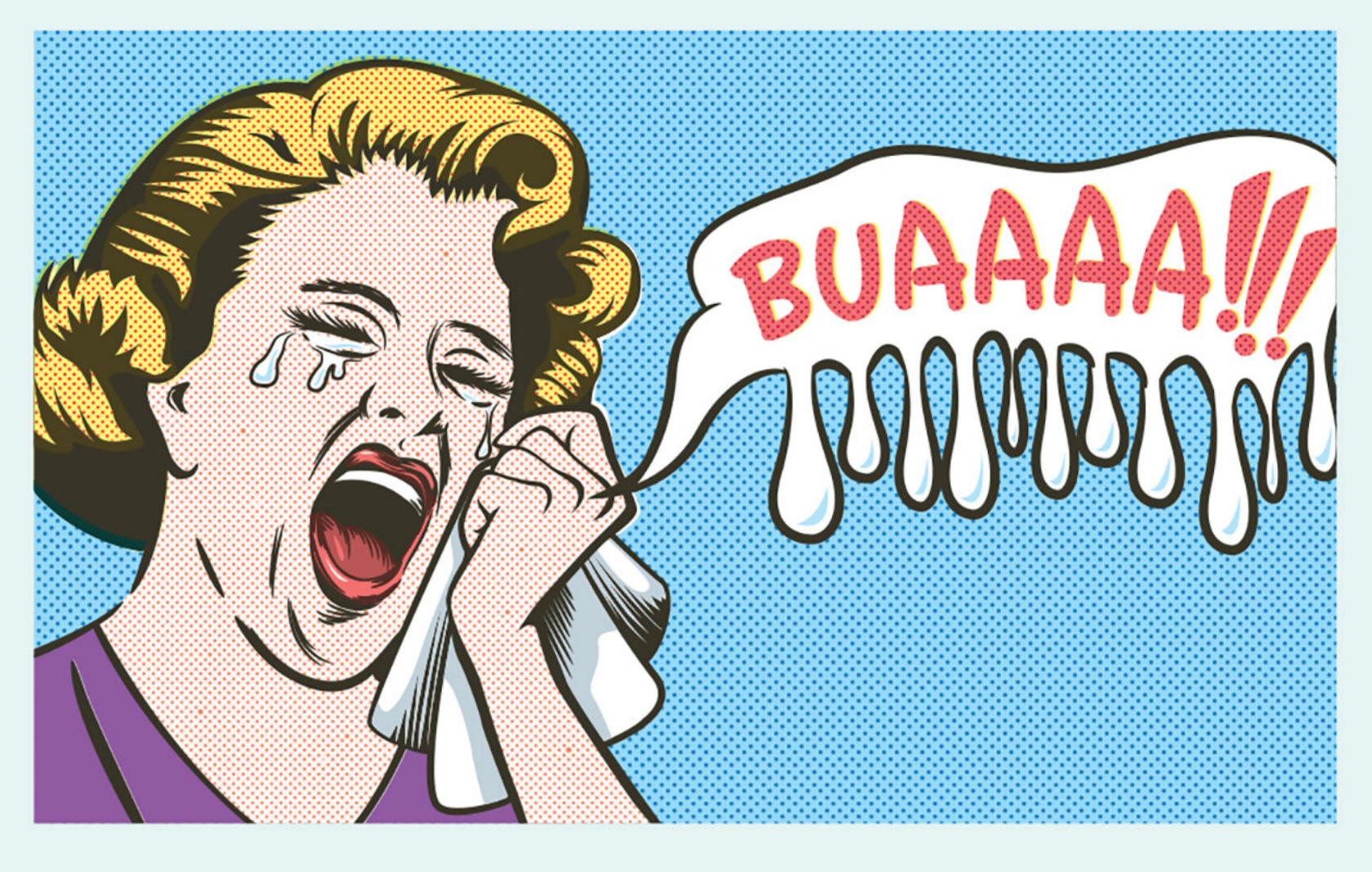
- 🚺 🙆 010 Listen to two students, Anthea and Robin, answering a Speaking Part 1 question.
 - What question do you think Anthea and Robin were asked?
 - Whose answer is better? Why?
 - Work with a partner to ask and answer the same question.
- 2 Read the Part 1 question and answer below. How could the candidate improve the language level of their answer? Match the underlined phrases 1-12 with phrases A-L.

Examiner: Who are you closest to in your family? Candidate: (1) I think it is my (2) brother and sister. When we were younger, we were (3) very close and spent a lot of time together. We have always (4) had an excellent relationship and sometimes it's (5) like we can tell what the others are thinking. (6) But we do sometimes (7) annoy each other and we (8) sometimes even argue and don't speak, but that is (9) normal in any family relationship. I (10) really trust them and I know (11) they are always available when I need help, advice or support. And we (12) like the same things like music, fashion and TV, which helps.

- that said
- have similar tastes in
- can turn to them
- get on like a house on fire
- siblings
- as if we can read each other's minds
- inseparable
- would trust them with my life
- have fallen out once in a while
- would have to say
- get on each other's nerves
- typical of
- 3 Work with a partner. Ask and answer the Part 1 questions. Try to expand your answers to three or four sentences and use more complex language to link and explain your ideas.
 - Who are you closest to in your family?
 - Do you prefer to have a few close friends or a large group of friends?
 - How often do you go out with your friends?
 - What do you enjoy doing with your friends?

PUSH YOURSELF 62

RELATIONSHIP IDIOMS



Complete the sentences with words from the box to form idiomatic expressions.

	bo	oks	poles	tears	injury	chip	high	
	My brother borrowed my car without asking and when he returned it, there were scratches and de on the passenger-side door. To add insult to, he claimed that the damage was alreathere and refused to pay for the repairs.						dents	
	2	Altho	ugh they	are twi	ns, Phil ar ns of pers	nd David	dare	
	3	the fo	act that I l	nave mo	re followe	ers than	her on s	ocial
	4		't know h ds in		got that jo aces.	ob. She	must ha	ve
	5	I think I'm in my Mum's bad – I forgot to pick up her dry cleaning like she asked me to.					t to	
	6			•	egative co		•	
2	Mat	ch th	e idioma	atic exp	ressions	in Exe	rcise 1	with
	the	ir mea	anings (A-F).				
	A	make	(somebo	ody) cry				
	B hold a grudge or grievance against someone about something							
	C	totall	y differer	nt				
	D	make	a bad s	ituation	worse			
	E		good so ential pec		nections v	vith		
	F	have	done so	mething	to upset s	someone	9	
3	Choose two of the expressions in this section and							



NEGATIVE PREFIXES

Look at the <u>underlined</u> words with negative prefixes in the blog post. Most of the prefixes mean *not*. Which one means *bad/wrong*? Which one means *against*?

LATEST POST ARCHIVE SEARCH

It seems impossible to believe that as recently as 15 years ago social media barely existed. Unquestionably, the internet has changed the world, and, some would say, not for the better. At a family gathering at the weekend, I decided to ask my older relatives what they thought. My grandmother, Eileen, said that the internet was unthinkable when she was a girl and was quite disapproving of the role of smart phones and social media in the modern world. For her, it is totally inappropriate and extremely anti-social to bring phones to the dinner table, for example. I think that was an <u>indirect</u> criticism of me! My great uncle, Rupert, was more concerned about the misinformation that is on the internet, particularly 'fake news' stories. He actually feels sorry for us for having the misfortune to have been born in the computer age. In any case, he said, most of what people post online is irrelevant nonsense in his opinion. Even my dad is on their side. He said many young people use their phones irresponsibly, walking down the street or even riding their bikes and looking at their phones instead of looking where they are going. If he had his way, it would be illegal to use a smartphone while you ride ...

2 Put the words from the box in the correct columns of the table. Each word can go in more than one category. Then look again at the words from Exercise 1. Can you see any tendencies about when we use each prefix?

conformist	rational	stable	mature	understood
competent	sensitive	able	moral	agreeable
professional	establish	nment	courteous	loaical

UN-	
IN-	
DIS-	
IR-	
IL-	
MIS	
NON-	
ANTI-	
IM-	

3 Read another post from the same blogger. Some words need a negative prefix so that they make sense in the context. Find the words and add the correct prefix.

LATEST POST ARCHIVE SEARCH

More and more young people are staying with their parents for longer. It's not that they're capable of looking after themselves, it's just that the cost of living makes it possible for them to become dependent. In many large cities there is sufficient housing, which means rents are credibly high. Owning a house is totally affordable for most people under 30. This leads to content among young adults, who know that their parents were home-owners at their age. A lot of graduates I know feel that they have been led. They were told that if they completed higher education, they would get good jobs and get onto the housing ladder. This turned out to be true.

Work in groups. Discuss the questions.

- Do your older relations all feel the same way about the internet, social media, and mobile phones?
- 2 How easy or difficult is it for young people in your country to buy or rent their own homes?
- 3 At what age do young people in your country typically leave home? Why? Is this a good age, do you think?

READING AND USE OF ENGLISH PART 5 TRAINING

- Read the first paragraph of the text and find out what Dunbar's number is.
- Read the article quickly and make notes on the writer's attitude to Dunbar's number. Which parts of the article helped you to decide?
- 3 Look at the question below. Choose the option that best matches your notes.

What is the writer's attitude to Dunbar's theory?

- A The digital age has made it irrelevant.
- B Some of Dunbar's evidence is not valid.
- C The writer is absolutely convinced by it.
- D There may be some truth to it.

4 Now, answer the question below.

Which word in the text implies a deliberate reduction in numbers?

- A cull (line 50)
- B falls (line 55)
- C dividing (line 56)
- D intimate (line 59)

Read the tip and then look at the exam question. Match the options (A-D) with the notes (i-iv) about why they are the correct or incorrect option.

Then choose the correct option.

Why does the writer talk about Christmas cards in Paragraph 4?

- A to highlight the change from paper to digital greetings
- B to illustrate the rising cost of using the postal system
- c to provide another example of why Dunbar may be right
- D to show we now have a wider social network than before
- i) This idea may be true, but it is not stated in the paragraph.
- ii) The phrases 'one piece of evidence to support...' and 'particular significance' point to this being the correct answer.
- iii) This idea is mentioned but only as background information.
- iv) A key word from the option is mentioned in the paragraph, but the text does not say that the whole sentence is true.

6 Now answer the question below.

Why does the writer mention the Power Law in Paragraph 5?

- A because it was the law that Dunbar applied to his theory
- B to show that many people have very large networks
- c to suggest we should edit our friends list regularly
- D to show the number in McCormick's study is misleading

Tip: Some questions relate to the writer's

purpose in giving a particular example.

The incorrect options (distractors) may

all be points the writer makes about it

but they won't all be the reason for the

paragraph to identify the distractors.

example. You will need to read the whole

DUNBAR'S NUMBER

hat comes to mind when you hear the number 150? For most people nowadays, the answer would be 'nothing special'. However, in the 1990s, many people would have associated the number 150 with anthropologist and evolutionary psychologist Robin Dunbar. Although 150 was 'Dunbar's number', it wasn't, as many people imagined, an exact number: the number was originally 148, but it has also been seen more as a range of numbers from about 100 to 250. So what was Dunbar referring to and why was the number 150 considered so significant? Based on wide-ranging research, Dunbar had calculated that 150 was the maximum number of 'stable relationships' an individual could maintain. This may not have been too controversial in the late twentieth century, but how does his theory make the transition to the digital age?

Clearly, Dunbar's data came from the real rather than the virtual world. His original work was based on workers at Bill Gore's GORE-TEX factory, where he was interested in teamwork and group cooperation. He discovered that where the number of people working in a factory exceeded 150, working collaboratively became less likely and, where it did occur, less effective. What makes Dunbar's theory more compelling is that it seemed to hold true in diverse contexts, including native American tribes, the Amish (a religious community untouched by the modern world), and the military and medieval villages described in the Doomsday book*.

If Dunbar had uncovered a universal truth, surely it had to be explained by biology. He suggested that primates, including humans, have large brains to allow them to keep pace with a large number of social contacts. The size of an individual's neocortex, Dunbar claims, correlates to the number of social interactions that an individual can deal with. As we all know, maintaining relationships is a cognitively demanding activity, so it seems to make sense that we can only handle a finite number of them.

One piece of evidence used to support Dunbar's number was based on the number of Christmas cards sent and received by UK households, typically less than 150. The last 20 years has seen a dramatic drop in the tradition of sending actual cards in the post; instead, virtual greetings are sent to a much larger number of acquaintances at little or no cost. The Christmas card example carries particular significance because it implies a quantifiable difference between someone you actually have a relationship with and someone you know. If you are willing to buy a card, envelope and stamp, and spend time handwriting a message and address and going to the post office, you probably have a social relationship with that person. Clicking 'add friend' on social media does not imply the same investment of time and emotion.

A quick glance at any social media site will reveal that most people have a huge number of contacts or 'friends'. A 2010 study by Tyler McCormick and two others found a mean network size of 611 contacts, so four times larger than Dunbar would suggest is realistic. Barabasi and Albert, however, explain that the 'Power Law' has to be applied to this statistic. This means that while a few individuals have a very large number of connections, most people have a much smaller number. We are all aware of the phenomenon of meeting someone at an event, adding them on social media and never having contact with them again. We have probably all done a social media 'cull', where we delete or 'unfriend' people we no longer have much in common with. If anything, this seems to add support to Dunbar's theory; we are consciously or sub-consciously aware that we cannot maintain such a large network.

Another interesting aspect of Dunbar's social interaction theory is that the key number, 150, rises and falls according to a 'rule of 3' formula.

- Other significant numbers are based on dividing or multiplying the original number by 3. So for example, you might have 50 friends and acquaintances you would invite to a dinner party, 15 people you can
- always turn to for advice and 5 members of your intimate circle. At the other end of the spectrum, you might have about 500 acquaintances and around 1500 people whose faces you can match to their names. It is worth emphasising that all these numbers are approximate, but if we spend some time considering our own networks, they don't seem to be too far off the mark. Dunbar's number predates the world of almost universal social media yet even without knowing the changes to come, he seems to have been onto something.

GRAMMAR

VERB PATTERNS (1) – GERUNDS AND INFINITIVES



GRAMMAR ON THE MOVEWatch the video



- GRAMMAR REFERENCE / Verb patterns (1) Gerunds and infinitives: Page 200
- Oll Listen to a conversation between classmates Heidi and Amalie. What is the problem and what solution do they agree on?
- 2 011 Listen again and complete the gaps with the correct form of the verb in brackets.

7	neglected to tell	(tell)	
2	have the sense	(ask)	
3	have the chance	(talk)	
4	have a strange wa	y of it (show	w)
5	how about we try	(get)	
6	specialise in	(do)	
7	hate(mis	ss)	
8	always wanted	(go)	
9	famous for	(forget)	
10	no hope of	(get)	
11	you could try	(email)	
12	let you a	an extension (have)	
13	seems (b	oe)	

3 Find examples from the dialogue of the following:

- 1 verb + to + infinitive
- 2 verb + verb + -ing
- 3 verb that changes its meaning when followed by either to + infinitive or verb + -ing
- 4 noun + to + infinitive
- 5 adjective + preposition + verb + -ing
- 6 verb + preposition + verb + -ing
- 7 noun + preposition + verb + -ing
- 8 verb + -ing (gerund) as subject
- 9 verb + infinitive (without to)

Tick the correct sentences. Correct the sentences with mistakes.

- Most of my relations enjoy participate in family gatherings.
- The last thing you need is to have your in-laws over for the holidays.
- 3 She is incapable of to think about anyone but herself.
- 4 I tend to meet friends in cafes or parks rather than invite them to my place.
- 5 My grandfather had difficulty to learn how to use a computer.
- 6 It's up to you forgive him for lie to you.



5 Look at the pairs of sentences. Are they similar or different in meaning? Explain your answers to your partner.

- It's difficult for me to remember all my cousins' names.
 I have difficulty in remembering all my cousins' names.
- 2 Do you remember reading bedtime stories to your younger brother?
 Did you remember to read bedtime stories to your younger brother?
- 3 Zohair happened to be in Almeria at the same time as me.
 - Lots of things happened to Zohair and me in Almeria.
- 4 I regret to tell you I'm moving out at the end of the month.
 - I regret telling you I'm moving out at the end of the month.
- 5 Keith started to tell me the story of how he met Daisy.
 Keith started telling me the story of how he met Daisy.

WRITING PART 1 TRAINING

Read the Part 1 essay question. In groups, discuss your ideas.

Your class has interviewed some older people about the changing role of friends throughout life. You have made the notes below.

Which time of life is most important for friendships?

- School and university
- Adult life
- Old age

Some opinions expressed in the interviews:

'The friends you make aged 16–25 last the longest.'

'Friendships change as interests and responsibilities change.'

'People have more time for friendships when they are older.'

Write an essay discussing friendship in two of the age groups. You should explain which time in life you think is more important for friendships, and give reasons to support your opinion. You may, if you wish, make use of the opinions expressed in the discussion, but you should use your own words as far as possible.

Work with a partner. Look at this student's essay and discuss the questions.

Most people recognise the importance of friendship, of having people of similar interests to turn to socially, outside of family. However, the significance of friends can vary throughout life's journey, and personally speaking, I would say that the older one becomes, the less important friends tend to be.

For me, friendships matter the most during your late teens and early adult life. When you are in secondary school, it is your friends with whom you share life experiences and it is them you turn to to discuss the things that matter. The generation gap between children and parents means that they don't understand each other in the same way. In a similar vein, friendships formed at university are often built on the shared experience of being away from home for the first time, and as such can also be deep and long-lasting.

However, when it comes to adult life, I would say that friends have a lesser role. Getting married, buying a house and having children is a full-time job, meaning that existing friendships often have to take a backseat. You may see your oldest friends and even form new friendships with, for example, work colleagues or other parents, but these are rarely as intimate as those in your youth as many of them are usually caught up in their own lives.

In conclusion, I think it is fair to say that during your youth, friends play a vital role in life, but their importance often diminishes with the responsibilities of adult life.

- In the first paragraph, there are two sentences.

 What is the purpose of each?
- In the second and third (body) paragraphs, which sentence in each introduces the main argument?
- 3 How many supporting points are there in each of these body paragraphs?
- 4 What is the purpose of the final paragraph?
- Do you think this is a good answer to the question? Can you suggest any alternative ways to approach this essay?
- Write your own answer to the question in 220-260 words.

READING AND USE OF ENGLISH PART 3 TRAINING

Look at the mind map for the word REAL. Fill in the parts of speech. Write adj (adjective), adv (adverb), n (noun) or v (verb) after each word.

realism

REAL

unrealistic

realistic

realistic

unrealistically

2 Choose one word from the REAL family for each gap.

1	My children like the idea of being independent but		
	they are not so keen on	the	of
	paying their own way in		
2	It's a bit	to expect to get on	wel
	with everybody.		
3		I don't think we can invite a	c
		dding – it will cost too much	

Jecok at gaps 1-2 in the word formation exercise and options A-D for each gap. Which part of speech is each option? Which one fits each gap?

1	A	frustrate	C	frustration
	B	frustrated	D	frustrating
2	A	supportive	C	supported
	B	unsupportive	D	supporting

Friends or contacts?

i ilciias di contacts.	
I find it (1) that social	FRUSTRAT
media sites use the word 'friends' instead of	
the more neutral 'contacts'. To me, a friend	
is a person you can turn to in difficult times,	
who will be (2) when	SUPPORT
you have problems. Also, your friends	
should (3) live	IDEAL
reasonably close so that they can help out	
in a crisis. I suppose a social media contact	
could (4) care about	GENUINE
you, but I usually trust people I know in real	
life much more. I am fine chatting online	
with people who share the same interests –	
in my case, ballroom dancing – as it can be	
difficult in real life to find friends who share	
my (5) for my hobby.	ENTHUSE
I am still (6)and hoping	MARRY
to meet someone in the future but I have not	
seriously considered online dating. For one	
thing, my family's (7)	APPROVE
would put me off.	

4 Now complete the rest of the gaps.

EXAM FOCUS

READING AND USE OF ENGLISH PART 5



EXAM FACT

There are six multiple choice questions, each of which has four options. They test your detailed understanding of the text, including aspects such as the writer's opinion, attitude, purpose, use of examples and word choice.



EXAM TIP

The correct answers are usually expressed with synonyms/ paraphrase, and normally all the options are mentioned in some form but only one will answer the question.

You are going to read an article about twins. For questions 1-6, choose the answer (A, B, C or D) which you think fits best according to the text.

'The reality of twins'



As a child, I fantasised about being a twin. My favourite series of books featured a pair of twins called Pat and Isobel O'Sullivan. They were always playing tricks on the teachers at their boarding school, pretending to be one another, and the idea of having my own facsimile fascinated me. The reality is probably quite different. For a start, only about 10 percent of twins are identical, and having a fraternal – or non-identical – twin is not so different from having other siblings.

The likelihood of being a fraternal twin varies according to several factors, while a woman's chance of giving birth to identical twins is stable wherever she lives. The highest incidence of twins occurs in Africa, particularly among the Yoruba people, which could be linked to a particular type of yam in their diet. Other factors which make you more prone to conceiving twins include a history of twins in the family, being an older mother, having had several previous pregnancies and being of taller and heavier build.

The twin birth rate has risen all over the world in the last few decades. In the United States, it rose 76 percent between 1980 and 2009 from 18.8 to 33.3 per 1,000 births, which is clearly related to medical advances and procedures such as IVF.

Twins have always captured the popular imagination. Greek, Roman and Indian mythology all have examples which illustrate the different relationships between twins. One theme running through many mythologies is the association of twins with royalty. In one Greek myth, Castor and Pollux were twins but whereas Castor was a mortal, Pollux was the son of the god Zeus. Pollux's love for his twin led him to beg Zeus to let Castor live on, and Zeus created the astrological constellation Gemini in their honour. In sharp contrast, there was no love lost between mythical twin founders of Rome, Romulus and Remus, best known for being nurtured by a wolf. The competition between them led to fratricide – Remus was murdered by his twin brother, Romulus.

In the modern era, too, fascinating stories abound of the unique bond and intuition that exists between twins. One of my teachers at school once brought her twin sister along on a school trip and on the bus, they regaled us with stories of their experience as twins. One day apparently, Jill, the younger twin, was scheduled for surgery on her ear at 2 o'clock in the afternoon. At about 10am, my teacher, Jacky, was at home and suddenly experienced an excruciating pain in her left ear, making her fall to the ground. The pain vanished as quickly as it had appeared. Later, Jacky got a call from her mother, telling her Jill's surgery had been moved forward to 10am. Another time, the two of them were talking on the phone when Jacky smelt burning. She mentioned this to Jill, who ran to her kitchen to find her toast burning. I admit my younger self was intrigued and convinced, though now I sometimes wonder whether they were just good stories.

One particular case of identical twins, that of Mia Hansen and Alexandra Hauglum, who were separated at birth, would later reignite my interest in this subject matter. These Chinese twin girls were found abandoned in a cardboard box as babies and put up for adoption separately.

At the adoption agency, the two sets of parents – one American and the other Norwegian – noticed each other because they had chosen similar red and white checked gingham dresses to take their new babies home in. Chatting about the coincidence, the parents noticed the remarkable similarity between the babies as well. When they raised it with the authorities, they denied that the girls were related. Neither family could forget the meeting and eventually arranged DNA tests, which revealed the children were identical twins. The girls met in California when they were six and again in Norway when they were eight. Although they spoke different languages and had very different lifestyles, the similarities in personality, likes and dislikes, mannerisms and tone of 74 voice were striking. This is a recurring theme in 'separated at birth' stories, revealing the role of nature in people's identities.

In spite of the growing rate of twin births, the allure of twins remains. Subject of myths and legends, suspicions and intrigue, considered both 'double trouble' and the greatest of blessings, twins will always remain a rich part of cultures all over the world.

- Overall, how would you describe the writer's attitude towards twins?
 - jealous of people who are twins
 - surprised at people's interest in twins
 - interested in stories about twins
 - doubtful whether twins are special
- The purpose of paragraph 2 is to explain ...
 - A why some people are more likely to have twins.
 - why there are more fraternal than identical twins.
 - why Yoruba women are more likely to have twins.
 - why the number of twins being born has increased.
- Why does the writer refer to twins from Greek and Roman mythology?
 - to explain how Gemini became a sign of the zodiac
 - to show that twins have always been of interest
 - to demonstrate the importance of twin myths
 - to make the point that twins rarely get on
- How does the writer feel about her teacher's stories?
 - amazed this happened to someone she knew
 - convinced her teacher had lied about them
 - unsure whether to believe them or not
 - absolutely sure the stories were true
- The purpose of the anecdote in paragraph 5 is ...
 - to show that twins raised apart are still very similar.
 - to suggest that female babies are not valued in China.
 - to criticise the authorities for lying about the twins.
 - to highlight the role upbringing plays in shaping a child.
- The phrase 'recurring theme' (line 74) suggests that Mia and Alexandra's case is ...
 - unclear.
 - complicated.
 - exceptional.
 - typical.